

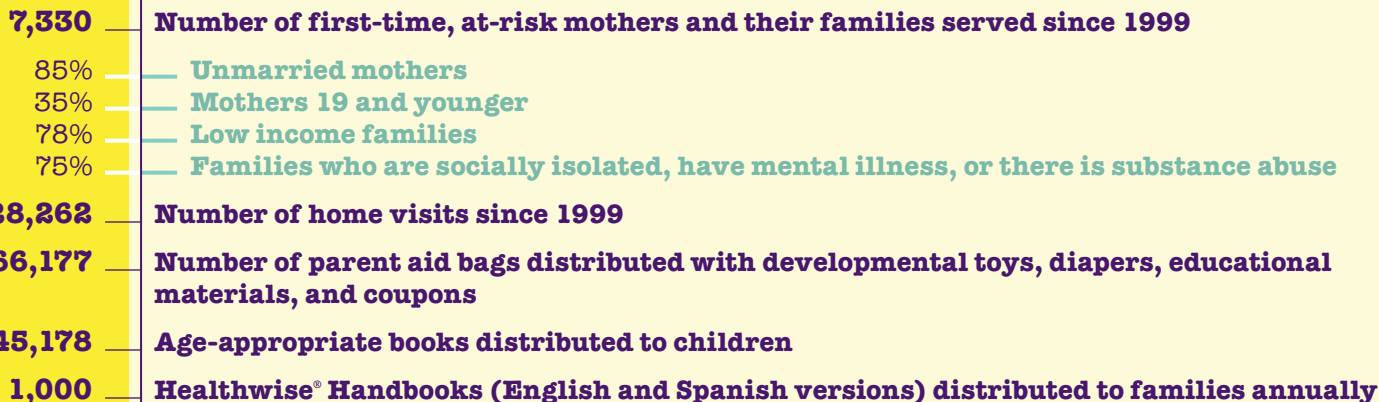
The investments made in Every Child Succeeds have paid off for first-time, at-risk mothers, their children, and the Greater Cincinnati and Northern Kentucky community; we have consistently achieved high marks for our commitment to first-time, at-risk families by improving their parenting skills; we help babies and their families to thrive, to be safe, and to gain social and economic independence.



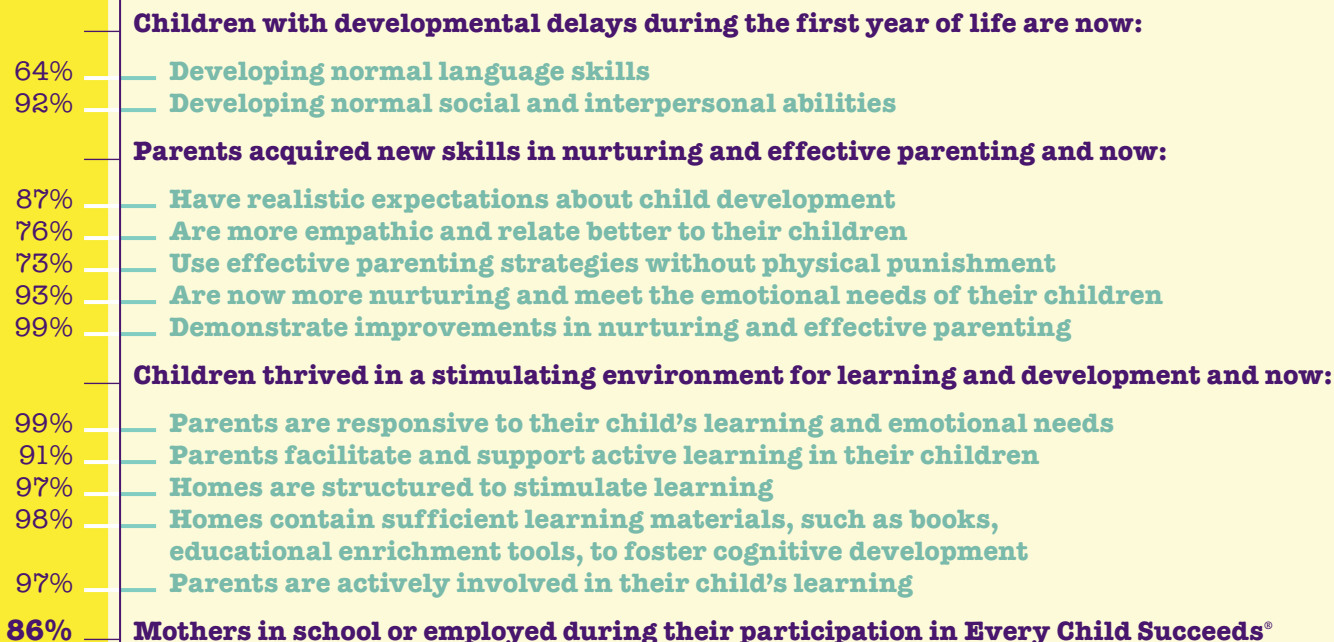
EVERY CHILD<sup>®</sup>  
SUCCEEDS

ECS IS SUCCEEDING  
AND WE ARE VERY  
PROUD OF OUR LATEST  
REPORT CARD

## PROGRAM STATISTICS



## PROGRAM COMPLETION: AT GRADUATION FROM ECS\*...



\* Program participants demonstrate gains throughout the program. Statistics presented here are for those who graduate.

