
3 P Skills

Praise
Paraphrase
Play-by-Play



Trauma Treatment Training Center

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Child-Adult Relationship Enhancement

Child Adult Relationship Enhancement (CARE) is a trauma-informed practice that can be used by non-clinical providers such as foster parents, teachers, hospital staff, and residential treatment staff who interact with traumatized children.

CARE focuses on connecting with children and increasing children's positive behaviors.



What is CARE?

Child-Adult Relationship Enhancement (CARE) is a trauma-informed, field-initiated modification of the evidence-based Parent Child Interaction Therapy (PCIT).

This modification uses specific PCIT skills for general usage by non-clinical adults who work with traumatized children.

CARE grew out of a series of collaborative interactions that we have had with therapists whom we trained in PCIT. These therapists needed to make modifications to the standard PCIT model to serve special or culturally diverse clients. They subsequently shared their successful adaptations of core PCIT components with us and we incorporated them into our developing CARE model.

Who is CARE for?

CARE training is applicable for adults who work with children of all ages in a large range of settings:

- non-clinical staff in residential treatment centers
- day care providers
- medical care providers and trainees
- graduate practicum students
- foster parents with short-term placements
- foster care caseworkers
- child protection workers
- prospective parents for international adoptions
- partial hospitalization staff
- social service case managers
- community support providers
- home visitation providers
- child victim advocates
- receptionists and other administrative support staff who come in contact with children as part of their duties

How does CARE work?

CARE utilizes the 3 P skills (Praise, Paraphrase, and Play-by-Play) to connect with children, a set of techniques for giving effective positive commands to children, and a set of selective ignoring techniques to redirect problematic behaviors. CARE also contains a trauma education component.

CARE Training

CARE training is offered in two forms based on trainee needs. Basic CARE is trained in 3 hours and includes demonstration and active skills-building. Expanded CARE is trained in 6 hours and consists of Basic CARE plus live coaching and mastery testing.

For additional information, contact **Lacey Thieken**, Project Coordinator, at 513-636-0043 or Lacey.Thieken@cchmc.org.