

Reviewer:

Today's Date:

Final Evidence Level:

Project/Topic of your Clinical Question:

Article Title:

Year:

First Author:

Journal:

Do the study aim/purpose/objectives and inclusion/exclusion criteria assist in answering your clinical question?

☐ Yes ☐ No ☐ Unknown

• Study Aim/Purpose/Objectives:

• Inclusion Criteria:

• Exclusion Criteria:

When reading the bolded questions, consider the bulleted questions to help answer the main question.

If you are uncertain of your skills in evidence evaluation, please consult a local evidence expert for assistance:

- [CCHMC Evidence Experts](#)

Unfamiliar terms can be found in the [LEGEND Glossary](#).

Validity

Are the results of the systematic review or meta-analysis valid?

1.	Did the overview address a focused clinical question?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
2.	Was the search for relevant studies detailed and exhaustive?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
	• Was it <i>unlikely</i> that important, relevant studies were missed?			
3.	Were the included studies appraised and assigned a high level of quality?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
4.	Were the methods consistent or homogeneous from study to study?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
	(such as the bullets below)			
	• Did the overview describe the study populations at a well-defined point in the course of disease?			
	• Were the patients sufficiently homogeneous with respect to prognostic risk?			
	• Were objective and unbiased outcome criteria used?			
	• Was the follow-up sufficiently complete?			
5.	Were the outcomes quantifiable and precisely measurable?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
	• Was the outcome assessed independent of knowledge of prognostic factors?			
6.	Was there freedom from conflict of interest?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown

Comments on Study Validity:

Reliability

Are these valid study results important?

7.	Were the statistical analysis methods appropriate?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
	• Were the statistical analysis methods clearly described?			
	• If subgroups in the sample had different prognostic factors (e.g., demographics, disease specifics, comorbidity), was an adjustment made for the differences between groups?			
	• Was an adjustment made for changes that occur as the patient ages, if any?			
8.	What are the main results of the study? (e.g., Helpful data: Page #, Table #, Figures, Graphs)			
	• How likely are the outcomes over time? Absolute results (e.g., 5 year survival rate) or Relative results (e.g., risk from prognostic factor) or Survival Curves (e.g., cumulative events)			
	• What were the measures of statistical uncertainty (e.g., precision)?			
	• Were the results presented with Confidence Intervals or Standard Deviations?			

LEGEND Evidence Appraisal of a Single Study

Prognosis

Systematic Review / Meta-Analysis

9. Were the results statistically significant?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
10. Were the results clinically significant?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown

Comments on Study Reliability:

Applicability

Can I apply these valid, important study results to my patients?

11. Can the results be applied to my population of interest?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
<ul style="list-style-type: none"> Do the patient outcomes apply to my population or question of interest? Were the patients in the studies similar to my population of interest? Is the setting of the study applicable to my population of interest? 			
12. Are my patient's values and preferences satisfied by the knowledge gained from this study (such as outcomes considered)?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown
13. Would you include this study/article in development of a care recommendation?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Unknown

Comments on Study Applicability:

Additional Comments or Conclusions ("Take-Home Points")

Quality Level / Evidence Level

- Consider each "No" answer and the degree to which this limitation is a threat to the validity of the results, then check the appropriate box to assign the level of quality for this study/article.
- Consider an "Unknown" answer to one or more questions as a similar limitation to answering "No," if the information is not available in the article.

The Evidence Level is:

- ☐ Good Quality Systematic Review [1a]
- ☐ Lesser Quality Systematic Review [1b]
- ☐ Not Valid, Reliable, or Applicable

Table of Evidence Levels													
DOMAIN OF CLINICAL QUESTION	TYPE OF STUDY / STUDY DESIGN												
	Systematic Review Meta-Analysis	Cohort - Prospective	Cohort - Retrospective	Case - Control	Cross - Sectional	Descriptive Study Epidemiology Case Series	Mixed Methods Study	Decision Analysis Economic Analysis Computer Simulation	Guidelines	Case Reports N of 1 Study	Bench Study	Published Expert Opinion	Local Consensus Published Abstracts
Prognosis	1a 1b	2a 2b	3a 3b	4a 4b	4a 4b	4a 4b	2/3/4 a/b	5a 5b	5a 5b	5a 5b	5a 5b	5a 5b	5

Development for this appraisal form is based on:

- Guyatt, G.; Rennie, D.; Evidence-Based Medicine Working Group.; and American Medical Association.: Users' guides to the medical literature : a manual for evidence-based clinical practice. *Users' guides to the medical literature : a manual for evidence-based clinical practice*: "JAMA & archives journals." Chicago, IL, 2002
- Melnik, B. M. and E. Fineout-Overholt (2005). Evidence-based practice in nursing & healthcare : a guide to best practice. Philadelphia, Lippincott Williams & Wilkins.
- Phillips, et al: Oxford Centre for Evidence-based Medicine Levels of Evidence, 2001. Last accessed Nov 14, 2007 from <http://www.cebm.net/index.aspx?o=1025>.
- Fineout-Overholt and Johnston: Teaching EBP: asking searchable, answerable clinical questions. *Worldviews Evid Based Nurs*, 2(3): 157-60, 2005.
- Porzolt F, Ohletz A, Thim A, et al. Evidence-based decision making—the six step approach. *BMJ Evidence-Based Medicine* 2003;8:165-166.
- Clark, E., Burkett, K., & Stanko-Lopp, D. (2009, Dec). Let Evidence Guide Every New Decision (LEGEND): an evidence evaluation system for point-of-care clinicians and guideline development teams [CCHMC LEGEND development]. *J Eval Clin Pract*, 15(6), 1054-1060.