Hyperglycemia (High Blood Glucose) Treatment
For a Student with Diabetes

Student's Name _____ **Grade/Teacher** _____ **Date** _____

Emergency Contact Information:

Mother/Guardian _____

Home Phone Work Phone Cell Phone _____

Father/Guardian _____

Home Phone Work Phone Cell Phone _____

Causes of Hyperglycemia

- Not enough insulin
- Too much food
- Decreased activity
- Illness
- Infection
- Stress

Symptoms

Mild to Moderate

- Thirsty
- Nausea
- Vomiting
- Blurred vision
- Fruity breath
- Lack of concentration
- Fatigue
- Hunger
- Stomach pains
- Dry mouth
- Frequent urination

Parent to circle usual symptoms

Severe

Mild to moderate symptoms plus:

- Prolonged vomiting
- Rapid, labored breathing
- Rapid heart
- Very weak
- Confused
- Unconscious

Actions

- Notify school nurse or trained personnel to test the blood glucose and to test the urine for ketones.
- If the blood glucose is high and the student is able to return to class, allow him/her to drink water or carbohydrate-free fluids and use the bathroom as needed.

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