

PSI SCHOOL PARTNERS, 2006-07

25 Cincinnati Public Schools and 4 other community learning centers hosted PSI for 1,821 students in 2006-07:

| | |
|------------------------------------|--------------------------------|
| AMIS | Academy of World Languages |
| Bond Hill Academy | Central Fairmount |
| Dater Jr. High School | Dater Montessori |
| East End Community School | Fairview |
| Harmony Community School | Hays/Porter/Washburn |
| Heberle | Hoffman |
| Hughes Center | Mt. Washington |
| Oyler | Roberts |
| Rockdale | Rothenberg |
| Saylor Park | Seven Hills Middle School |
| Shroder Paidiea High School | St. Bernard/Elmwood Place |
| South Avondale | Community Learning Center |
| Walnut Hills | Taft Elementary |
| Whittier/Rees E. Price | Washington Park |
| Youth Motivational Learning Center | Woodward Technical, MH Program |

ADULT HONOREES

At the 17th Annual Teen Leader Banquet on May 10, 2007, PSI honored four of 120 host educators who gave extra special attention to PSI. On the occasion of his retirement after 15 years as Principal of **Walnut Hills High School**, PSI recognized **Marvin Koenig's** leadership in negotiating constructive, long-lasting resolutions to all administrative issues related to PSI, as well as his school's significant financial investment in PSI. **Eric Wirtz** was honored as an enthusiastic and caring health teacher at **Shroder High School**, who made teen parenthood prevention a top priority. **Dawne Gardner**, Coordinator of a 21st Century Community Learning Center Project established a dynamic teen leadership PSI program in the **St. Bernard and Elmwood Place School District**. Fifteen years ago, in response to a public demand for PSI to begin earlier than middle school, **Kathy Raftery** was the first Cincinnati Public School teacher to host PSI in the 6th grade. Now a teacher at **Fairview Bilingual School**, she completed her 10th year hosting PSI, responding to parents' concerns, and creating an active learning environment for pre-teens. Over 150 supporters attended the banquet awards ceremony.

Dawne Gardner, 21st Century Learning Center Coordinator for St. Bernard/Elmwood Place Schools receives award from PSI teen leader and banquet emcee Crystalyn Thomas-Davis, (Walnut Hills '07) for establishing new PSI program



PSI STAFF and CONSULTANTS, 2006-07

Christopher Kraus, JD, MTS, Director
 Allison White, Coordinator/Adult Leader
 Anthony Davis, MEd, MCP, Outreach Coordinator/Adult Leader
 Angie Allendorf, Administrative Assistant/Associate Adult Leader
 Shaina Jenkins, Hughes '07, Teaching Intern
 Tiana Steagall, Hughes '07, Teaching Intern
 Ashisha Wallace, Hughes '07, Teaching Intern
 Brittany Thomas, Dater High School '07,
 National Campaign Board Member
 Jill Huppert, MD, MPH, Research Consultant
 38 Classroom Teachers from Cincinnati Public Schools (CPS)
 Eric Seibert and Claire Elson, Milford Exempted School District
 92 PSI Leaders from 14 CPS High Schools

PSI AMBASSADORS, 2006-07

Select Teen Leaders represented PSI to other teens and adults outside the Cincinnati Public School system. Host organizations and PSI ambassadors were Harmony Community School – **Brittany Elder (Hughes, '08)** and **Courtney Drahman (Walnut Hills, '07)**; St. Bernard/Elmwood Place 21st Century Community Learning Center – **Courtney Drahman**; Youth Motivational Learning Center – **Josh Pryor (Walnut Hills, '07)**, **Lisa Evans (Walnut Hills, '08)** and **Fredresha Blair (Hughes Communications, '07)**; Seven Hills Middle School – **Nina Griffin** and **DaNita Ross (Withrow University '07)** and **Cheyenne Harden** and **Crystalyn Thomas-Davis (Walnut Hills '07)**; Rudi Johnson Foundation Bengal's game – **Joshua Pryor** and **Mae'lesha Lee (R.A. Taft, '07)**; Memorial Baptist Church – **Mae'lesha Lee**; Overflow Ministries – **Breanna Johnson (Withrow University '08)**; City of Cincinnati Budget Hearings – **Jazmine Jackson (Hughes '07)**, **Erin Jackson (Walnut Hills '07)** and **Lisa Evans**; My Sista, My Friend – **Markieta Woods (Hughes '07)**; Williston, North Dakota – **Taylor McCleod (Withrow University '09)** and **Valadia Lee (Hughes, '08)**. In addition, **Corey Burdine (Hughes '10)** and **Rayonna Thames (Hughes '09)** attended Just Community Youth Leadership Institute (513-381-4660) on a scholarship from PSI.



