

Perinatal News & Events

Cincinnati Children's Perinatal Outreach Program



CCPOP Contact Information CCPOP@cchmc.org

- Kathy Hill, M.Ed.
Program Manager
(513) 636-8225
Kathy.Hill@cchmc.org
- Danielle Bolton
Administrative Assistant
(513) 803-0957
Danielle.Bolton@cchmc.org

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The Maternal Addiction Center at First Step Home, Inc.

As a result of the growing increase in the rate of opiate use by pregnant women and the adverse affects on newborns, the Maternal Addictions Program was begun in January 2013. First Step Home is now partnering with the Center for Chemical Addictions Treatment (CCAT), Crossroads Health Clinic, Good Samaritan Hospital, Healthy Moms and Babies, and UC Health to provide seamless, holistic treatment services and follow-up for pregnant women in the Maternal Addictions Program.

Services offered include:

- Residential and outpatient treatment
- Individual and group maternal treatment
- Nutritional counseling
- Parenting classes
- Access to primary health care
- Mental health services
- Access to prenatal care
- Case management services
- Family support groups
- Transitional housing services
- Access to medication-assisted treatment services
- In-home outreach follow-up services
- Curriculum-based therapy
- Trauma informed services
- Day care and transportation for school age children
- Glad House treatment and intervention services for children

Currently, First Step Home does not have a waiting list and accepts women from any county in Ohio.

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Maternal Addiction Center *continued from page one*

First Step Home has always taken great pride in being a safe place where women and their children, ages 0-12, can experience hope, help, and healing. Over 2800 women and their children have been served. The women coming to First Step Home are frustrated, hopeless, angry, overwhelmed, and confused. They tell us they are tired and have run out of hope. They have experienced many losses including the loss of their children, health, relationships, finances, and opportunities. When a woman is pregnant, it complicates the already impossible life style.

Many of the First Step Home clients have been through treatment numerous times. Often they were victims of severe trauma and neglect in childhood years which paved the foundation for addiction. This, in turn, often leads to self neglect, criminal and/or child protective involvement, chaos and spiraling downward.

First Step Home understands that working through the core issues is vital to long term success. Hence, gender responsive holistic services including chemical dependency treatment, mental health counseling, a trauma informed curriculum, evidence based parenting, case management and family education is provided. The children receive daily support and therapy from the clinical staff. Compassion and acceptance is included in our standard of care. All staff are licensed and have credentials to provide recovery and mental health services. Over 65% of women complete the residential phase and most move on into Outpatient Services.

Jeane Cole, Maternal Services Coordinator

Sandra is 24 years old and is addicted to heroin. She has been a victim of trauma and suffers with depression and PTSD. The only way she can finance her addiction is to steal or prostitute. Now she is pregnant.

“This is the client presenting at FSH for help. In the past three years we have seen a 63% increase in pregnant women wanting treatment with over 85 % being addicted to opiates.”



To make a referral or arrange for a meeting or presentation, please call or email:

First Step Home, Inc.
(513) 961-4663

Donna.Shockley@FirstStepHome.org

Intake Coordinator

Jeane.Cole@FirstStepHome.org

Maternal Services Coordinator

Ohio Perinatal Quality Collaborative

Healthy People 2020 provides a comprehensive set of 10-year, national goals and objectives for improving the health of all Americans; this includes 42 topic areas with nearly 600 objectives (with others still evolving), which encompass 1,200 measures. A smaller set of Healthy People 2020 objectives, called Leading Health Indicators, has been selected to communicate high-priority health issues and actions that can be taken to address them. To highlight these issues, Healthy People focuses on one LHI topic each month in their webinar “Who’s Leading the Leading Health Indicators?” For the month of July, the Ohio Perinatal Quality Collaborative (OPQC) was selected as the featured program on webinar series. This 45-minute Webinar was led by U.S. Department of Health and Human Services Assistant Secretary for Health,

