



Cincinnati Children's
Hospital Medical Center

Division of Adolescent Medicine

postponing sexual involvement

annual REPORT



June 2002

Mark Your Calendar for Unreleased!

The 1st annual youth talent showcase and fundraiser for PSI will be held at the Abigail Cutter Theater, School for Creative and Performing Arts on the evenings of January 10 and 11, 2003.

Unreleased will feature performances by 24 of Cincinnati's most talented young acts. Acts will include dance bands, instrumentalists, step teams, vocalists, poetry readings, ensembles and other drama presentations.

Carmen Hillman from Projector Productions and Mary Andres Russell from The Greater Good are producing the event. Cincinnati Public School teens in grades 7-12 will audition at various locations in Fall 2002. For more information, please call [513-872-8948](tel:513-872-8948).



2001-02 Evaluations

For the second year in a row, PSI students significantly strengthened their assertive responses in the face of simulated sexual pressure. Over 50 percent of students who had low

assertiveness scores prior to the program significantly strengthened their assertiveness after participating in PSI. Many thanks to Jill Huppert, MD, MPH, Division of Adolescent Medicine at Cincinnati Children's, for doing the statistical analysis.

"The teen leaders were vivacious, interesting, informed and wonderful role models."

In randomly sampled parent surveys, 84 percent of guardians of PSI students were supportive of the program and 15 percent were neutral. Less than 1 percent of parents opted their child to not participate.

Student comments

"The thing that I liked most about PSI is that it teaches us how to handle the situation of being pressured into having sex."

"I liked that we got to express our feelings and thoughts about sex out loud."

"What I liked most about PSI is learning how to say no in situations. I also liked how teen leaders Sonya, Jessica and Aaliyah explained things."

Teacher surveys showed that 88 percent of the respondents felt the teen leaders were well-prepared, articulate and effective. Eighty-seven percent also recommended that their school continue with PSI in 2002-03. Nearly 50 percent (24 of 51) of PSI host teachers responded to the anonymous survey.

Sixth grade Mt. Airy teacher, Jimmie Duncan, wrote, "I will certainly recommend PSI next year for it's enormous positive influence... The examples, options, choices and role playing will have long lasting impressions on these children. The teen leaders were vivacious, interesting, informed and wonderful role models.

My students can go into summer prepared with options. They put our students at ease and communicated with them. They kept a fast pace with high interest maintained. Ms. White, 4th year Adult Leader, was an exemplary leader with teens."

In Cincinnati, births to young teens 16 and under reached a 13-year low in 2001. PSI tallies birth records at local hospitals. These numbers show a 30 percent decline in births following the full PSI program implementation in 1993.



PAYOFFsm Returns

PAYOFFsm (Positive Alternatives for Youth, Opportunities For the Future) Three communities have continued their PSI teen leadership programs. Milford, Ohio is in its 8th year, Adams County, Ohio in its 2nd year, and

Williston, North Dakota in its 4th year. These schools once again brought Cincinnati PSI Teen Leaders and Adult Trainer Tony Davis to their schools to train their teen and adult leaders. They implement PSI to hundreds of young teens annually in their communities.



Teen Leader Internships

Three PSI teen leaders from the Class of 2002 made internships out of their classroom teaching experiences: Arnetta Longmire, Hughes Center Teaching Professions; DaShonda Isham, Hughes Center Health Professions; and King Mark Robbins, School for Creative and Performing Arts; each taught over 50 PSI lessons reaching over 250 students. Each student received either school credit or compensation for their extraordinary efforts.

Teen Parenthood Presentation

Janine Smith, PSI Adult Leader, developed a dynamic, interactive PowerPoint presentation on the realities of teen parenthood. Ms. Smith is a former PSI Teen Leader from Woodward and Withrow High Schools. She joined the PSI staff during her senior year as a student at the University of Cincinnati. The presentation was well received at Shroder High School and will become a regular part of the PSI package in 2002-03.

12th Annual Teen Leader Banquet

On May 16, 2002, 165 PSI supporters attended the annual banquet at Cincinnati Children's to honor 43 PSI Teen Leaders. Highlights of the evening

included:

- Virtual Scrapbook edited by Angie Allendorf
- Awarding Mike Mason, health teacher at Dater Jr. High, for 12 consecutive years of hosting PSI
- Teen Leader, King Mark Robbins, performing his original PSI Rap

Positive Publicity

PSI received local and national publicity in several stories this year:

- Profile of King Mark Robbins (SCPA, '02)
- Seminar with Shroder High School students on police-youth relations
- Straight Talk Live on the WIZ radio with Kamilah Hallums (Western Hills, '02) and Lance Willoughby (SCPA, '02)
- National Teen Pregnancy Prevention Day on May 8, 2002
- Weekly Reader featured five teen leaders in a September 2001 story on abstinence.

Helpful web sites

- www.cincinnatichildrens.org/psi for teen leader applications, PowerPoint presentations and more.
- www.teenpregnancy.org National Campaign to Prevent Teen Pregnancy, 10 tips for parents, teen surveys, and much more.

24 Schools Invest in PSI

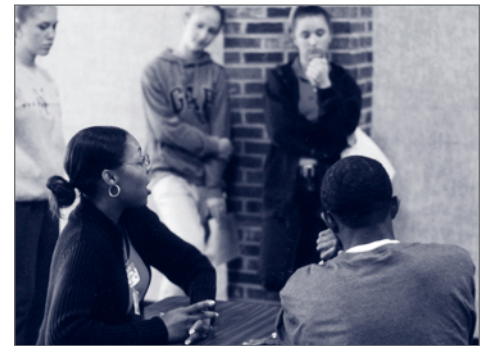
How valuable is PSI to Cincinnati Public Schools? We can see the value by the action of 24 schools. After 11 years of receiving this educational service free of charge, 24 schools are now investing \$20 per pupil from their building budgets to bring PSI to 2,000 students in 2001-02. These schools include:

- | | |
|----------------|---------------------|
| Bramble | Carson Neighborhood |
| Cheviot | Crest Hills |
| Dater Jr. High | Eastern Hills |
| Eastwood | Jacobs Center |
| Kirby Road | Linwood |
| McKinley | Midway |
| Mt. Airy | Mt. Washington |

- | | |
|----------------|-----------------|
| Parham | Roberts |
| Rockdale | Roselawn Condon |
| Sands | Shroder |
| South Avondale | Walnut Hills |
| Whittier | Winton Place |

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