

Resources for Families of Children Diagnosed with an Autism Spectrum Disorder

Developed by The Kelly O'Leary Center,
Division of Developmental and Behavioral
Pediatrics and Cincinnati Children's Hospital
Medical Center

***Please Note:** Inclusion in this document does not mean endorsement by The Kelly O'Leary Center, the Division of Developmental and Behavioral Pediatrics, or Cincinnati Children's Hospital Medical Center*

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The Kelly O'Leary Center for Autism Spectrum Disorders

The Kelly O'Leary Center is a program of the Division of Developmental and Behavioral Pediatrics at Cincinnati Children's Hospital Medical Center

Services Provided by The Kelly O'Leary Center"

- Medical appointments
- Outreach/support services for families – Jennifer Brown, Outreach Coordinator (513) 636-8684
 - Available to provide information about ASD and community resources.
 - Available to families following diagnosis to provide information about The Kelly O'Leary Center and how to access services.
- School/community in-services and training
- School/community consultation
- Treatment:
 - Occupational therapy
 - Speech therapy
 - Co-treatment (speech and occupational therapy together)
 - Tutoring
 - Toilet training
 - Parent-child groups
 - Early intensive behavioral intervention
 - Short-term behavior management
 - Social skills
 - Other groups
- Sibshops
- Conferences
- Classes for Families and Professionals

Call (513) 636-5340 to reach staff members.

Classes at the Kelly O'Leary Center

- **Introduction to The Kelly O'Leary Center**
This class is provided for families and professionals who would like more information on the services provided by The Kelly O'Leary Center and how those services can be accessed.
Sessions are on the first Thursday of the month.

- **New to the Diagnosis Series**
Overview of Autism Spectrum Disorders
Sensory Issues and Autism Spectrum Disorders
Enhancing Communication for Young Children with ASD
Understanding Behavior Challenges for Persons with ASD
Overview of Medical Treatment Options
Overview of Educational Treatment Options
Classes in this series meet on the first Monday of every month (except for holidays) at Drake Center in Cincinnati. There is a small fee to attend these classes.

- **Getting Started: An Introduction to Autism Spectrum Disorders**
This is a six week series for families.
 - Requires a commitment to attend all six sessions
 - Series is offered several times a year. There is a fee to cover the cost of materials.

- **Next Steps: For Families with Children with ASD**
This is a series for families who want strategies for working with their child with ASD, including a focus on behavior management.
 - Advanced series for more experienced families or families who have completed the Getting Started series
 - Requires a commitment to attend all sessions
 - Limited amount of homework
 - Series is offered several times a year. There is a fee to cover the cost of materials.

- **Understanding Behavior in Autism Spectrum Disorders: A Behavior Management Series for Professionals**
Scheduled periodically throughout the year.

- **Asperger Syndrome Workshops**
These workshops covers information about Asperger Syndrome, the impact it has on the family, strategies for intervention and medical treatment.
Scheduled periodically throughout the year.

For information check our website www.cincinnatichildrens.org/autism and click on Calendar of Events. For more information about dates, location and fees or to register for a class, please contact Mark Brasington at 513-636-5352.

Other Resources

County Boards of MRDD (Ohio)

Start with intake to determine eligibility

If a person is determined to be eligible the following services may be available:

- Service Coordination
- Waivers / funding
- Family Resources
- Quality Assurance
- Other Programs (vary by county)

Regional Autism Advisory Council

- Serves Butler, Clermont, Hamilton, & Warren Counties
- Analysis of community needs
- Advocacy at the state level
- Planning and coordination of services on a regional level
- Regional training

Autism Society of Greater Cincinnati

- Call 561-2300 www.autismcincy.org
- New parent information packets
- Family socials and activities
- Informative speakers
- Support / Discussion groups (HFA/AS, Networking group for adults with HFA/AS, FEAT)
- Newsletter

Other Organizations and Resources

- Autism Society of America 1-800-3Autism
- Autism Society of Ohio 330-376-0211
- Special Education Regional Resource Centers (SERRC) various locations throughout the state
- Ohio Department of Education
- Autism Scholarship Program (administered by the Ohio Department of Education)
- Rubinstein Library at Children's Hospital (large collection of books about ASD) 636-4626. Anyone can check out books, videos, toys, therapy materials. Also, librarians can help families with internet searches.
- Family Resource Program through each County Board of MRDD
- Family Resource Center at Children's Hospital 636-7606
- Arcs (Butler, Hamilton, Warren and Clermont/Brown and other areas throughout Ohio, Kentucky and Indiana)