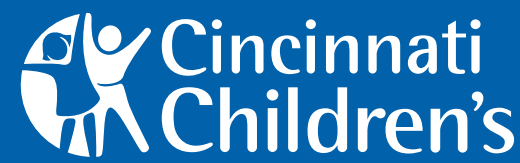
PSI teen leaders Tarica Calhoun (Hughes '08) and Rayonna Thames (Hughes '09) receive their leadership legacy from Cheyenne Harden (center, Walnut Hills '07) at PSI banquet in May 2007

PSI/COMMUNITY HEALTH EDUCATION ADVISORY COMMITTEE

| | |
|-----------------------|---------------------|
| Shelia Becker, Chair | Nicole Black |
| Paula Braverman, MD | Adekunle Dawodu, MD |
| Venita Dell | Thomas Gougeon |
| Ameenah Hall | Neri Lauwerier |
| Shannon Myatt | Joseph Rauh, MD |
| Judge Robert Ruehlman | Pamela Smitherman |
| Kevin Stinson | Reginald Tsang, MD |

CASH CONTRIBUTORS, 2006-07

Cincinnati Public Schools, Safe & Drug-Free Schools
 Community Action and Development Program, Williston, ND
 Individual donors
 Kohl's Cares for Kids
 Project SMART – Harmony Community School's 21st Century Community Learning Center
 ReZoom.com/ABETTERWORLD
 Rudi Johnson Foundation
 Seven Hills Middle School, Safe & Drug Free Schools
 St. Bernard/Elmwood Place Schools' 21st Century Community Learning Center
 United Way & Community Chest of Greater Cincinnati
 United Way of Tristate, NY
 University of Cincinnati, GEAR UP Program
 Youth Motivational Learning Center, Forest Park, OH
 Walnut Hills High School, Cincinnati, OH



Division of Adolescent Medicine

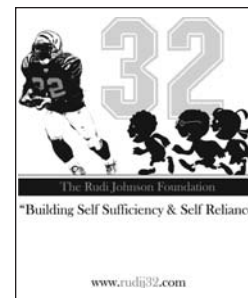
Postponing Sexual Involvement Annual REPORT

August 2007

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RUDI JOHNSON FOUNDATION WALKS WITH PSI

Number 32 on The Cincinnati Bengals has PSI's back, literally. The first annual Cincinnati Children's Hospital Walk for Kids was held in November, 2006 at Coney Island. The Rudi Johnson Foundation (RJF), headed by the Pro-Bowl running back and his mother Janice C. Johnson, purchased 230 t-shirts for the PSI team, with #32 on the back. Those who watch Rudi play know him as tough, reliable, consistent and a leader by example. PSI teen leaders emulate the same qualities. Aided by the Cincinnati chapter of The Ohio State Young Scholars program, 75 walkers from team PSI raised over \$3,400 in 2006. RJF is part of the 2007 team for the **October 13, 2007 Walk for Kids**. Walkers and donors can register at www.cincinnatichildrens.org/walk to join the Teen Health Center/PSI team.



Walk for Kids teen leader participants Markeita Woods (Hughes '07), Mae'lesha Lee (Taft '07), Rayonna Thames (Hughes '09), Brittany Thomas (Dater '07), along with teen leader alumnus Ra'Shawn Brown and his Phi Beta Sigma brothers

ReZOOM.com HELPS PSI MAKE A BETTER WORLD



Chris Kraus, PSI director, Brittany Elder, PSI teen leader (Hughes '08) and Cincinnati Council member Laketa Cole accept regional award from ReZoom.com

ReZoom.com, a new digital media and entertainment company providing lifestyle information and services to nearly 77 million baby boomers awarded \$5,000 to PSI in May 2007. Over 5,000 charities were nominated and over 10,000 stories were received, including 20 from PSI supporters. "I was first introduced to PSI in Junior High when PSI Teen Leaders came to my school, wrote Teen Leader alumna **Alexis Price, Hughes '01**. "I fell in love with everything about the program. It taught me how to deal with pressures from my peers and how to be an individual." Through a combination of public voting and judging, PSI was one of 21 Regional charity winners. According to ReZoom.com President, Gary Glover, "ReZoom.com is... designed to redefine life for an ageless generation. We have met our career goals, our children are leaving home and we're now redefining the second half of our lives by transforming our success into significance."

