



Adaptive Care Team (ACT)

*Individualizing Healthcare for Patients with
Developmental & Behavioral Challenges*

Who Can Get Help from ACT?

All patients of Cincinnati Children's
Hospital Medical Center who:

1. Have a current diagnosis or are being evaluated for a developmental disability and/or behavioral condition

AND

2. Have a difficult time coping and cooperating during a healthcare visit

Note:

If your child is coming to Cincinnati Children's Emergency Department, please inform the greeter desk that your child has an adaptive care plan.

Cincinnati Children's Hospital Medical Center

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Phone: 513-803-ADAP (2327)

Knowing Notes



This is a free service. ACT is a part of the
medical center's standard of care.

How This Program Works

We will ask you:

- What things make your child upset
- What your child is interested in or likes to do
- Your child's past healthcare experiences
- How your child communicates best
- What helps your child understand and cope

We will work together to make an adaptive care plan:

- We will use your ideas about preparing and supporting your child
- We will share the plan with the staff who will work with your child
- The plan can be used to support your child on all future healthcare visits
- Let us know when we need to make changes to your child's plan



What We Can Do For Your Child

- We work with you to come up with an adaptive care plan to improve your child's visits.
- Since each child is unique, we will create a plan just for your child to reduce distress and increase coping.

Here's what Madison's mom had to say about our program:

'Madison always had a really hard time when we went to the hospital. It was really nice to have a special plan made for Madison. When she went for her clinic visit last week, we saw what a difference her plan made!'



What ACT Will Do

- Give you "homework" to do with your child to help prepare for the next visit
- Set up a practice or 'play' visit to rehearse the steps of the upcoming visit, if needed
- Help adapt visits or educate staff when needed

What Families Can Do

- Understand that your feelings and words can affect your child's fears and comfort with healthcare
- Speak positively about all healthcare providers in front of your child
- Work on preparation tips or procedure "homework" with your child to practice what is going to happen
- Remind the staff that your child has an adaptive care plan in the medical chart