Cincinnati Children's
Hospital Medical Center

RETURNING TO SCHOOL WITH DIABETES
2011-2012 PARENT GUIDE

It can be stressful returning to school regardless of whether you have been living with diabetes for years or were just diagnosed yesterday. Here are suggestions in preparing for your return.

1. Each year before returning to school or upon diagnosis, call as soon as possible to schedule a meeting with the school personnel. It will be helpful if you can include any or all of the following applicable personnel:
    - School Nurse (If you do not have a school nurse ask the school who will be helping with your child's diabetes and include them in the meeting i.e. secretary)
    - Nurse's Aide/Administrative Support Staff
    - Teacher
    - Principal
    - Food Service Manager
    - Bus Driver
    - Counselor
    - Physical Education Teacher/Coach

2. Bring your 2011-2012 school packet including School Orders to the meeting. Contact your Diabetes Center Social Worker if you have questions about these forms at (513) 636-2444. Remember to complete "MUST BE COMPLETED BY PARENT" section on School Orders.

3. **Diabetes supplies/equipment to be kept at <u>school based on insulin therapy</u>:**

□ **Basal/Bolus Insulin Therapy/ Insulin Pump Therapy Supplies**	□ **Split/Mixed Insulin Therapy Supplies**
□ Blood Glucose Meter	□ Blood Glucose Meter
□ Test Strips	□ Test Strips
□ Lancet Device	□ Lancet Device
□ Lancets	□ Lancets
□ Ketone Test Strips	□ Ketone Test Strips
□ Glucagon Emergency Kit	□ Glucagon Emergency Kit
□ Insulin Pen	□ Insulin (based on individual needs)
□ Pen Needles	□ Syringes
□ Syringes	□ Supply of snacks/items to treat low blood glucose
□ Insulin	
□ Extra Pump Supplies (insulin pump users)	
□ Supply of snacks/items to treat low blood glucose	

Questions you may want to ask:

Who will help my child with blood glucose monitoring? _____ or _____(backup)

Who will assist and/or give my child insulin at school if needed? _____

Who will call me when my child's diabetes supplies need replaced? _____

Who will remind my child to eat his/her snack (if applicable)? _____

- Arrange with school personnel location of supplies and designated areas for testing of blood glucose.
- Arrange a plan for school personnel to report blood glucose results to parents.
- Designate an area to store items used to treat low blood glucose.

Recurrent absences or requests to be excused from class due to diabetes should be carefully evaluated.