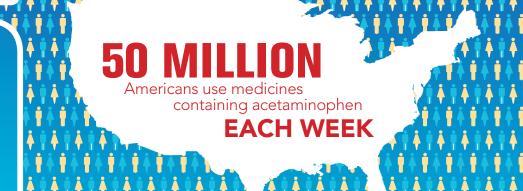


FOUND IN MORE THAN

different prescription & over-the-counter medicines





USING IT

Acetaminophen is a **safe and effective pain reliever and fever reducer** when used as directed. More than 95% of the time, it is taken according to directions on the medicine label.'

S AVOIDING OVERDOSE

EXCEEDING THE MAXIMUM DAILY DOSE



of 4,000 mg is an overdose and can lead to liver damage² OF THOSE WHO EXCEED 4,000 MG IN 1 DAY, MOST DO SO BY³



Taking the next dose too soon

Using multiple products containing acetaminophen

Z

Taking too much at one time

PROMOTING SAFE USE & EDUCATING CONSUMERS

EDUCATION IS WORKING

More consumers are aware that "exceeding the recommended dose can lead to liver damage"⁴





- 1. Always read & follow the medicine label
- 2. Know if your medicines contain acetaminophen
- **3.** Never take two acetaminophencontaining medicines at the same time

KnowYourDose.org

Acetaminophen Awareness Coalition

4. Ask your healthcare professional or pharmacist if you have questions

1. http://www.ncbi.nlm.nih.gov/pubmed/23001694

2. http://onlinelibrary.wiley.com/doi/10.1002/hep.20948/pdf

3. "Acetaminophen Use Patterns" Presentation. https://www.pharmacoepi.org/meetings/28ICPE/

presentations/aj_oral_presentations_key.cfm

4. http://www.chpa.org/Templates/PressRelease.aspx?id=2717