Adolescent Bariatric Surgery:
from Assessment to Long-Term Management

Course Directors: Thomas Inge, MD, PhD and Stavra Xanthakos, MD

March 2&3, 2012
Cincinnati Children's Hospital Medical Center

Presented by the Surgical Weight Loss Program for Teens at Cincinnati Children's Hospital Medical Center

Cincinnati Children's
change the outcome®

Adolescent Bariatric Surgery:
from Assessment to Long-Term Management

Course Description

This course is designed for pediatric surgeons, pediatricians, psychologists, dieticians and other allied health workers. It will focus broadly on the preoperative multidisciplinary assessment, preoperative weight management, operative procedures appropriate for teenagers (including laparoscopic gastric bypass, banding, and sleeve gastrectomy), and postoperative management of the issues unique to youth.

The objectives of this program are:

- Familiarize learners with the health and psychosocial problems related to Pediatric Extreme Obesity and the indications/contraindications for bariatric surgery
- Review key points of the preoperative assessment including information gathered by pediatrician, psychologist, surgeon, dietician, and diagnostic testing (laboratory, radiologic, and other testing) involved in the screening and work-up of adolescents referred for bariatric surgery
- Review optimal dietary and physical activity goals for preoperative weight management
- Review goals and tactics for optimal patient and family education in the week prior to operation, including post-testing of the patient
- Familiarize clinicians with risks, benefits, and expected outcomes of the various procedures for weight loss to facilitate counseling of families
- Review postoperative clinical management pathways for optimal monitoring of weight loss, medical status, dietary intake, and energy expenditure
- Review key elements of data collection for tracking patient weight and comorbidity outcome and program results
- Provide live interaction with patients from the Surgical Weight Loss Program for Teens for question and answer from the patient perspective

Accommodations

A limited number of guest rooms have been reserved at the Kingsgate Marriott Conference Hotel (51 Goodman Drive, Cincinnati, OH 45219) at a rate of $129 (plus applicable tax) per night. Reservations must be made by February 9, 2012 to receive this rate. Reservations may be made by contacting the Kingsgate Marriott at 1-800-720-1299 and mentioning the Cincinnati Children's Hospital room block. Or visit www.kingsgatemarriott.com and enter the code "CHICHIA" in the Group Code Box. There is limited shuttle service between the Kingsgate Marriott and Cincinnati Children's.

Accreditation

Physicians: Cincinnati Children's Hospital Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Cincinnati Children's Hospital Medical Center designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Social Workers: Cincinnati Children's Hospital Medical Center Social Services is an approved provider of social work continuing education by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board (RSX069302). This training is approved for 6.75 (3.5 Friday; 3.25 Saturday) clock hours of social work continuing education. Social Work Program Area: Special Populations

Dieticians: The following program has been submitted to the Commission on Dietetic Registration for 13.0 CPEUs

Faculty

Faculty Surgical Weight Loss Program for Teens Cincinnati Children's Hospital Medical Center

Thomas Inge, MD, PhD
Surgical Director,
Surgical Weight Loss Program for Teens
Professor of Surgery and Pediatrics
University of Cincinnati College of Medicine

Stavra Xanthakos, MD
Medical Director,
Surgical Weight Loss Program for Teens
Assistant Professor of Pediatrics
University of Cincinnati College of Medicine

Sean Barnett, MD, MS
Assistant Professor of Surgery
University of Cincinnati College of Medicine

Victor Garcia, MD
Professor of Surgery and Pediatrics
University of Cincinnati College of Medicine

Michael Helmrath, MD
Professor of Surgery
University of Cincinnati College of Medicine

Jennifer Hillman, MD
Assistant Professor of Clinical Pediatrics
University of Cincinnati College of Medicine

Holly Ippisch, MD, MS
Assistant Professor of Pediatrics
The Heart Institute, Cincinnati Children's

Megan Ratcliff, PhD, MPH
Assistant Professor of Pediatrics
Division of Behavioral Medicine
& Clinical Psychology
University of Cincinnati College of Medicine

Meg Zeller, PhD
Associate Professor of Pediatrics,
Division of Behavioral Medicine
& Clinical Psychology
University of Cincinnati College of Medicine

