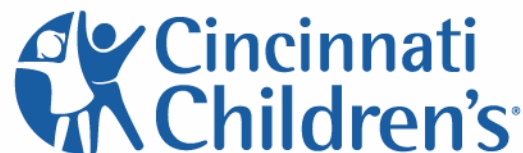


# Cincinnati Pediatric Research Group

General and Community Pediatrics

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## CPRG ACTIVITY UPDATE

It's an exciting time within the CPRG and a lot is happening! See the related articles on the following items for more information.

- The Low-Carbohydrate Diet Study for Teens and Preteens (aka Atkins study) continues to enroll subjects.
- Development of "CPRG Growing Healthy Kids Toolkit" through a grant proposal to the Robert Wood Johnson Foundation Prescription for Health program.
- We have had two abstracts approved for presentation at the Pediatric Academic Societies' meeting in May in Washington, DC.
- The upgrades to the Surveillance data entry system were completed and we are exploring ways to make the system relevant to a wider range of questions and applications.

## WELCOME



## MEMBERS

Joan Linhardt, MD  
Northern Kentucky Pediatric Group

Lee Burroughs, MD  
West Side Pediatrics

Erin Schaeffer, ARNP  
St. Luke Pediatric Care Center

Elena Huang, MD  
Mid-City Pediatrics, Inc.

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We now have 49 community pediatricians as research members, representing 27 practices throughout the tri-state area!

## Calendar

Ongoing	CPRG Site Visits
Late April	CPRG meeting (post Grand Rounds)
May 14-17, 2005	PAS Meeting Washington, DC

## REMINDER

We still do not have an adequate amount of data entered in the Obesity Patient Data Survey. We encourage you to complete your data entry, if you have not already. We also need at least one more member to enter data! Contact Lea at (513) 636-4183 for more info.

## LOW-CARBOHYDRATE DIET STUDY

So far, we have enrolled 44 patients from 14 practices! As of January, 24 of 26 patients had lost weight, with an average loss of 9 lbs over an average 2.2 months of participation. We are greatly encouraged by these results.

Twelve of the patients dropped out after at least one visit with the dietician, some because they declined to have blood drawn- reasons are being explored in an ongoing manner.

We have a few patients who have reached their 6-month visit! Remember that referring physicians receive \$100 for each patient that completes the 6-month visit with the dietician.

If you have a patient you would like to recommend to the study, please contact Whitney Rich, RD, LD, study dietician, at (513) 636-9466. Please remember to fax returned lab results for study participants to Whitney at (513) 636-5887.

## SURVEILLANCE

The Symptom Surveillance Project (SSP) was developed with grants from AHRQ and the Cincinnati Board of Health. In addition to giving us epidemiologic perspective, CCHMC has found the SSP data to have value in predicting patient volume. There is interest in expanding the application to gather data of even more relevance to community physicians and the hospital. We will be exploring system modifications in the coming months and welcome your input. Please contact Dr. Jeralyn Bernier at (513) 636-0145.

Surveillance participants have been asked to complete a very short survey on their experiences with the data collection system since the recent changes have gone into effect. If you are a Surveillance participant and have not yet completed the survey, please do so by April 1. Please contact [lea.alace@cchmc.org](mailto:lea.alace@cchmc.org) if you need the link re-emailed to you.

## RWJF PRESCRIPTION FOR HEALTH GRANT: CPRG GROWING HEALTHY KIDS TOOLKIT

On March 7, we submitted a grant proposal to the Robert Wood Johnson Foundation (RWJF) to develop and implement a "CPRG Growing Healthy Kids Toolkit." The Toolkit would be aimed at practitioners and parents of 1-7 year olds to aid in the prevention of childhood obesity. Drs. Bernier and Joseph are working closely with the Nutrition Council of Greater Cincinnati to select and create appropriate materials for the Toolkit.

If finding is achieved, full development will begin in July 2005, with anticipated distribution of the Toolkits in September - December to all CPRG members who would like to participate. Stay tuned for this exciting practice improvement project!!

## PRESENTATIONS AND PUBLICATIONS

Drs. Bernier and Siegel are presenting two abstracts at the 2005 PAS Annual Meeting: "Symptom Surveillance by a PBRN" and "Obesity Management Practices of Pediatricians in a Mid-Western Community". In addition, Dr. Siegel is chairing an APA Special Interest Group on PBRNs and Dr. Doyne is chairing an APA Special Interest Group on Community Pediatrics.

## OPRC MEETING NEWS

The Ohio Pediatric Research Consortium (OPRC) is undertaking the distribution of "A Guide for Moms" to assist the Early Childhood Initiative of the Ohio Department of Mental Health in improving detection of maternal depression. Look for more on this important project this summer!!

## CONTACT INFO

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