Support / Discussion Groups

- **Adults with Asperger Syndrome/High Functioning Autism Networking Group** for (must be over 18). Meets 2nd Sunday of the month. Contact the Autism Society for more information 561-2300.
- **Asperger Syndrome/High Functioning Autism Support Group** (for family members of individuals with HFA or AS). Meets 2nd Thursday of the month at Kenwood Baptist Church at 7:30 PM. Contact the Autism Society of Greater Cincinnati for more information 561-2300.
- **FEAT (Families for Effective Autism Treatment)** meetings scheduled throughout the year. Contact the Autism Society at 561-2300 for information about topics and dates of meetings.
- **Families with ASD** - For more information contact Julia or Greg at 513-528-1595 or email at Kemobob@msm.com.
- **Warren County Autism Support Group** - meets on the 2nd Thursday of the month at the Warren C. Young Center in Lebanon, OH. Contact Person Brenda Alexander, Warren County Board of MRDD. Call 513-695-1838 to reserve child care during the meeting.
- **Hamilton County MRDD Family to Family Support**, Contact Lynne Calloway 513-587-7272, Hamilton County MRDD.
- **Mothers of Special Children** - Held on the second Monday of the month at various locations including Hyde Park Bethlehem United Methodist Church.
- **Dayton Asperger Resource Network** (937) 433-4505.
- **Dayton Autism Society** – For information call Meghan Anderson at (937) 974-6176 or email tchr4headstart@yahoo.com.
- **Preble County Area Autism Spectrum Disorder Support Group**. For information email pcaasgroup@hotmail.com or visit their website at <http://pcaasgroup.tripod.com/1/>.
- **Northern Kentucky – Autism Spectrum Disorders Network** –For information call (859) 356-6400 ASDN-KY@juno.com.
- **Mothers of Special Children of Northern Kentucky** – meets the second Thursday of each month, Erlanger United Methodist Church. 859-3546-8499; www.mscnky.com.
- **Southeastern Indiana Parent Support Group** – Meets on the third Monday of the month at the Batesville Public Library at 7:00 PM. For information contact Jeanette Mattingly at (812) 689-6571 after 6:00 PM.

Consultation Services Available to Schools

- The Kelly O'Leary Center
- The CITE Program (Resident Home)
- Hamilton County MRDD Team
- SERRC Consultants
- Private Consultants

Family Consultation

- CITE Program in Hamilton County (contact Hamilton County MRDD)
- Family Focus in Butler County (contact Butler County MRDD)
- Child Focus in Clermont County

Respite Care

- Funding generally coordinated through County Boards of MRDD
- Camp Allyn/Stepping Stones Center (513) 831-4660
- List of respite providers on Autism Society Website under FEAT Link www.autismcincy.org
- Family Resources Lists of Approved Providers
- Arcs of Hamilton, Warren, Butler and Clermont/Brown may have respite programs or lists of providers

Books: Asperger Syndrome

- Attwood, T. (1998). **Asperger Syndrome: A Guide for Parents and Professionals**. Jessica Kingsley Publishers.
- Bashe, P. & Kirby, B. (2005). **The Oasis Guide to Asperger Syndrome**. Crown Publishers.
- Bolilck, T. (2004). **Asperger Syndrome and Young Children**. Fair Winds Press.
- Faherty, C. & Mesibov, G. (2000). **Asperger's: What Does It Mean to Me?** Future Horizons.
- Gutstein, Steven (2001). **Autism/Aspergers: Solving the Relationship Puzzle**. Future Horizons.
- Klin, A., Volkmar, F. & Sparrow, S. (Eds.) (2000). **Asperger Syndrome**. The Guilford Press.
- McAfee, J. (2001). **Navigating the Social World: A Curriculum for Individuals with Asperger Syndrome, High Functioning Autism and Related Disorders**. Future Horizons.
- Moyes, R. (2001). **Incorporating Social Goals in the Classroom**. Jessica Kingsley Publishers.
- Myles, B & Adreon, D. (2001). **Asperger Syndrome and Adolescence: Practical Solutions for School Success**. Autism Asperger Publishing Co.
- Myles, B., Cook, K. & Miller, N., et al.(2004). **Asperger's Syndrome and Sensory Issues**. Autism Asperger Publishing Co.
- Myles, B. & Simpson, R. (1998). **Asperger Syndrome: A Guide for Educators and Parents**. Pro-Ed.
- Myles, B. & Southwick, J. (2005). **Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage, and Meltdowns**. Autism Asperger Publishing Co.
- Ozonoff, S., Dawson, G. & McPartland, J. (2002). **A Parent's Guide to Asperger Syndrome & High-Functioning Autism**. The Guilford Press.
- Powers, M. & Poland, J. (2002). **Asperger Syndrome & Your Child: A Parent's Guide**. Harper Resource.
- Savner, J. & Myles, B. (2000). **Making Visual Supports Work in the Home and Community: Strategies for Individuals with Autism and Asperger Syndrome**. Autism Asperger Publishing Co.
- Stewart, K. (2002). **Helping a Child with Nonverbal Learning Disorder or Asperger Syndrome**. New Harbinger Publications, Inc.
- Willey, L. (1999). **Pretending to Be Normal**. Jessica Kingsley Publisher.
- Willey, L. (2001). **Asperger Syndrome in the Family: Redefining Normal**. Taylor & Francis.
- Willey, L. (Ed.) (2003). **Asperger Syndrome in Adolescence: Living with the Ups, the Downs and Things in Between**. Jessica Kingsley Publisher.

