

POSTPONING SEXUAL INVOLVEMENT CINCINNATI EVALUATION RESULTS, 2007-08

Each year, an evaluation is conducted to determine the effectiveness of PSI and to provide school administrators with valuable information for decisions concerning the revision, expansion, and continuation of the program.

Objectives, methods and results of the evaluation are listed below:

- **PARENT SURVEY: Did parents of participating students hold positive attitudes towards the PSI program after participation by their child? YES**

In a February, 2002 survey of parents/guardians of 6th, 7th and 8th grade students who had taken PSI the first semester of 2001-2002, 85% of the respondents reported that they are supportive of PSI, and 15% were neutral or withheld judgment until they learned more about PSI. Also, 94% think PSI will help a child postpone sex. 126 parent/guardians were selected for the survey. (Every third name on a list) 52 of the surveys (41%) were completed.

- **STUDENT SURVEY: Was there a measurable change toward more mature behavior, beliefs and attitudes by seventh grade students participating in this program? YES**

In 2007-08, 911 young teen and preteen participants in PSI completed a pre- and/or post-test of assertiveness knowledge, abstinence intentions, reported ability to resist sexual pressure, communication with parents, and respect for diversity. Results of their individually matched scores show the following improvements and statistical significance:

- 53% improved their knowledge of assertive techniques. ($p < .0001$)
- 81% maintained or strengthened their intentions to abstain from sex. ($p < .05$)
- 85% maintained or improved their reported ability to resist peer pressure to have sex. ($p < .001$)
- 41% strengthened their intention to talk with their parent/guardian in the next three months about the right time to become sexually active. ($p < .0001$)
- 37% increased their comfort level in starting a conversation with their parent/guardian about the right time to become sexually active. ($p < .0001$)
- 95% respect the PSI teen leaders who taught their class, and view them as role models.
- 88% recommend the PSI program for people their age.
- 82% reported that after PSI, they feel more confident about postponing sex when they are pressured.
- 67% report that they have used what they have learned in PSI on average 3.5 times in the past month.

- **TEACHER SURVEY: Were the high school student peer leaders effective in carrying out their roles in this program? YES**

In a 2007-08 survey of classroom teachers hosting PSI, 100% of the respondents believe that their students benefit from the PSI teen leaders' instruction, and 100% would consider hosting PSI next year. Five (5) of 22 teachers (23%) completed the survey.

- **REDUCTION OF REPORTED TEENAGE BIRTHS: Was there a reduction in the number of reported births across the school system for a four year period following program implementation? YES**

There has been a 51% reduction in the number of births to young teen girls, age 16 or younger, residing in the Cincinnati School District, from 1993 - 2007.

The data include births to young teens attending public school, private school, or out of school. Records from 8 area hospitals on births to local teens by zip code of teens' residence, age, race, and year of birth are as follows:

YR	88	89	90	91	92	93	94	95	96	97	98	99	00	01	02	03	04	05	06	07
births	333	383	353	370	368	391	370	352	342	284	285	276	288	273	227	228	191	193	209	192

From 1992-2000, over 90% of middle school health instruction in CPS 7th or 8th grade included PSI.

- **PARENTAL PERMISSION: Did many parents object initially to having their child participate in the program? NO**

21 out of 986 students (2%) enrolled in 6th - 8th grade classes hosting PSI in 2007-08 were opted out of PSI by either written request from a parent or other guardian, or by refraining from opting in their child for PSI instruction.

- **DIARY OF INSTRUCTION: Was actual classroom implementation of the program done in a manner consistent with planned procedures? YES**

PSI Instruction, Cincinnati Public Schools, et al.*			
2007-2008			
	5 th /6 th grade (Preteens)	7 th /8 th grade (Young Teens)	TOTALS
Sessions by PSI Teen Leaders	66	153	219
Classes	11	25	36
Sessions per Class Each session lasts 45-60 minutes	6	6.1	6.1
Classroom Teachers hosting PSI	10	11	23
Teen Leaders Who Taught			46
Teen Leader Rate of Attendance			97%
Students	319	646	965
Schools	7	7	12
% of CPS Schools hosting PSI	15%	15%	22%
	(7 of 46)	(6 of 41)	(11 of 51)

*PSI taught 24 sessions in 4 classes to 83 7th or 8th graders at Orion Academy, a Charter school in Cincinnati. PSI trained 14 teen leaders in Clermont County who taught about 320 young teens at Milford Exempted Schools.



TO SEE A CHANGE...BE THE CHANGE.
PSI...Get involved!