



**Cincinnati
Children's**
Hospital Medical Center

Division of Adolescent Medicine

Postponing Sexual Involvement

AnnualREPORT



June 2003

City's Teen Births Hit 14-year Low

Births to teen girls ages 16 and under in Cincinnati dropped to 227 in 2002, compared to 391 in 1993. The 42% drop in births represents the lowest number since Cincinnati PSI teen leaders first started teaching. PSI conducted the annual survey of hospital birth records. While the PSI program cannot claim credit for this dramatic trend, it would be reasonable to infer that PSI is one of the many contributing factors. On average, PSI has reached 3,000 young teens in Cincinnati each year since 1992. PSI reached 2,800 in the 2002-03 school year.



Unreleased – Young Artists LIVE

“Some 150 teens and some caring adults are turning up the volume on a sexual-abstinence message,” writes The Cincinnati Enquirer’s Denise Amos about PSI’s first annual benefit concert. Divine Mill/ARISTA Recording Artists Tha Rayne (“Fabulous,” “Not Me, Not Now”) congratulated the winners of PSI’s city-wide teen talent concert “Unreleased” January 10 & 11, 2003. Cincinnati City Council proclaimed the dates “Postponing Sexual Involvement

Day” and “Salo Day” in honor of the 8th grade Clifton Elementary School performer, Solomon Sisk, who won the \$600 grand-prize, trophy and recording package from Sonic Arts Recording. Runner-up performers included The Bucket Boyz, Unannounced, Ron Avant, and Passion featuring Hoodi. Projector Productions directs the second annual PSI benefit “Unreleased–Young Artists LIVE in Concert,” January 10, 2004, at Princeton High School. Auditions are open to tri-state teens.



Profiles in Courage

This year, PSI Public Ally Brianne Williams created a photo/essay booklet that profiles eight of PSI’s 66 Teen Leaders from 2002-03. Alicia Brooks was a PSI Teen Leader for three years. She graduated from Hughes in May 2003. “Through all the hardships that she was dealt, ‘sometimes school was the best place for me,’” writes Williams about the courageous teen leader. “One day Alicia wants to become a teacher with a goal of making a positive difference in the children’s lives.”

PSI Public Ally Stephanie Shropshire fulfilled her dream of establishing a Teen Parent Panel. The panelists were two courageous seniors who graduated from Aiken and St. Bernard in May, 2003. They spoke about the realities of teen parenthood from

personal experience to 420 PSI students. Through the course of 25 presentations at 8 schools in 2003, the teen panelists had a measurable impact on their audience. 71% of the student participants learned at least three new consequences of teen parenthood that they did not know before the presentations. “I thought it was never going to happen to me,” says panelist Jenny Berry in a newspaper article. “I know I can’t stop people from having sex, but I hope I can influence some of them not to.”

What does it Cost to Raise a Cincinnati Child?

\$11,808 per year, according to Ms. Shropshire’s detailed PSI worksheet on the cost of raising a child until they are 18 years old. This includes piano lessons and basketball camp, unless you just want the bare minimum for your child. The worksheet is available at the PSI office.

Abstinence Grants Expand PSI

In October, 2002, Cincinnati PSI partnered with Healthy Visions, Inc., based in Montgomery, Ohio, on an Abstinence Education Grant from the Ohio Department of Health. The grant enabled PSI to hire a full-time Adult Leader, and reach 700 more Cincinnati Public School students compared to the previous year. The grant also supported the establishment and continuation of more PSI teen leadership programs in New Miami Schools outside Hamilton, Ohio, Milford Schools, and Bright Local and Fairfield Local Schools in Highland County, Ohio. PSI seeks additional school districts to add in future grant proposals.



National Campaign

PSI Teen Leader Ra'Shawn Brown, Hughes '04, was elected to the national teen advisory board of the National Campaign to Prevent Teen Pregnancy. Ra'Shawn joins 24 teens from all over the country for a two-year term advising the National Campaign on strategies for reaching teens through the media. He traveled to Washington, DC in March and June, 2003 for conferences. Their first project was National Teen Pregnancy Prevention Day, May 7, 2003, and promotion of a quiz about handling sexual pressure. 120,000 teens took the online quiz the first week it was released at www.teenpregnancy.org.

School Partners, 2002-03

32 Cincinnati Public Schools invested \$20 per pupil for 2,860 students in 2002-03

Bramble	Pleasant Ridge
Cheviot	Project Succeed,
Clifton	Woodward
Dater Jr. High	Roberts
Eastwood	Rockdale
Fairview	Roselawn
Hyde Park	Rothenberg
Jacobs Jr. High	Saylor Park
Kirby Road	Shroder
Linwood	South Avondale
Losantville	Walnut Hills
McKinley	Western Hills
Midway	Design
Millvale	Whittier
Mt. Airy	Winton Hills
Mt. Washington	Academy
Parham	Winton Montessori
School for Creative and Performing Arts	

Student Evaluations

2,401 students completed evaluations at the end of their fifth PSI session. Results are tabulated independently. The following student comments on what made the biggest impression illustrate the impact of PSI teen leaders on young teens. "My PSI teachers [Kendra Davis, Hughes '05 and Rachel Burnam, Hughes '03] made the biggest impressions on me because they always had positive attitudes and made everyone feel good about themselves. Also, they have changed my mind about sex." "The part of the presentation that made the biggest impression on me is the part when Jennifer [PSI teen leader Jennifer Hagood, Hughes '06] said that the baby's father might leave you because I want my child to have a father." (Hyde Park Elementary School 6th grader) "Role playing and homework." (Walnut Hills Jr. High 7th grader) "Understanding that drugs and alcohol make it difficult even more to say no to sex." (Shroder 7th grader) "How to say no had the biggest effect because even though someone hasn't wanted to yet, doesn't mean someone won't in the future." (Milford Jr. High 7th grader)

Additional evaluations of 1,815 students show that 55% of students with weak assertiveness skills improved their assertiveness after PSI. Also, after PSI, 64% of 2,200 participants wrote an assertive reply to a pressure line.

Teacher Evaluation

Over 75 Cincinnati teachers hosted 704 PSI sessions in 2002-03. Twenty-seven responded to a survey in which 93% felt their students benefited from the Teen Leader presentations. Some comments from the teachers: "Students look forward to the presentations, are engaged in the activities and discussions." "The presenters were very articulate, personable and matter-of-fact." Many teachers wished there were more male teen leaders.

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