

**Cincinnati Pediatric Research Group**  
**Minutes of the Meeting**  
**September 27, 2005**

**IN ATTENDANCE:** Lea Alae  
Richard Berger, MD  
Jeralyn Bernier, MD  
Deborah Boyd, MD  
Kim Daly, MD  
James Davis, MD  
Elena Huang, MD  
Joan Linhardt, MD  
Bob Siegel, MD  
Phil Walson, MD

**GUEST SPEAKER:** Amy Heneghan, MD  
Rainbow Research Network  
Rainbow Babies & Children's Hospital, Cleveland, OH

**MATERNAL DEPRESSION RECOGNITION PROJECT:**

Dr. Heneghan was invited to present at Grand Rounds today and also to our network. She discussed the background for the project and the development of "A Guide for Moms" brochure over the past few years. Aiming to improve recognition of maternal depression, it has proven successful in the Cleveland area. Both providers and patients found the Guide to be useful. Through funding of the Ohio Department of Mental Health (ODMH), it has been customized to local resources, and is being distributed statewide by the local networks in the Ohio Pediatric Research Consortium (OPRC). A national effort to address maternal depression is also considering using part or this entire brochure.

CPRG staff has created an insert for the brochure to provide a listing of resources in the greater Cincinnati area. While this is a balanced sample of resources, many more local resources that we discovered will be posted on the CPRG website for your reference, download and printing to provide to your patients. A training manual on maternal depression is available for CPRG members through the CPRG office, and we are in the process of recruiting a mental health liaison for the project who would be an additional resource.

There is a physician survey to better understand the experience of pediatric providers with maternal depression, available presently in a paper version to be mailed with sample brochures to the community medical staff. It will also be available in several weeks on [www.surveymonkey.com](http://www.surveymonkey.com) if you prefer to complete it electronically. A patient survey can be included with the brochure if you want to assess your patients' mother's experience with the brochure. Both assessment tools were provided at the meeting.

In short, the CPRG breakfast meeting was our way to welcome Dr. Heneghan to the CPRG and to launch the maternal depression recognition project with our local "Guide for Moms" now available to Cincinnati providers. The brochure was developed as a way to open dialog with mothers regarding depression, and physicians can use it however they feel most comfortable and in whatever way it will be most useful to them and their patients.