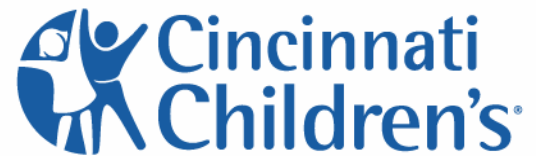


The Center for Infants and Children with Special Needs Family Newsletter July 2008



LIBERTY CAMPUS OPENS FOR PATIENTS AUGUST 11, 2008

Under construction but not under control!



7777 Yankee Road
Liberty Township, OH 45044
513-636-3000

Our current clinic hours at Liberty will be the same as West Chester. Liberty hours are Monday afternoons, Thursday and Friday all day. Base (Clifton) location hours are currently Tuesday afternoons. Our office is open Monday through Friday 8:30 – 4:30

For more information & map:
www.cincinnatichildrens.org/liberty



Clinic located on the 3rd floor.
Always on Top!

Dr. Levin's Code of Behavior

Due to the increase in patients and our new location change we are asking families that:

- Any refills, especially monthly refills, of their medications that we are given at least 24 hour notice before they need to be picked up.
- PLEASE refill all medications during business hours (M-F) unless urgent.
- Give at least 1 week for all faxed forms and 2 weeks due to the mail system for any forms being mailed to our office. (Any letters, school forms, FMLA forms, guardianship paperwork, Plans of Care, and anything else that requires review and a signature of a physician.)

Thank you for your understanding, this allows us to make sure that all the orders and procedures are correct.

School will be starting but so is Flu Season

Remember....school will start before you will know it.

Please schedule your preschool/kindergarten physicals early. We request 1 week to complete these forms. Please do not wait till the end of the summer, this is our busiest time of year.

Flu shots will be available at the end of September-October. Please call the office to check the supply status and schedule your appointment. Remember it is important to vaccinate the entire family. CCHMC is looking at making vaccine available to families. This will be discussed throughout the summer. We will keep you posted.





Children's Hospital Made National News

U.S. News & World Report has ranked Cincinnati Children's Hospital Medical Center the third best children's hospital in the United States in General Pediatrics in its annual "America's Best Children's Hospitals" ranking.

The ranking is the highest Cincinnati Children's has ever received from *U.S. News*.

Using a new methodology this year, *U.S. News* discontinued its ranking of the "top 30 pediatric hospitals" overall and added the category of "top 30 in general pediatrics" – a category in which hospitals are ranked by measures that are appropriate to pediatric care in general. (This term refers to the hospital in general, not just the Division of General and Community Pediatrics.) In addition, *U.S. News* ranked for the first time the best children's hospitals for specialty care, such as cancer, digestive disorders, heart and heart surgery, neonatal, neurology and neurosurgery, and respiratory disorders.

Cincinnati Children's ranked in the top 10 in all but one of these specialties: Cancer, Digestive Services, Heart & Heart Surgery, Neonatal, Neurology & Neurosurgery, and Respiratory Disease.



Services in School for Children with Special Needs

Some children experience challenges in school, ranging from problems with concentration, learning, language, and perception to problems with behavior and/or making and keeping friends. These difficulties may be due to one or more of the following: physical disorders, psychiatric disorders, emotional problems, behavioral problems, and learning disorders (or disabilities). Children with special needs are usually entitled to receive special services or accommodations through the public schools. Federal law mandates that every child will receive a free and appropriate education in the least restrictive environment. To support their ability to learn in school, three Federal laws apply to children with special needs:

- The Individuals with Disabilities Education Act (IDEA) (1975)
- Section 504 of the Rehabilitation Act of 1973
- The Americans with Disabilities Act (ADA) (1990).

More information can be found on our Special Needs Resource Directory in the education section:

<http://www.cincinnatichildrens.org/special-needs>

2008 Golf Outing Update

The 2008 Golf Outing benefiting the Center for Infants and Children with Special Needs at Cincinnati Children's Hospital Medical Center will take place on Monday, September 15, 2008, at TPC at River's Bend in Maineville, Ohio.

