

## Registration

Primary Care Providers Conference (August 9, 2012)	\$70
OT/PT Conference (August 11, 2012)	\$40
Both Conferences	\$90

### **Online registration for these conferences is required.**

To register online, please visit [www.cincinnatichildrens.org/cme](http://www.cincinnatichildrens.org/cme) and click the link to register in the CME Central box in the upper right corner.

To pay by check, please register online as instructed above, and remit your payment to:

Cincinnati Children's CME Office  
3333 Burnet Avenue, MLC 3003  
Cincinnati, OH 45229

Please make checks payable to CCHMC CME and indicate the name of the conference and the name of the registrant on the check.

## Accreditation

**Physicians:** Cincinnati Children's Hospital Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. This activity has been approved for *AMA PRA Category 1 Credit™*.

**OT:** Application has been made for approval of this course for continuing education by the Occupational Therapy Section of the Ohio OT/PT/AT Board.

**PT:** Application for approval of the course for continuing education hours has been made to the Ohio Physical Therapy Association. Approval is pending.

## Questions?

Contact Cincinnati Children's Continuing Medical Education Office at [cme@cchmc.org](mailto:cme@cchmc.org) or 513-636-6732.

## Ehlers-Danlos Syndrome Professional Conferences



**Primary Care Providers Conference**  
August 9, 2012

**Occupational & Physical Therapists Conference**  
August 11, 2012

Cincinnati Children's Hospital  
Cincinnati, OH

## What is Ehlers-Danlos Syndrome?

Ehlers-Danlos syndrome (EDS), also known as Joint Hypermobility syndrome, is a heritable connective tissue disorder primarily affecting collagen, whose main features are often described as joint hypermobility and soft or unusually stretchy skin. This disorder affects approximately 1-3% of the general population with a large female predominance. As collagen is ubiquitous throughout the body, many tissues and organ systems are affected outside the joints and skin. These patients often present with a variety of complaints from joint and muscle pain, widespread pain, chronic fatigue, panic disorder, orthostatic intolerance, functional GI disorders, TMJ dysfunction, headaches and more which may vary tremendously with presentation in pediatrics or adulthood.

## Course Descriptions

### **Primary Care Providers Conference:**

Our one-day conference on August 9, 2012, will feature a variety of local expert healthcare professionals who will provide the primary care physician with the tools for better recognition and assessment of EDS patients, more in depth understanding of the multitude of potential issues and how they may present, as well as insights into management for this complex condition.

### **OT/PT Conference:**

This interactive day on August 11, 2012, will feature a consortium of expert speakers in the fields of pediatric connective tissue evaluation and rehabilitation. Focus will be placed on pathology, assessment and treatment for this patient population. Evidence-based information on EDS and joint hypermobility will be presented to provide PTs and OTs with a comprehensive approach to evaluation and treatment.

## Locations

The Primary Care Providers Conference will be held at Cincinnati Children's Research Auditorium.

The OT/PT Conference will be held at Cincinnati Children's Medical Office Building (3430 Burnet Ave.).

Directions will be provided upon registration.

## Primary Care Providers Agenda

August 9, 2012

7:30 am	Registration & Breakfast
8:00 am	<b>EDS and Joint Hypermobility Syndrome Overview</b> Brad Tinkle, MD, PhD
8:30 am	<b>EDS in Pediatric Practice</b> Joel Singerman, MD
9:15 am	<b>Postural Orthostatic Tachycardia Syndrome</b> Jeffrey Anderson, MD
10:00 am	Break
10:15 am	<b>Temporomandibular Joint Dysfunction</b> John Mitakides, DDS
11:00 am	<b>Gastrointestinal Issues</b> Jose Garza, MD
11:45 am	Lunch
1:00 pm	<b>Physical Activities and Sports</b> Michael Shaffer, DO
1:45 pm	<b>Multiple Joint Pains &amp; Fibromyalgia</b> Janalee Taylor, MSN, RN, CNS, CPNP
2:30 pm	<b>Headaches</b> , Vincent Martin, MD
3:15 pm	Break
3:30 pm	<b>Physical Therapy</b> Paula Melson, PT, MMS Stephanie Powell, PT, MPT Opal Riddle, PT, DPT
4:15 pm	<b>Pain Management</b> Kenneth Goldschneider, MD
5:00 pm	Adjourn

## Primary Care Providers Conference Faculty

**Jeffrey Anderson, MD**, CCHMC Heart Institute

**Jose Garza, MD**, CCHMC Gastroenterology

**Kenneth Goldschneider, MD**,

CCHMC Pain Management

**Vincent Martin, MD**, UC Div. of Internal Medicine

**Paula Melson, PT, MMS**, CCHMC Rheumatology

**John Mitakides, DDS**

**Stephanie Powell, PT, MPT**, CCHMC OT/PT

**Opal Riddle, PT, DPT**

**Michael Shaffer, DO**, CCHMC Sports Medicine

**Joel Singerman, MD**, Community Pediatrics

**Janalee Taylor, MSN, RN, CNS, CPNP**

CCHMC Rheumatology

**Brad Tinkle, MD, PhD**, CCHMC Human Genetics

## OT/PT Agenda

August 11, 2012

8:00 am	Welcome
8:15 am	<b>Overview of Joint Hypermobility &amp; EDS</b>
9:00 am	<b>Literature Review: Summary of Existing Evidence</b>
9:30 am	Break
9:45 am	<b>PT Evaluation/Examination</b>
10:45 am	<b>PT Treatment</b>
11:30 am	<b>Orthotics</b>
12:00 pm	Lunch
1:00 pm	<b>TMJ</b>
1:30 pm	<b>Models of Therapy</b>
1:45 pm	<b>OT Evaluation/Examination</b>
2:15 pm	<b>OT Treatment</b>
2:30 pm	<b>Sensory Processing: Common Issues in Hypermobile Patients</b>
2:45 pm	<b>Splinting</b>
3:00 pm	Break
3:15 pm	<b>Case Examples</b>
4:00 pm	Breakout Sessions
5:00 pm	Adjourn

## OT/PT Conference Faculty

**Paula Melson, PT, MMS**,

CCHMC Rheumatology

**Stephanie Powell, PT, MPT**

CCHMC OT/PT

**Opal Riddle, PT, DPT**

Comprehensive PT Center

**Carissa Shotwell, MEd, OTR/L**

CCHMC OT/PT

**Amy Wenz, OTD, OTRL**

CCHMC OT/PT

## EDNF 2012 Learning Conference

These events are being held in conjunction with the Ehlers-Danlos National Foundation's 2012 Learning Conference, *Living with EDS* (Aug. 9-11 at the Northern Kentucky Convention Center).

**Separate registration for the EDNF Conference is required. Visit [ednf.org](http://ednf.org) for information.**