

# How to Sign Up for the Family-to-Family Program



Everything you share with a support parent is kept confidential.

## How Do I Sign Up?

To sign up, complete paperwork during clinic or contact the Brachial Plexus Center at 513-636-7539.

## Will the Information I Share be Kept Confidential?

Yes. Everything you share with your support parent will be kept confidential.

# For More Information

For more information about the Family-to-Family Program, please contact the Brachial Plexus Center at Cincinnati Children's:

**Phone:** 513-636-PLEX (7539)  
**Toll-Free:** 1-800-344-2462, extension 67539  
**Email:** brachialplexuscenter@cchmc.org

**Mailing Address:**  
Cincinnati Children's Hospital  
Medical Center  
3333 Burnet Avenue, ML 9018  
Cincinnati, OH 45229-3039

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Your support parent's name and contact information:

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# Brachial Plexus Center Family-to-Family Program



## About the program

One of the most meaningful sources of support can be another parent who has experienced parenting a child with health care needs. Connecting with another parent can help you to feel more comfortable and optimistic about the future.

That's why we created the Family-to-Family Program. To help you:

- Connect with another parent who's facing similar challenges
- Feel more confident and empowered about caring for your child
- Learn some practical, everyday tips from sharing your experiences with another parent
- Improve your awareness of other support services that can help you and your family



### How Will I Be Matched with Another Parent?

When possible, we match families by:

- child's diagnosis
- specific concerns or questions the family hopes to address
- child's age
- family structure

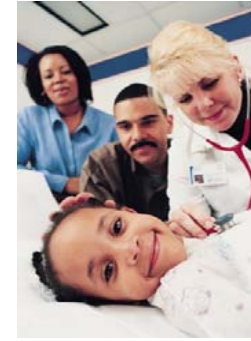
While we try our best, it's not always possible to match based on all these criteria. But we will match you as closely as possible with another parent facing similar challenges.

### How Will I Contact My Support Parent?

- Once you sign up for the Family-to-Family Program, you will be matched with a parent.
- The support parent will then contact you by phone to set up a time to talk.
- All contact with a support parent is by phone or email.



**We make every attempt to match you as closely as possible**



**Support Parents will not offer medical advice**

### Will the Trained Support Parent Provide Me with Medical Advice?

No. The support parents are not medical professionals, so they will not be able provide you with any medical advice about your child's condition.

They will, however, be able to:

- Share their story
- Offer tips and suggestions for the day-to-day challenges you face
- Provide information about community and hospital resources
- Offer emotional and problem-solving support