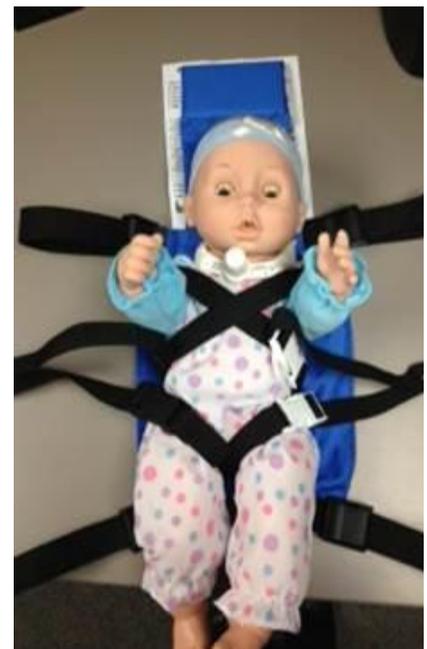
Dr. Howard K. Koh, and included a presentation highlighting the success of OPQC’s approach followed by a roundtable discussion about the importance of addressing and improving maternal, infant, and child health. Panelists included OPQC program director Barbara Rose, as well as OPQC Quality Improvement Faculty Lead Dr. Carole Lannon, and OPQC Obstetrics Lead, Dr. Jay Iams. Additional information about the webinar series and details of OPQC’s recognition can be found online at: <http://www.healthypeople.gov/2020/LHI/whosLeading.aspx?storyID=1#storyTitle>



*Katie Clarke-Myers, M.A., Project Manager
Cincinnati Children’s Hospital*

Update from Cincinnati Children’s Transport Team

Cincinnati Children’s Hospital Transport Team is committed to caring for the whole health needs of the infants we transport and patient safety is our top priority. The Transport Team’s Practice Council researched the safest means of transporting infants by ground and by air. The **Papoose Infant Restraint** was trialed by the Transport Team and found to be a safer and more effective way of transporting infants. The **Papoose Infant Restraint** is a 5 point restraint device to be used on infants weighing 500 grams to 5 kg. This restraint will replace the soft restraint straps currently used when applicable. Some exceptions to using the **Papoose Infant Restraint** include patients with abdominal wall defects, spinal defects, umbilical lines, chest tubes or those infants requiring prone position.



PERINATAL INSTITUTE

Division of Neonatology
3333 Burnet Ave., MLC 7009
Cincinnati, Ohio 45229-3039

*Our mission is to improve
The health of newborn infants
through innovation in clinical care,
education and research.*

www.cincinnatichildrens.org

www.cincinnatichildrens.org/perinatal

[Perinatal Resource Directory](#)

Announcements

Regional Perinatal Nurse Manager Meeting

8:30 -11:30 am, Friday, August 9, 2013

University of Cincinnati Medical Center – Hoxworth Center

For more information, contact: kathy.hill@cchmc.org

Perinatal Community Action Team (PCAT)

2:30-4:00 pm, Thursday, August 22, 2013

Cincinnati Children's, MERC Classrooms 1103 & 1104

For more information, contact: kathy.hill@cchmc.org

AWHONN Ohio 8th Annual Conference

September 12 & 13, 2013

Ohio 4-H Center, Columbus, Ohio

For details, visit: www.awhonn.org

Advances in Fetology 2013: Updates in Minimally Invasive Technologies

Perinatal Critical Care for Mothers and Newborns

September 27-28, 2013

21C Museum Hotel, Cincinnati, Ohio

Sponsored by the Fetal Care Center of Cincinnati

www.regonline.com/2013fetology

Advanced Diabetes in Pregnancy Management

October 11 & 12, 2013

Kingsgate Conference Center at the University of Cincinnati

www.sweetsuccessesexpress.com/conferences.htm

12th Annual Regional Perinatal Leaders' Summit

Maternal & Congenital Syphilis Epidemic

Friday, October 18, 2013

Sabin Auditorium, Cincinnati Children's Hospital

For more information contact: danielle.bolton@cchmc.org

March of Dimes Conference

“Saving Ohio's Babies: Preventing Premature Birth
and other Causes of Our Infant Mortality Crisis”

Thursday, November 14, 2013

Schiff Conference Center at The Cintas Center (Xavier University)

For more information, contact: LHolloway@marchofdimes.com