Books: General Autism Information

- Bruey, C. (2004). **Demystifying Autism Spectrum Disorders**. Woodbine House.
- Exkorn, K. (2005). **The Autism Sourcebook**. HarperCollins.
- Gerlach, E. (2003). **Autism Treatment Guide**. Future Horizons.
- Grandin, T. (1996). **Thinking in Pictures: and Other Reports of My Life with Autism**. Vintage.
- Koegel, L. & LaZebnik, C. (2004). **Overcoming Autism**. Viking Books.
- Tilton, A. (2004). **The Everything Parent's Guide to Children with Autism**. Adams Media.
- Robledo, S. & Ham-Kucharski, D. (2005). **The Autism Book: Answers to Your Most Pressing Questions**. Penguin Group.
- Stone, W. & DiGeronimo, T. (2006). **Does My Child Have Autism: A Parent's Guide to Early Detection and Intervention**. John Wiley & Sons, Inc.
- Volkmar, F. & Wiesner, L. (2004). **Healthcare for Children on the Autism Spectrum: A Guide to Medical, Nutritional, and Behavioral Issues**. Woodbine House.
- Wiseman, N. (2006) **Could It Be Autism? : A Parent's Guide to the First Signs and Next Steps**. Broadway.
- Yapko, D. (2003). **Understanding Autism Spectrum Disorders: Frequently Asked Questions**. Jessica Kingsley Publishers.

Books: Feeding Problems

- Legge, B. (2001). **Can't Eat, Won't Eat: Dietary Difficulties and the Autism Spectrum**. Jessica Kingsley Publishers.
- Ernsperger, L. & Stegen-Hanson, T. (2004). **Just Take a Bite**. Future Horizons.

Books: Alternative Interventions

- Le Breton, M. & Kessick, R. (2001). **Diet Intervention and Autism: Implementing a Gluten Free and Casein Free Diet for Autistic Children and Adults: A Guide for Parents**. Jessica Kingsley Publisher.
- Lewis, L. (1998). **Special Diets for Special Kids**. Future Horizons.
- Lewis, L. (2001). **Special Diets for Special Kids, Two**. Future Horizons.
- Seroussi, K. (2002). **Unraveling the Mystery of Autism and Pervasive Developmental Disorder: A Mother's Story of Research and Recovery**. Broadway.

Books: Intervention Strategies

- Ernsperger, L. (2003). **Keys to Success for Teaching Students with Autism.** Future Horizons.
- Greenspan, S. & Wieder, S. (2006). **Engaging Autism: Helping Children Relate, Communicate and Think with the DIR Floortime Approach.** Perseus Publishing.
- Janzen, J. (2002). **Understanding the Nature of Autism.** Therapy Skill Builders.
- Leaf, R. (1999). **A Work in Progress: Behavior Management Strategies and a Curriculum for Intensive Behavioral Treatment of Autism.** D R L Book.
- Lockshin, S., Gillis, J. & Romanczyk, R. (2005) **Helping Your Child with Autism Spectrum Disorder: A Step-By-Step Workbook for Families.** New harbinger Publications.
- Maurice, C., Green, G. & Luce, S. (1996). **Behavioral Intervention for Young Children With Autism: A Manual for Parents and Professionals.** Pro-ed.
- Maurice, C., Foxx, R., & Green, G. (Eds.), (2001). **Making a Difference: Behavioral Intervention for Autism.** Pro-ed.
- Moor, J. (2002). **Playing, Laughing and Learning with Children on the Autism Spectrum: A Practical Resource of Play Ideas for Parents and Carers.** Taylor & Francis Group.
- Potter, C. & Whittaker, C. (2001). **Enabling Communication in Children with Autism.** Taylor & Francis Group.
- Prizant, B. (2005). **SCERTS Model: A Comprehensive Education Approach for Children with Autism Spectrum Disorder.** Brookes Publishing.
- Quill, K. (Ed.) (1995). **Teaching Children with Autism: Strategies to Enhance Communication and Socialization.** Delmar Thompson Learning.
- Quill, K. (2000). **Do-Watch-Listen-Say: Social and Communication Intervention for Children with Autism.** Brookes Publishing Co.
- Richard, G. (2000). **The Source for Treatment Methodologies in Autism.** LinguSystems.
- Savner, J. & Myles, B. (2000) **Making Visual Supports Work in the Home and Community: Strategies for Individuals with Autism and Asperger Syndrome.** Autism Asperger Publishing Company.
- Scheuermann, B. & Webber, J. (2001). **Teaching Does Make a Difference.** Wadsworth Publishing Company.
- Simpson, R. (2004). **Autism Spectrum Disorders: Interventions and Treatments for Children and Youth.** SAGE Publications.
- Small, M. & Kontente, L. (2003). **Everyday Solutions.** Autism Asperger Publishing Company.
- Tsai, L. (2001). **Taking the Mystery Out of Medications in Autism / Asperger Syndrome.** Future Horizons.
- Wheeler, M. (2004). **Toilet Training Children with Autism and Related Disorders.** Future Horizons.

