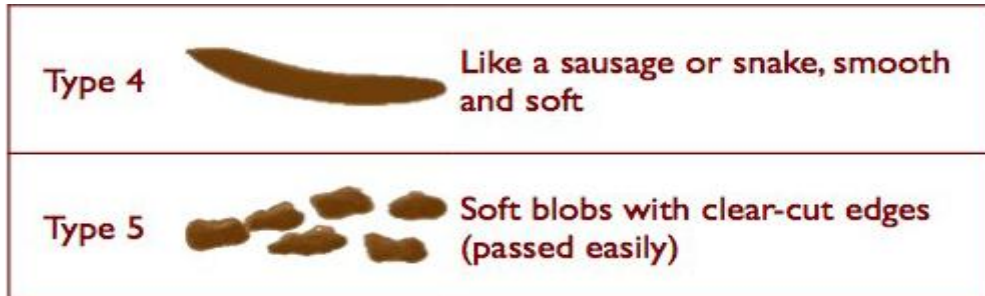


Bristol Stool Chart Goal

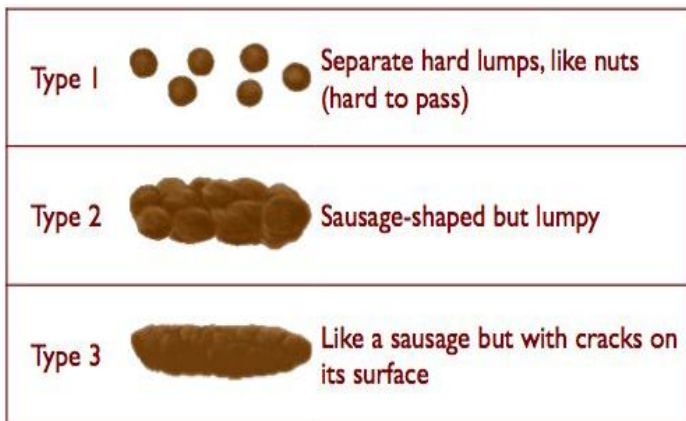
If the poop looks like this:



Continue the daily Miralax dose.



If you are not pooping every day or if the poop is hard, difficult to pass, and looks like this:



Increase the Miralax dose to :

DO NOT stop giving the Miralax.

If the poop is mushy and watery, and looks like this:



Decrease the Miralax dose to:

DO NOT stop giving the Miralax.