

Internship Expectations & Responsibilities

The following is to help provide you the intern with references and information to orient and facilitate a succinct understanding of your role at Cincinnati Children's Hospital Medical Center as a music therapy intern.

Here are some facts about the medical center:

Our vision: to be the leader in improving child health

Ranked nationally among the top 10 pediatric hospitals by *U.S. News & World Report*.

Full-service, not-for-profit pediatric hospital and research center with 475 licensed beds.

Information about our music therapy program:

- Patients/Units served: 0 years of age to young adult with exceptions going beyond due to the very specialized care offered at the medical center. Dialysis, Same-Day Surgery, Rehabilitation, Transitional Care, Colo-Rectal/Gastro-Intestinal (G.I.), Hematology /Oncology/ Bone Marrow Transplant (BMT), Cardiology, Cystic Fibrosis (C.F.), General Pediatrics, Neurology, Regional Center for Neonatal Intensive Care (RCNIC), Ear/Nose/Throat., and Cardiac Intensive Care Unit (CICU) and Pediatric Intensive Care Unit (PICU).



Internship Structure and Experience

The Music Therapy Internship is offered once per year beginning in June or July, we are flexible according to your schedule. The application deadline is December 1st. After receiving a completed application, the music therapy co-director will contact you about setting up an in-person or Skype interview, depending on the applicant's location.

The intern should expect to accumulate professional clinical experience through a diverse spectrum of multi-disciplinary and multi-cultural patient and family care. Cincinnati Children's Hospital Medical Center incorporates the philosophy of family-centered care into every aspect of its clinical research and practice.

Upon acceptance to the internship, a legal affiliation agreement between the student's university and CCHMC is required. This will be handled by personnel at the hospital and the legal department of the university. Interns will not be allowed to start their internship until this

agreement is complete. Students will also be required to complete a TB test and be fingerprinted when they receive their badges. The intern will be responsible for the cost of the TB test and fingerprinting.

Entry-level Requirements

The student will need to have experiences at the undergraduate/graduate (basic) level so that these competencies (listed below) can be practiced, nurtured, fostered and matured: (From the AMTA competencies—Operational definitions of Competency at Cincinnati Children’s Hospital Medical Center, adapted from Landaker, M.J., 2007.) Audition & Interview is required to evaluate the student on these competencies. Students are not expected to be adept in every area of the following.

I. Music Foundations (To be demonstrated at the beginning of the internship, with continued improvement throughout the internship.)

Keyboard Skills

Demonstrates the following functional abilities on the keyboard/piano:

- ♪ Accompany self and groups proficiently.
- ♪ Play basic chord progressions (I-IV-V-I) in several keys.
- ♪ Sight-read simple compositions and song accompaniments.

Guitar Skills

Demonstrates the following functional abilities on the guitar:

- ♪ Accompany self and groups proficiently.
- ♪ Employ simple strumming and finger picking techniques.
- ♪ Tune guitar using standard and other tunings.

Voice Skills

Demonstrates the following functional abilities using the voice.

- ♪ Lead group singing by voice.
- ♪ Communicate vocally with adequate volume (loudness).

Percussion Skills

Demonstrates the following functional abilities using hand percussion instruments/drum set.

- ♪ Accompany self and groups proficiently.
- ♪ Utilize basic techniques on several standard and ethnic instruments.

Improvisation Skills

Demonstrates ability to improvise on all aforementioned instruments as well as new instruments that will impact clinical outcomes.

- ♪ Improvise on percussion instruments.
- ♪ Develop original melodies, simple accompaniments, and short pieces extemporaneously in a variety of moods and styles, vocally and instrumentally.



II. Principles of Therapeutic Relationships and Therapy

Therapeutic Relationship

- ♪ Demonstrate basic knowledge of the potentials, limitations, and problems of exceptional individuals.
- ♪ Demonstrate basic knowledge of the causes and symptoms of major exceptionalities, and basic terminology used in diagnosis and classification.
- ♪ Demonstrate basic knowledge of typical and atypical human systems and development (e.g. anatomical, physiological, psychological, social.)