Books: Sensory

- Anderson, E. & Emmons, P. (1996). **Unlocking Mysteries of Sensory Dysfunction**. Future Horizons.
- Kranowitz, C. (1998). **The Out-of-Sync Child**. Perigee Books.
- Kranowitz, C. (2003). **The Out-of-Sync Child Has Fun**. Perigee Books.
- Kranowitz, C., Sava, D., Haber, E., Balzer-Martin, L., Szklut, S. (2001). **Answers to Questions Teachers Ask About Sensory Integration**. Sensory Resources.

Books for Siblings and Family Members

- Ariel, C. & Naseef, R. (2006) **Voices from the Spectrum: Parents, Grandparents, Siblings, People with Autism and Professionals Share their Wisdom**. Jessica Kingsley Publishers.
- Harris, S. & Glasberg, B. (2003). **Siblings of Children With Autism: A Guide for Families**. Woodbine House.
- Harris, S., Feiges, L, and Weiss, M. (2004). **Sibling Stories: Reflections on Life with a Brother or Sister on the Autism Spectrum**. Autism Asperger Publishing Company.
- Healy, A. (2005). **Sometimes My Brother: Helping Kids Understand Autism through a Sibling's Eyes**. Future Horizons.

Books for Children

- Clark, J. (2005) **Jackson Whole Wyoming**. Autism Asperger Publishing Company.
- Larson, E. (2006). **I Am Utterly Unique: Celebrating the Strengths of Children with Asperger Syndrome and High-Functioning Autism**. Autism Asperger Publishing Co.
- Lowell, T & Tuchel, T., (2005). **My Best Friend Will**. Autism Asperger Publishing Company.
- Paralta, S. (2001). **All about my Brother**. Autism Asperger Publishing Company.
- Twachtman-Cullen, D. (1998). **Trevor, Trevor**. Starfish Press.

Newsletters, Magazines and Journals

- *The Advocate (Autism Society of America)*
- *Autism Asperger's Digest (Future Horizons)*
- *Autism International Journal of Research and Practice*
- *Autism Research Review from the Autism Research Institute*
- *Autism Spectrum Quarterly (formerly Jenison Autism Journal)*
- *Focus on Autism and Other Developmental Disabilities*
- *Indiana Resource Center for Autism Newsletter*
- *Journal of Autism and Developmental Disorders*
- *TAP (The Autism Perspective)*

Helpful Websites

- www.autismcincy.org Autism Society of Greater Cincinnati, current newsletter, information about meetings and events)
- www.autismohio.org (Information about Ohio Chapters, conferences)
- www.ocali.org (The Ohio Center for Autism and Low-Incidence is a clearinghouse of information for school-aged students with Autism and related disabilities in Ohio)
- www.autism-society.org (Autism Society of America, frequent updates about current autism news, links to other resources)
- www.autismspeaks.org (Excellent website with a wide range of information)
- www.futurehorizons-autism.com/ (Excellent source of materials, conference listings)
- www.autism-resources.com/ (Information for parents, recommended books, links)
- www.autismtoday.com/ (Articles, interviews, products)
- www.playworks.cc/DIRmodel.html (Information about Stanley Greenspan's DIR Model)
- www.autism.com/ari/ (Website of the Autism Research Institute -- information about many alternative treatments for ASD)
- www.teacch.com/ (Good source of information about TEACCH, training opportunities and articles about ASD)
- www.thegraycenter.org (How to write social stories)
- www.ctfeat.org/ (Information about ABA, resources, links)
- www.iidc.indiana.edu/irca/ (Excellent source of accurate information, books, resources, listing of their conferences)
- www.childnett.tv (Link to the Dan Marino Center, excellent video clips)
- www.cincinnatichildrens.org/svc/alpha/c/special-needs/ (Information about a variety of issues faced by families with children who have special needs)
- www.udel.edu/bkirby/asperger/ (Information about Asperger Syndrome)
- www.abledata.com/ (Comprehensive information on assistive technology information, including alternative and augmentative communication devices)
- www.ataccess.org/ (National network of providers and vendors of assistive technology)