Staff Surgical Weight Loss Program for Teens Cincinnati Children's Hospital Medical Center

Scott Byington, Business Director
Sharon Engelhard, Administrative Assistant
Kathleen Hrovat, MS, RD, LD
Linda Kollar, RN, CNP
Cassandra McDaniel, Program Coordinator
Payal Sawhney, MSW, LISW-S

Agenda

	Friday, March 2, 2012
7:30 – 8 am	Registration and Breakfast
8 – 8:10 am	Welcome
8:10 – 9:30 am	Treatment Approaches for Pediatric Obesity
9:30 – 9:40 am	Break
9:40 – 10:40 am	Psychosocial Issues Preoperative Assessment/Preparation and Postoperative Challenges
10:40 – 11:40 am	Support Group Presentation
11:40 – 12 pm	Lunch
12 – 12:50 pm	Strategic Business Planning and Financial Management
12:50 – 1 pm	Break
1 – 2:30 pm	Medical/Subspecialty Assessments: Preoperative Medical Assessment Bariatric Gynecology Cardiovascular Considerations Endocrinology
2:30 – 3 pm	Preoperative Weight Management Phase
3 – 4 pm	Surgical Procedures for Adolescents
4 pm	Wrap-up discussion
4:20 pm	Adjourn
6 pm	Dinner at the Metropolitan Club

	Saturday, March 3, 2012
7:15 – 7:30 am	Breakfast
7:30 – 8:30 am	Insurance Authorization: Confronting Denials Approved for Surgery….Now What?
8:30 – 9 am	Difficult Cases & Controversies
9 – 10 am	Postoperative Dietary Management Postoperative Physical Activity Management and Measurement
10 – 10:15 am	Break
10:15 – 11 am	Postoperative Medical Monitoring and Management
11 – 11:30 pm	Hot Topic- Nutritional Aspects of Sleeve Gastrectomy
11:30 – 12 pm	Lunch & Networking
12 – 12:45 pm	Adolescent-Friendly Surgical Weight Loss Services
12:45 – 1 pm	Break
1 – 1:30 pm	Essential Data Collection for Program Quality Assurance
1:30 – 2 pm	Postoperative Patient Interviews
2 – 2:30 pm	Wrap-up and Final Question and Answer Session

All attendees are invited to attend the conference dinner on Friday evening. The dinner is complimentary and transportation will be provided. *Please indicate your attendance during online registration.*

Location:

Cincinnati Children's Hospital Medical Center
3333 Burnet Avenue, Cincinnati, OH 45229
Albert Sabin Education Center, Location D-1

Registration Form

Adolescent Bariatric Surgery:
from Assessment to Long-Term Management

March 2&3, 2012

Online registration for this conference is required.
Please visit www.cincinnatichildrens.org/cme and click on the link to register in the CME Central box in the upper right corner of the page.

Please note: Credit card payments will be processed online during registration.

To pay by check, please register online as described above, complete the following form and remit your form and payment to the address below.

	On or before February 20	After February 20
Physicians	❑ $375	❑ $425
Other clinicians/students	❑ $275	❑ $325

Tuition includes all course materials, breakfast, luncheons, breaks and Friday's dinner.

Name: _____

Work Phone: _____

Email: _____

Please make check payable to CCHMC CME.

Please mail registration form and check to:

Cincinnati Children's
Hospital Medical Center
Continuing Medical Education,
MLC 3003
3333 Burnet Avenue,
Cincinnati, Ohio 45229

Cancellation Policy

Early registration is recommended. Cancellations received on or before February 17, 2012 are fully refundable. After February 17, 2012, a $50 processing fee will be charged.

Should Cincinnati Children's Hospital Medical Center find it necessary to cancel this conference, registration fees will be reimbursed in full. However, Cincinnati Children's is not responsible for any other cost incurred by the participant.

Cincinnati Children's

Cincinnati Children's Hospital Medical Center
MLC 3003
3333 Burnet Avenue
Cincinnati, OH 45229-3039

Nonprofit Org.
US Postage
PAID
Cincinnati, Ohio
Permit No. 4167

Visit us online for the latest conference updates!