We need your help!

Still currently looking for golf sponsorships and silent auction items.

Lunch and registration will begin at 11 am with a 1 pm shotgun start. The cost is \$250 for an individual golfer or \$1,000 for a foursome. Over the last four years, the Golf Outing has raised nearly \$200,000 enabling the center to care for more than 100 additional patients and expand participation at state and community levels.

The center is the only primary pediatric care clinic for children with special needs in the Tristate and the largest in the country.

Please call 513-636-3000 for more information.



We need your support for our golf outing.... Look what stress can do to the body!





With today's busy lifestyles, families don't always eat as healthfully as we would like. But by practicing healthy eating habits at home, you can make it easier for your family to eat right. Try these 3 tips designed to encourage healthy eating habits:

- Schedule a snack time and stick to it. Space snacks at least two to three hours before a meal.
- Involve kids in meal planning and preparation. Children often will eat foods they help plan and prepare. At the same time, your child can learn how to handle and prepare foods in a safe, healthful way.
- Encourage your family to try new foods. Trying new foods expands your food knowledge, experience and skills. Kids will like some, but not all of these foods. That's OK.

Source: *American Dietetic Association*

Kids, Stimulants and EKGs

On April 21, 2008, the American Heart Association (AHA) released a statement calling for pre-treatment electrocardiograms (EKGs) and routine cardiac monitoring for ALL children and adolescents prescribed stimulant medication for Attention Deficit/Hyperactivity Disorder (ADHD). This caused much concern among parents of children on stimulant medications, as well as primary care physicians and psychiatrists who follow guidelines issued by the American Academy of Pediatrics (AAP) and the American Academy of Child and Adolescent Psychiatry (AACAP) which do NOT recommend screening EKGs unless the patient's history, family history or physical exam raises concerns. Due to these apparent conflicting recommendations, the AHA and the AAP collaborated on a joint advisory statement that was released on May 28, 2008. This new statement replaced the AHA's earlier release on April 21. You can follow this link for the full statement: <http://americanheart.mediaroom.com/index.php?s=43&item=422>

I have included important points from that statement here:

“Obtaining a patient and family health history and doing a physical exam focused on cardiovascular disease risk factors (Class I recommendations in the statement) are recommended by the AAP and AHA for assessing patients before treatment with drugs for ADHD.”

“Acquiring an [EKG] is a Class IIa recommendation. This means that *it is reasonable* for a physician *to consider* obtaining an [EKG] as part of the evaluation of children being considered for stimulant drug therapy, but this should be at the physician's judgment, and it is *not mandatory* to obtain one.”

Hopefully, this new statement clears up some of the earlier confusion. Nevertheless, if your child is on stimulant medications and you have concerns about safety and/or cardiac risks, you are more than welcome to discuss these concerns with Dr. Levin or Dr. Fletcher, and we will consider doing an EKG as appropriate.

Max's House

Medically Fragile Day Care

Available

Max's House, a division of Maxim Healthcare Services, is a family-centered, comprehensive nursing and learning center. They are dedicated to providing a safe environment where children with special health care needs are “encouraged to be kids.”

The program blends skilled nursing care with an adaptive education curriculum in a way that meets today's growing needs of families who have infants, children and young adults with special health care needs. Children benefit from increased socialization and developmental stimulation that the integrated center offers, while having their medical needs met by trained pediatric professionals.

Children eligible for treatment/care at Max's House are infants and children (ages 6 weeks thru teenage years) who have complex health needs. Some of the skilled nursing services available are administering medications, apnea monitoring, tube feeding care, infusion therapy, IV/Central line, ventilator, tracheotomy care, colostomy/catheter care, dependent/CPAP/ Oxygen care.

Please contact Max's House for additional information:

Max's house is located at:
2479 Crowne Point Drive
Sharonville, Ohio 45241
Ph: 513-600-6435
Fax: 513-793-6164

