Cincinnati Children's
Center for ADHD

Consolidated Schedule of ADHD Groups

2014
Calendar Year

Understanding and Managing ADHD in Preschoolers Parent Group Program

This program is for the parents of children ages 3.5 to 5 years who have been *or are at risk for being* diagnosed with ADHD. In addition to up-to-date information about ADHD and how it affects their child's behavior, parents also learn specific evidence-based techniques for providing the structure and guidance that a preschool-aged child with ADHD needs to succeed both at home and at preschool/kindergarten. Sessions are held on the same day each week for a total of 8 group sessions, with each session lasting 90 minutes. The material in each session builds on that covered in prior sessions, so it is important that parents attend all 8 sessions in order to get the greatest benefit from the program. A pre-group interview with the parent(s) is typically required.

Day/Dates	Time	CCHMC Location	Therapist
Thu 02/13/14 to 04/10/14[a]	12:00 pm – 1:30 pm	Liberty Campus	Beverly H. Smolyansky, Ph.D.
Thu 03/13/14 to 05/01/14	5:00 pm – 6:30 pm	Oak Campus	Heather A. Ciesielski, Ph.D.
Wed 05/21/14 to 07/09/14	4:30 pm – 6:00 pm	Oak Campus	Heather A. Ciesielski, Ph.D.
Mon 08/18/14 to 10/20/14[b]	5:00 pm – 6:30 pm	Oak Campus	Heather A. Ciesielski, Ph.D.
Wed 10/15/14 to 12/10/14[c]	12:00 pm – 1:30 pm	Liberty Campus	Beverly H. Smolyansky, Ph.D.

[a] Skips 04/03 [b] Skips 09/01 & 09/29 [c] Skips 11/26 (Wednesday before Thanksgiving)

Understanding and Managing ADHD in Children ages 6-12 Parent Group Program

This program is for the parents of children ages 6 to 12 years with a primary diagnosis of ADHD. Parents obtain an up-to-date understanding of ADHD and how it affects their child's behavior. They also receive training in the use of specific evidence-based techniques for providing the structure and guidance that a child with ADHD needs to succeed behaviorally, academically, and socially. Sessions are held on the same day each week for a total of 8 group sessions. Each session is 90 minutes, except for the first session which may run up to 2 hours. The material in each session builds on that covered in prior sessions, so it is important that parents plan to attend all 8 sessions in order to get the greatest benefit from the program.

Day/Dates (Start-End)	Time (Start-End)	CCHMC Location	Therapist
Fri 01/24/14 to 03/14/14	4:30 pm – 6:00 pm	Oak Campus	Richard E. A. Loren, Ph.D.
Mon 02/17/14 to 04/07/14	6:00 pm – 7:30 pm	Mason Campus	Sanford Chertock, Ph.D.
Wed 02/26/14 to 04/16/14	12:00 pm – 1:30 pm	Oak Campus	S. Rachelle Plummer, Psy.D.
Thu 03/06/14 to 04/24/14	5:00 pm – 6:30 pm	Fairfield	Kristine Huiet, Ph.D.
Mon 03/10/14 to 05/05/14[a]	5:30 pm – 7:00 pm	Green Township	F. Lynne Merk, Ph.D.
Thu 03/13/14 to 05/01/14	5:00 pm – 6:30 pm	Eastgate	James Brewer, Ed.D.
Tue 03/25/14 to 05/20/14[b]	4:00 pm – 5:30 pm	Oak Campus	Richard E. A. Loren, Ph.D.
Wed 04/09/14 to 05/28/14	4:30 pm – 6:00 pm	Liberty Campus	Richard E. A. Loren, Ph.D.
Tue 04/29/14 to 06/17/14	5:00 pm – 6:30 pm	Fairfield	William Sirbu, Ph.D.
Thu 05/08/14 to 06/26/14	5:00 pm – 6:30 pm	Oak Campus	Heather A. Ciesielski, Ph.D.
Thu 06/12/14 to 08/07/14[c]	4:00 pm – 5:30 pm	Mason Campus	Teri Caudill, Ph.D.
Wed 07/09/14 to 08/27/14	12:30 pm – 2:00 pm	Oak Campus	Jessica E. M. Cyran, Ph.D.
Wed 08/20/14 to 10/08/14	4:30 pm – 6:00 pm	Oak Campus	Richard E. A. Loren, Ph.D.
Thu 08/28/14 to 10/16/14	5:00 pm – 6:30 pm	Fairfield	Kristine Huiet, Ph.D.
Mon 09/08/14 to 10/27/14	5:30 pm – 7:00 pm	Green Township	Grace Shelby, Ph.D.
Mon 09/15/14 to 11/03/14	4:00 pm – 5:30 pm	Mason Campus	Tara Proano-Raps, Psy.D.
Wed 09/24/14 to 11/12/14	6:00 pm – 7:30 pm	Eastgate	James D. Myers, Ph.D.
Tue 10/07/14 to 11/25/14	4:30 pm – 6:00 pm	Oak Campus	Jessica E. M. Cyran, Ph.D.
Tue 10/21/14 to 12/09/14	5:00 pm – 6:30 pm	Fairfield	William Sirbu, Ph.D.
Thu 10/23/14 to 12/18/14[d]	5:00 pm – 6:30 pm	Oak Campus	Heather A. Ciesielski, Ph.D.
Tue 10/28/14 to 12/16/14	4:30 pm – 6:00 pm	Liberty Campus	Richard E. A. Loren, Ph.D.

