

The COVID-19 Vaccine & You



How was the vaccine made so fast? Is that bad?

Things moved quickly with the vaccines for COVID-19, that's for sure. But that doesn't mean steps were skipped. More than 100 years of vaccination science helped make the COVID-19 vaccine possible.

At least 30,000 people were enrolled in trials for each vaccine before they were approved.

More than 100 million adults and teens ages 16+ have been fully vaccinated in recent months.

Why should I get vaccinated?

To help you get life back to normal — more people being vaccinated means you will be able to play sports, travel, see friends and have celebrations sooner.

It protects you and your family and friends.

Where can I get the vaccine?

You have lots of choices! You can schedule a shot at Cincinnati Children's, your regular doctor's office, a local pharmacy, or many other locations that are convenient for you. Just be sure that you can return for your second shot.

Which vaccine should I get?

The Food and Drug Administration (FDA) has a process to decide if vaccines are safe. You will receive a vaccine that has been approved for your age group. Both the Pfizer and Moderna vaccines mean you will get two shots (about three weeks apart). The Johnson & Johnson vaccine is one shot.

What are the side effects? Is it going to hurt?

Most people don't have side effects. The most common symptom is a little soreness in your arm afterward, which is normal!

You might feel tired, have some body aches or even get a fever. This can happen 1 to 2 days after the vaccine and last for a day or two. This isn't a bad thing though, it just means the vaccine is working.

The vaccine is safe, including if you have health problems. But, if you have specific questions or worries, please ask your doctor.

Am I even allowed to get the vaccine?

If you are 12 or older, you can be vaccinated against COVID-19.

Cincinnati Children's recommends that all eligible children and teens get the COVID-19 vaccine.

Can I get COVID-19 from the vaccine?

Nope! There is no way to get the COVID-19 virus from the vaccine. Not possible.

Will getting vaccinated hurt my ability to have children in the future?

No way. There is no scientific evidence that vaccines affect fertility in females or males.

Visit us for more information on COVID-19.



cchmc.org/vaccines