



Bowel Management Program

for Idiopathic Constipation and Fecal Incontinence

The Bowel Management Program at Cincinnati Children's Hospital Medical Center is an intensive, one-week outpatient clinic that allows children of all ages who are unable to anticipate or control their bowel activity to achieve bowel control, improve their quality of life, and return to the ongoing care of their primary care provider following completion of the program.

CONTACT US

Local physicians call:

513-636-3240

National Physician Priority Link:

888-987-7997

Please fax all referrals to

513-636-3248 or toll-free
at **866-877-8905**

Email us at:

colorectalcenter@cchmc.org

**www.cincinnatichildrens.org/
colorectal**

Conditions Treated

- Idiopathic constipation
- Fecal incontinence
- Encopresis
- Soiling
- Anorectal malformations
- Hirschsprung disease
- Bowel problems related to spina bifida
- Bowel problems related to spinal tumors or trauma

Why Refer Your Patients to Us?

As a primary care provider, you likely see patients with idiopathic constipation intermittently — when their problem has achieved a critical, often complicated level. Their symptoms — cramping, abdominal pain, soiling, poor appetite — may have even required a hospital visit to manage their constipation and to have their bowel cleaned. Then you see your patient return later with the same problem repeatedly.

Once your patient completes our intensive, one-week bowel management program, the constipation is under control, and the patient returns to you for ongoing, less problematic care.

Ninety-five percent of our patients who complete this one-week treatment are able to remain clean and wear normal underwear by the end of the week. Our success with these patients is rooted in our treatment approach.



95%

percentage of patients who remain clean after completion of the bowel management program

240+

patients per year attend the bowel management program

7

number of disciplines collaborating to make this intensive, one-week clinic possible

Treatment Approach

The program offers a one-week outpatient approach to the challenging treatment of fecal incontinence and idiopathic constipation. At the outset of the program, patients see a surgeon and a nurse practitioner to develop a treatment plan. During the week, the child undergoes daily x-rays and the family reviews daily progress with the nurse practitioner. Changes are made to the regimen each day so that by the end of the week, we have reached a regimen which will keep the patient both clean in their underwear and clean on X-ray. The patient then returns to the primary care provider for ongoing care. The bowel management team remains available for questions and other support as necessary.

Treatment Team

Colorectal Surgery

Marc Levitt, MD,
Director

Alberto Peña, MD,
Founding Director

Andrea Bischoff, MD

Belinda Dickie, MD

Jason Frischer, MD

Michael Helmrich, MD, MS

Nurse Practitioners

Kimberly Cain, RN, MSN, APRN

Ebony Moorefield, RN, MSN, APRN

Nursing

Teri Martini, RN, BSN,
Program Manager

Clinic Locations

We offer the bowel management program at both our main hospital and our new Green Township location. Patients are directed to a location after primary care provider referral and initial phone consultation.

By the Numbers

700
fecally
incontinent
patients

438
hypomotility

97%
success

262
hypermotility

85%
success

For urgent issues, or to speak with the specialist on call 24/7, call the Physician Priority Link at **1-888-987-7997**.

www.cincinnatichildrens.org