[a] Skips 04/21 [b] Skips 04/22 [c] Skips 07/03 [d] Skips 11/27 (Thanksgiving)

To register for any of these group programs, please call the CCHMC Behavioral Medicine & Clinical Psychology Intake Office at (513) 636-4336, option # (hash key)

Revised Schedule Approved for Release/Distribution: Monday, 21 July, 2014 @ 2:20 PM EDT

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Managing Frustration for Children with ADHD Group Program

This program is designed to address the problems some children with ADHD have with managing their frustration. It is ***not an alternative treatment*** for the core problems with attention regulation and/or impulse control associated with ADHD. The program is most effective for children whose core symptoms of ADHD are under reasonably good control via ongoing medication and environmental management. To participate in this group, a child must be between the ages of 9 and 11 *and* be in third through fifth grades at the time of the group. Offered only at the Center for ADHD, this program is always scheduled on Monday afternoons starting at 4:30 pm. There is a required pre-group interview with the parent(s) and child that will be scheduled in the weeks preceding the start of a new group that lasts 75-90 minutes. There are a total of 12 group sessions, each lasting approximately 90 minutes. Children will attend all sessions *except for the 1st and 7th sessions which are attended by parents without their children*. As the material in each session builds on what is covered in earlier sessions, it is important that participants plan to attend all 12 sessions.

Day/Dates	Time	CCHMC Location	Therapist
Mon 02/24/14 to 05/19/14[a]	4:30 pm – 6:00 pm	Oak Campus	Richard E. A. Loren, Ph.D.
Mon 06/02/14 to 08/25/14[b]	4:30 pm – 6:00 pm	Oak Campus	Richard E. A. Loren, Ph.D.
Mon 09/29/14 to 12/15/14	4:30 pm – 6:00 pm	Oak Campus	Richard E. A. Loren, Ph.D.

[a] Skips 04/21 (Easter Monday) [b] Skips 06/30

Academic Success for Young Adolescents with ADHD Group Program

This program is designed for young adolescents in sixth through eighth grades who are experiencing academic difficulties as a result of ADHD. It teaches adolescents and their parents proven strategies to improve organization, time management, and study skills. This program is held only at the Center for ADHD. There are a total of 7 group sessions, each lasting 90 minutes, which the adolescent and their parent attend together. As the material in each session builds on what is covered in earlier sessions, it is important that participants plan to attend all 7 sessions. In addition, a pre-group interview with the parent(s) is also required.

Day/Dates	Time	CCHMC Location	Therapist
Thu 01/23/14 to 03/06/14	4:30 pm – 6:00 pm	Oak Campus	Heather A. Ciesielski, Ph.D.
Mon 02/03/14 to 03/17/14	5:30 pm – 7:00 pm	Oak Campus	Heather A. Ciesielski, Ph.D.
Tue 02/25/14 to 04/08/14	4:00 pm – 5:30 pm	Oak Campus	Aaron J. Vaughn, Ph.D.
Tue 08/19/14 to 09/30/14	4:30 pm – 6:00 pm	Oak Campus	Jessica E. M. Cyran, Ph.D.
Thu 09/04/14 to 10/16/14	5:00 pm – 6:30 pm	Oak Campus	Heather A. Ciesielski, Ph.D.

Academic Success for High Schoolers with ADHD Group Program

This program is designed for freshman and sophomores in high school who are experiencing academic difficulties as a result of ADHD. This program teaches adolescents and their parents proven strategies that improve organization, study skills, and academic performance with fewer arguments, less frustration, and reduced conflict between parents and their high school student who has ADHD. This program is held only at the Center for ADHD. There are a total of 8 group sessions, each lasting 90 minutes, which the parent and their adolescent attend together. As the material in each session builds on what is covered in earlier sessions, it is important that participants attend all 8 sessions. In addition, a pre-group interview with the parent(s) is also required.

Day/Dates	Time	CCHMC Location	Therapist
Thu 02/06/14 to 03/27/14	4:00 pm – 5:30 pm	Oak Campus	Aaron J. Vaughn, Ph.D.
Wed 02/19/14 to 04/09/14	4:00 pm – 5:30 pm	Oak Campus	Aaron J. Vaughn, Ph.D.
Thu 09/04/14 to 10/23/14	4:00 pm – 5:30 pm	Oak Campus	Aaron J. Vaughn, Ph.D.
Wed 09/17/14 to 11/05/14	4:00 pm – 5:30 pm	Oak Campus	Aaron J. Vaughn, Ph.D.

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