To see a change,
be the change.

HOW TO GET INVOLVED

- Join Children's Hospital on October 13, 2007 for "Cincinnati Walks for Kids," and sign up with the Teen Health Center/PSI team at www.cincinnatichildrens.org/walk
- Attend teen leader training on topics like Preparing for a healthy financial future, and How to get along with your Parent.
- Recruit qualified male Teen Leader applicants by putting an application in their hand
- Join the Teen Health Center's Community Teen Health Education Advisory Committee
- Call the PSI Office with your ideas, 513-363-7795
- Click on www.StayTeen.org

KOHL'S CARES ON VALENTINE'S DAY

The heart-shaped design in the card read, "When they asked me what I loved most about life...I smiled and said you! Happy Valentine's Day."

Under the leadership of Manager Kelley Cox, Kohl's Department Store 627 partnered with PSI Teaching and Technology (TNT) Interns **Shaina Jenkins, Ashisha Wallace** and **Tiana Steagall, Hughes TNT '07**, in creating a new annual fundraiser at Hughes. The interns and Kohl's associates made the cards and candy packages wrapped with a mini bear, and sold them with carnations at Hughes on Valentine's Week. Snow cancelled two sales days, but the tradition is established, and PSI is now associated with the annual holiday of love.



Shaina Jenkins and Ashisha Wallace, PSI teen leader interns (Hughes '07) at Valentine's Day fundraiser, Hughes Center

INTERVIEW WITH DR. LINETTA CLARK COLLINS, ED.D.



Dr. Collins in her visionary principal's office at A.B. Miree Academy

Dr. Collins is a PSI Teen Leader alumna from Withrow International School, Class of 1992. She is now Chairperson of the Cincinnati Board of Health, Principal of A.B. Miree Fundamental Academy in Bond Hill, and married with three children. She received her Masters in Health Education from The Ohio State University. Her doctoral dissertation with University of Cincinnati was on "Education Professionals and HIV: an investigation of the attitudes of school administrators and teachers."

CK: What are your career achievements of which you are most proud?

LCC: Being an urban educator. I was a lead teacher with Cincinnati Public Schools and Mt. Healthy Schools, Superintendent of Maud Booth Academy in Over-the-Rhine, and I teach college leadership and diversity courses at University of Cincinnati and Indiana Wesleyan.

CK: What do you remember about your PSI teen leadership experiences?

LCC: Family. Feeling a part of something. You all cared about us, the whole self — the hugging, the trainings, the pizza, the banquet. I could be expressive. I could be myself. I did not have to compete. It was not cliquish. The evaluations said I was a good speaker. I remember thinking, 'I'm good at this.' I remember Ashanti P. — a student I taught from Peoples Middle School. He and his mother ran into me at Kroger's my senior year in high school, and he wanted me to role-play right there in Kroger's. His mother got my number and I became a mentor. He went on to Morehouse College and graduated. I rode down with him to Morehouse.

CK: How did the teen leadership experience help you accomplish your goals?

LCC: It was a self-esteem booster out of this world. It motivated me to become a teacher. That was my first teaching experience. Before PSI, I wanted to be a cosmetologist. Also, I wasn't going to get pregnant. It gave me responsibility. I can't teach younger kids if I'm pregnant.

CK: What is different about being a leader as an adult, compared to being a leader as a teen?

LCC: Wow!...As a teen, you're a little more freer. You can be yourself. As an adult, I can't be as free to be myself. Your ability and credibility are constantly challenged. [But] as an adult, I can create positive energy on a larger scale. There are so many more venues.

CK: What is leadership?

LCC: A good leader is a servant. [S/he] uses their influence for positive, not negative. The art of influence takes discipline to cultivate.

CK: What have you learned then and now about respecting diverse viewpoints?

LCC: Everybody doesn't think like you. You have to be open to your own biases. Quit perpetrating like you have none. My 'own kind' is based on who they are in their heart.

CK: What are your top public health priorities?

LCC: Environmental justice, like landfills and lead paint. Health disparities between the uninsured and the insured. I went through a period of being uninsured last year. That's a reality for a lot of working people.

