Cincinnati Children's
Sports Medicine

Wexner Medical Center
Sports Medicine

Cincinnati Children's Hospital Medical Center & OSU Sports Medicine present the:

10th Annual ACL Workshop

"A State of the Art Prevention & Rehabilitation Program"

DATE: Saturday | November 10th | 2012
TIME: 8:00am-6:00pm
WHERE: Cincinnati Children's Hospital, Medical Education Resource Center

Register Here: www.regonline.com/aclworkshop

*Please register soon. Limited seating available.
More information coming soon to our website: ACL Workshop 2012

COURSE DESCRIPTION

The ACL workshop is a day dedicated to the prevention, training, and rehabilitation of athletes who are at risk for ACL injuries. The world renowned team at the Human Performance Laboratory in the Sports Medicine Biodynamics Center will detail the latest prevention programs for female athletes. We will utilize state-of-the-art 3D motion analysis to teach athlete screening techniques. We will also teach neuromuscular training methods that focus on proper core and knee control and landing techniques.

TARGET AUDIENCE

The target audience for the seminar includes, but is not limited to: physical therapists and physical therapist assistants, athletic trainers, strength and conditioning specialists and physicians. Coaches working specifically with female athletes will also benefit from attending. We have been approved for 8 CEUs through the NATA, OPTA and NSCA.

COURSE SPEAKERS

Tim Hewett, PhD, FACSM
Director of Research, OSU Sports Medicine
Greg Myer, PhD, FACSM, CSCS,*D
Director of Research, Division of Sports Medicine, Cincinnati Children's Hospital
Christopher Kaeding, MD
Co-Director OSU Sports Medicine
Head Team Physician, OSU Department of Athletics
Teri McCambridge, MD
Director, Division of Sports Medicine, Cincinnati Children's Hospital
Christian Lattermann, MD
Orthopaedic Surgeon, Associate Professor, The University of Kentucky
Eric Wall, MD
Professor, Pediatric Orthopaedic Surgery, Cincinnati Children's Hospital
Mark Paterno, PT, PhD, MBA, SCS, ATC
Coordinator, Sports Medicine Occupational Therapy and Physical Therapy, Cincinnati Children's Hospital
Kevin Ford, PhD
Director of The Human Performance Laboratory, High Point University
Laura Schmitt, PhD, PT
Assistant Professor, OSU School of Allied Medical Professions, Physical Therapy Division, OSU
Carmen Quatman, MD, PhD
Clinical Instructor, Department of Orthopaedics, OSU; Research Fellow, Cincinnati Children's Hospital

If you have any additional questions, please email Jen Hauer at Jennifer.Hauer@cchmc.org