Mentoring Making a Difference for Ourselves and Our Community

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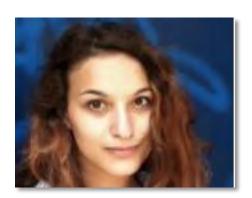
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Once upon a time...



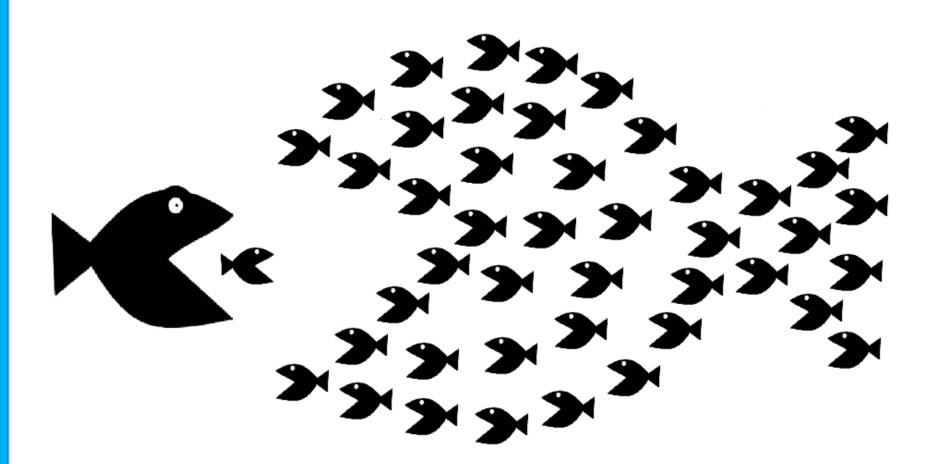








What if....?





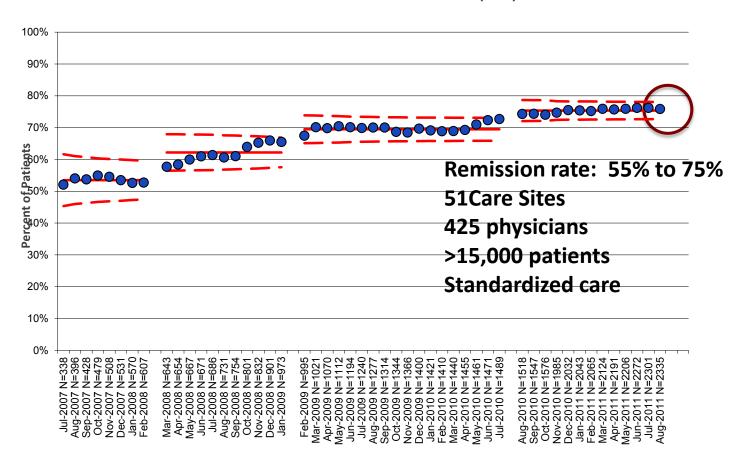
COLLABORATIVE CHRONIC CARE NETWORK

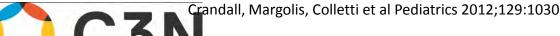
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IMPROVECARENOW

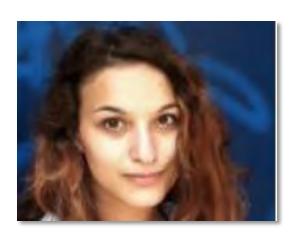
Percent of IBD Patients in Remission (PGA)















- Constructing a personal narrative
- Mastering self-management
- Connecting with a supportive community





Mentoring – Focus Groups

- Needs to address
 - Support
 - Role model
 - Information/education
 - Fun, not always about IBD





Mentoring – Focus Groups

- Specific program characteristics
 - Mentor: "IBD veteran"
 - Mentee: Recently diagnosed or critical incident
 - Parent support
 - Mentor-to-mentor support





- Nationwide Children's Hospital
- NATIONWIDE CHILDREN'S

 When your child needs a hospital, everything matters.
- 1-on-1 relationships with group activities

- Cincinnati Children's Hospital Medical Center
 - Mentoring community with 1-on-1 selfmanagement coaching





- Our team for developing the program
 - Pam Morgan
 - Kevin Hommel
 - Elizabeth Monti
 - Molly Pace-Scrivener
 - Alex Jofriet





- New Patient Orientation
 - Constructing a personal narrative
 - Connecting with a supportive community





- New Patient Orientation
- Elizabeth and Alex
 - Shared narrative using Hero's Journey
 - Encouraged patients to tell their story
 - Cards of support for other newly diagnosed patients





- New Patient Orientation
- Patient reactions
 - Initially reserved
 - Then seemed surprised/pleased they had something to offer other patients
 - Chatting and joking with each other
 - Some patients shared their story





- New Patient Orientation
- Connectedness Survey
 - 1. How many people do you know with Crohn's disease or ulcerative colitis?
 - 2. There are other people who know what I'm going through with my CD or UC
 - 3. I feel connected to a group of people with CD and UC





- New Patient Orientation
- Connectedness Survey

	Pre	Post
# of people	1.33	5.00
Others understand	4.00	6.20
Feel connected	3.33	5.80



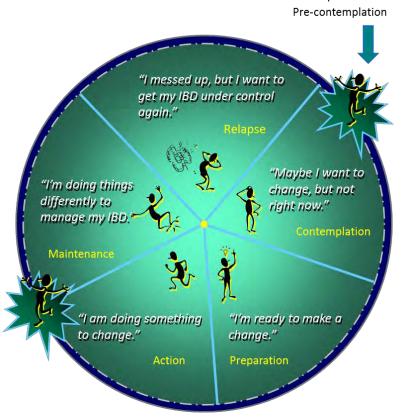


- Current/future directions
 - Continuing to construct narratives and connect with supportive community
 - Teen and college student panels today
 - Continuing to engage patients from previous New Patient Orientation
 - Continuing to engage newly diagnosed patients at future New Patient Orientations





- Mastering self-management
 - MI/PSST
 - Self-monitoring, goalsetting, tiny habits
 - In person
 - Skype



"I don't have a problem."





- Mastering self-management
 - Developing manual
 - Training Elizabeth
 - Will identify patients who would benefit





Parent mentoring

- What do you want in a mentoring program?
 - Constructing a personal narrative
 - Mastering self-management
 - Connecting with a supportive community



