



CINCINNATI PEDIATRIC RESEARCH GROUP
Minutes of the Meeting
November 30, 2004

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I. Administrative Issues

1. Meetings

Welcome to our holiday dinner. Various meeting formats have been tried – conference calls and on-site and off-site face-to-face meetings. We are looking to enhance both participation and CPRG membership, so if you work with someone in your practice who would be interested in joining, please let Lea Alae know.

2. OPRC Meeting – January 24, 2005 in Cincinnati

The CPRG will be hosting the next OPRC meeting at Cincinnati Children's Hospital on January 24. Some members at the meeting expressed disappointment that the meeting is on a Monday and office hours will limit participation, but this date was selected as it is best for the members traveling from other sites (Columbus, Toledo, Dayton, and Akron). We will have a social reception on Sunday evening, which everyone is invited to attend. More information will follow.

II. Review of 2004 Activities

1. Obesity Survey / Patient Profiling

The Obesity Management Survey has been completed and an abstract will be submitted to the PAS regarding the results. The Patient Data Survey is still open, and we need those participating to enter 100 at a minimum to get the best snapshot of our practice populations.

2. Atkins/Low-Carbohydrate Diet Study

The low-carb study is going very well. We have enrolled 32 patients in 4 months to date, which is ahead of schedule. Only one patient has dropped out, and everyone so far who has been on the program for at least 2 weeks has lost weight.

3. Surveillance Project

Many of the system upgrades have been put into place, and the comments we have received are quite positive. The programmers continue to work on the remaining upgrades and we'll let you know when those will be rolled out. We have an average of 9 participants each week, with 13-14 participants on our highest weeks. It was noted that we were able to observe incidence of flu-like symptoms (fever with rhinorrhea, myalgias, cough, or fatigue) before the first case of flu was reported by the local media in 2003 and we are optimistic for similar results this year.

If you are interested in participating in Surveillance but need or have forgotten your user name and password, please contact Lea Alae. Incentives will again be provided for participation in the current quarter (4th quarter – September through December), and include a \$100 lunch for your practice if you participate 75% or more of the weeks in the quarter, and \$10 for you for each week you participate.

4. CHIRP

The CHIRP project has concluded, with the AAP currently working on data analysis and paper writing.

5. Abstracts and Papers

Abstracts are being prepared for the PAS meeting (Pediatric Academic Society) and papers from past studies are being written for submission to several journals.

III. Upcoming Plans

1. Obesity Prevention Project - Toolkit

An outline of the next obesity prevention project was distributed. This project is still in development and Drs. Siegel, Bernier, and Joseph request your comments as well as any materials you find helpful in obesity prevention counseling.

2. HPV/HSV Study

If the grant submission is approved, we will be one of 6 sites included in an adolescent medicine study of teenagers' and parents' attitudes toward HPV/HSV vaccines.

3. Follow-Up ADD Survey

Dr. Doyne is leading a follow-up ADD management survey since the local education efforts were completed this fall. The survey will be distributed and analyzed by Clinical Effectiveness and the CME department.

4. Site Visits

We will be visiting offices this winter, especially those requesting assistance with any of our studies.

NEXT MEETING/CONFERENCE CALL – TBD