CK: Where do you see your career in 10 years?

LCC: An author. Operating schools for urban children in various areas. Preaching God's word internationally. 'Love covers a multitude of sin.'

CK: What advice would you give current teen leaders on career planning?

LCC: Find out what you are passionate about and pursue that. Then you won't get tired of it!



PSI teen leader Taylor McCleod (Withrow University '09), his aunt and mom at PSI banquet

COMMUNITY HEALTH EDUCATION COMMITTEE

At its May 2007 meeting, the PSI Advisory Committee voted to expand its 20-year-old mission and name to the Community Teen Health Education Advisory Committee. The Committee will guide hospital staff in the development, financing and evaluation of community-based educational programs for teens operated by Cincinnati Children's Hospital's Division of Adolescent Medicine. The Division and its Teen Health Center currently runs the PSI youth development program, a fitness and nutrition/obesity prevention program, and a professional development program on recognition and referral for teen mental health. During the 2006-07 academic year, these three programs reached a combined 7,400 teens and 500 adults with programs that improve teen health.

"I suggest they keep doing what they are doing" (6th grader, Rockdale Academy)



PSI teen leaders Kiara West and LaShayna Murray (R.A. Taft '08) and Kiara's mom at PSI banquet

TEEN LEADERSHIP TRAINING STRENGTHENS ASSETS OF UNDERSTANDING AND RESPECT

Led by 10-year PSI Coordinator, Allison White, a series of monthly after-school training sessions exposed teen leaders to new and personal perspectives on issues related to sex.

In January, a panel of teen leaders' parents conversed with the teens on changing attitudes, times and styles of relating to teen children. In February, Callie McCafferty and fiancé Matt Bonhaus shared their adult experiences of dating for three years in a sexually abstinent relationship. In March, nine volunteers from the Gay, Lesbian & Straight Educators Network (GLSEN) shared experiences about homosexuality and gender identity with the teen leaders in "Sexuality: Reality Check." The informative discussions brought real life experiences, and evoked a lot of positive emotions among the teen leaders and adult presenters. Teen leaders incorporated these experiences in their instruction to younger teens.



PSI teen leaders Sophia Sunyak (Walnut Hills '08) and Erica Hill (Walnut Hills '07) practice teaching at December 2006 training

Research on developmental assets suggests that kids who respect different viewpoints are more likely to lead healthy, productive lives. In a June 2007 exit survey, 100% of graduating PSI teen leaders reported that it is easy for them to respect someone whose opinion about postponing sex differs from their own. As a result of the teen leadership experience, one senior teen leader wrote, "I've grown as a person. I've become more tolerant."



Senior PSI teen leaders pose at May 2007 banquet

PSI EVALUATIONS – YOUNG TEENS USE WHAT THEY LEARN!

In 2006-07, 1,002 young teens and preteens completed surveys before and after the 6-lesson PSI series. Independently tabulated improvements in assertiveness are statistically significant:

- 80% strengthened or maintained their intentions to abstain from sex
- 71% reported that they have used what they learned in PSI.

"I think they should teach [PSI to] every school of CPS" (7th grader, Heberle School)

In addition, after completing PSI, student participants showed strong support for the program:

- 95% felt the PSI Teen Leaders were respectable role models
- 88% recommended the PSI program for people their age.

"I really appreciate them talking to us about not having sex at a young age and that they're trying to get us to understand that sex isn't everything; education is." (8th grader, Roberts Paideia)

SERVICE REQUIREMENT FOR TEEN LEADERS

Leadership means service. Teen leaders fulfilled a new responsibility to perform at least six volunteer hours of raising community awareness for PSI.



Teen leader parent panel

"The high school students... give them moral support as well as information." (Classroom teacher hosting PSI)

Finally, PSI promoted positive parent-child communication:

- 43% had at least one positive communication with their parent or guardian about postponing sexual involvement during the series
- 40% strengthened their intention to talk with their parent/guardian in the next three months about the right time to have sex.

In a 2006-07 survey of classroom teachers hosting PSI, 95% feel their students benefitted, and 100% want to host PSI again. 55% of host teachers returned a survey. Teachers also recommended more visual aides and male teen leaders.

"PSI is very educational. All goes out to the PSI Teen Leaders—they are helpful and ... good role models." (8th grader, East End Heritage School)

"Student presenters were very knowledgeable and spoke on the same level as our students." (Classroom teacher hosting PSI)