Principles of Therapy

- ♪ Demonstrate basic knowledge of the dynamics and processes of a therapist-patient relationship.
- ♪ Demonstrate basic knowledge of the dynamics and processes of therapy groups.
- ♪ Recognize the impact of one's own feelings, attitudes, and actions on the patient and the therapy process.
- ♪ Use oneself effectively in the therapist role in both individual and group therapy, e.g. appropriate self-disclosure, authenticity, empathy, etc. toward affecting desired behavioral outcomes.
- ♪ Demonstrate awareness of one's cultural heritage and socio-economic background and how these influence the perception of the therapeutic process.

III. Music Therapy Skills (To be acknowledged/demonstrated by the midpoint of internship.)

Foundations and Principles

- ♪ Demonstrate basic knowledge of existing music therapy methods, techniques, materials, and equipment with their appropriate applications.
- ♪ Demonstrate basic knowledge of the purpose, intent, and function of music therapy for various patient populations.
- ♪ Demonstrate basic knowledge of the use of current technologies in music therapy assessment, treatment, and evaluation.

Patient Assessment

- ♪ Communicate assessment findings and recommendations in written and verbal forms.
- ♪ Observe and record accurately the patient's responses to assessment.
- ♪ Identify the patient's therapeutic needs through an analysis and interpretation of music therapy and related assessment data.

Treatment Planning

- ♪ Select or create music therapy experiences that meet the patient's objectives.
- ♪ Formulate goals and objectives for individuals and group therapy based upon assessment findings.
- ♪ Coordinate treatment plan with other professionals.



Therapy Implementation (To be demonstrated throughout the second half of the internship.)

- ♪ Demonstrates the ability to adapt and use any and every approach to best meet the needs of each individual patient and family we serve.
- ♪ Create a physical environment (e.g. arrangement of space, furniture, equipment, and instruments) that is conducive to effective therapy.
- ♪ Recognize significant changes and patterns in the patient's response to therapy.
- ♪ Design and implement methods for evaluating and measuring patient progress and the effectiveness of therapeutic strategies.

Description of Professional Staff

The student will be working with a tremendous array of medical professionals throughout the internship. They will interact daily with our five music therapists: Brian Schreck (Director), Kathryn Yeager (supervisor), Jennifer Seley (supervisor), Elizabeth Harman (supervisor), and Deb Dempsey (supervisor). Other professionals include: Child Life staff, Social Work, Chaplains, Medical Doctors, Surgeons, Nurses, PCA's and PCF's, Administrative Consultants, Physical, Occupational, Recreational, and Respiratory Therapists, Psychologists, Psychiatrists, Volunteers, and all other medical center staff that the student may come into contact with throughout their time in the medical center.

On-site training programs offered at CCHMC

Cincinnati Children's is a learning hospital. Every discipline has training possibilities at the undergraduate, graduate, doctoral, and post-doctoral level. This includes the training of occupational/physical/recreational therapy students, social work, nursing, medical, and research students.

Educational Programs offered at the CCHMC

There are inter-disciplinary grand rounds offered monthly in the medical center. There is a wide gamut of in-services and workshops offered daily. Many different specialty conferences are held at the medical center throughout the year.

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Intern Housing, Meals and Transportation Information

Housing is not currently offered by this facility, but there is a variety of short term lease options available to interns in the area. CCHMC does not currently offer a stipend or meals for interns. For transportation needs, Cincinnati has an extensive bus system that provides services through greater Cincinnati and Northern Kentucky. More information will be provided upon the acceptance to the internship.

Liability Insurance: If the student is affiliated with University/College/Academic Institution, liability insurance is usually covered by the educational institution.—If not, liability insurance must be purchased by intern. If this is the case, the music therapy intern will be assisted and guided to regularly used liability insurers for interns.