

Mental Health Services

Updated January 2023

1. **Psychiatric Intake Response Team (PIRC)** is available 24/7 for consultation at 513-636-4124. If a family is experiencing a mental health crisis, they can speak to a clinician from the Crisis and Assessment Team (PIRC CAT). Providers can also call the PIRC CAT team for advice. The PIRC CAT team can provide guidance, referrals, safety planning, and basic coping skills over the phone.
2. **Bridge Clinic** has 1–3-day availability **for virtual and in-person visits**. When PIRC is contacted, our PIRC CAT team will assess for Bridge criteria, which includes family's ability to keep the child safe until being seen. Bridge Clinic can provide a mental health crisis assessment in clinic versus the Emergency Department. Bridge Clinic also provides brief crisis treatment while guiding families to an ongoing provider.
3. **Partial Hospitalization Program (PHP)** has a **2-3 day wait** depending on service location. PHP can be utilized for children with moderate to severe symptoms who do not need 24/7 hospitalization. Refer through PIRC or send referral request directly to PHP at 513.803.8173.
4. **Intensive Outpatient Program (IOP)** has a **4-5 week wait**. They do not keep wait lists but will communicate with families and referral sources if they cannot schedule. IOP is appropriate for youth who are experiencing increase in symptoms causing impairment not well managed in traditional outpatient settings. If suicidality is present, youth need to have received a safety assessment, have a safety plan in place, and have family support. Providers can refer using Epic Link (search for "IOP") or call 513-517-3239.
5. **Behavioral Medicine and Clinical Psychology (BMCP)** has a **consistent 8-week wait** time and provides outpatient psychology services for patients with chronic medical conditions and general mental health. They do not keep wait lists but will help families find community referrals if they cannot schedule. Providers can refer using Epic Link and families can call directly 513-636-8107.
6. If your practice is interested in learning about integrating a behavioral health provider in your office through Cincinnati Children's, you can contact Jessica McClure directly at jessica.mcclure@cchmc.org