# REPORT CARD

## PROGRAM INITIATIVE: TREATMENT OF DEPRESSED MOTHERS

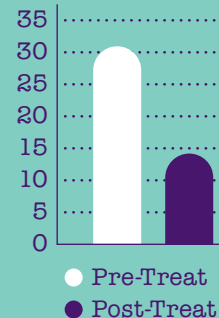
**Maternal depression disrupts parenting, negatively impacts the child's development and ability to form close relationships, and interferes with the family's ability to fully benefit from home visitation services. Major depression is all too common in first-time, at-risk mothers:**

- 33% — Mothers who are depressed at enrollment in Every Child Succeeds®
- 44% — Mothers who are depressed at some point during the first year of service
- 15% — Mothers who are depressed throughout the first year of service

**Funded by the Health Foundation of Greater Cincinnati, the Maternal Depression Treatment Program (MDTP) provides an innovative and effective in-home psychological therapy for depressed mothers in Every Child Succeeds®.**

**Results document the effectiveness of the MDTP treatment:**

- 84% — Treated mothers no longer depressed by the end of treatment
- 50% — Reported decrease in the occurrence and severity of mothers' depressive symptoms, including improvements in mood, hopefulness about the future, self-esteem, energy, concentration, memory, and sleep (as reflected in graph shown here)
- 69% — Mothers report being emotionally closer to their children.
- 85% — Mothers report decreased stress related to parenting and work or school, decreased isolation and increased social support from others.
- 100% — Both mothers and home visitors are highly satisfied with program.



## ADDITIONAL PROGRAM INITIATIVES

**Documenting presence and use of a medical home for children and families**

**Validating complete immunizations for children by age 2**


**Increasing enrollment of first-time mothers prenatally**

**Increasing rates of breastfeeding and identification of supports that help new mothers sustain breastfeeding**

**Coordinating Every Child Succeeds® home visits with the Cincinnati Children's Hospital Medical Center's primary care residency tract**

**Enhancing the focus on the critical role of fathers in their child's development**

**Effecting smooth transition from Every Child Succeeds® to HeadStart and other community programs for 3-5 year olds**

MEASURABLE INDICATORS	SIMILAR POPULATIONS <sup>1</sup>	 <sup>2</sup>	WHY THIS RESULT IS SIGNIFICANT
Normal Development of Young Children	65-84% <sup>3</sup>	<b>&gt;91%</b>	<b>ECS is working with at-risk children and results exceed those found in similar populations.</b>
Improvement in Depression within One Year	17-30% <sup>4</sup>	<b>51%</b>	<b>ECS mothers have a higher rate of depression (29% versus 6%-10% in the general population), yet depressed mothers in ECS improve at rates of about twice that found in similar populations.</b>
Reported Child Abuse and Neglect	4.7% <sup>5</sup>	<b>2.0%</b>	<b>ECS is 67% lower than the national rate.</b>
Alcohol Use in Pregnancy	33-52% <sup>6</sup>	<b>18%</b>	<b>Our rate of alcohol use during pregnancy is about half that reported by similar populations.</b>
Marijuana Use in Pregnancy	23-32% <sup>7</sup>	<b>20%</b>	<b>ECS mothers use marijuana during pregnancy less often than mothers do in similar populations.</b>
Cocaine Use in Pregnancy	14% <sup>8</sup>	<b>6%</b>	<b>Cocaine use during pregnancy for ECS mothers is about half that documented in similar populations.</b>
Reduction in Smoking during Pregnancy	30-39% <sup>9</sup>	<b>94%</b>	<b>Mothers in ECS are twice as likely to smoke prior to pregnancy than mothers in the general population. Yet, during pregnancy, our mothers show dramatic reductions in tobacco use.</b>

<sup>1</sup> Percentages taken from studies of mothers and children drawn from similar populations to those served by Every Child Succeeds, or from national rates, when available.

<sup>2</sup> Results from Every Child Succeeds taken from ECS evaluations of program impacts.

<sup>3</sup> O'Hara, Church, & Blatt (1998); Bassuk & Rosenberg (1990) / <sup>4</sup> Whiffen & Gotlib (1993); Troutman & Cutrona (1990) / <sup>5</sup> Daro & Wang (1998)

<sup>6</sup> Gilchrist, Gillmore, & Lohr (1992); Amaro, Zuckerman, & Cabral (1989) / <sup>7</sup> Zuckerman, Frank, & Hingson (1989); Amaro, Zuckerman, & Cabral (1989)

<sup>8</sup> Amaro, Zuckerman, & Cabral (1989) / <sup>9</sup> Cornelius et. al. (1994); Fingerhut, Kleinman, & Kendrick (1990)

Sept. 2002



EVERY CHILD  
SUCCEEDS

Compared to similar families elsewhere in the United States, it is clear that Every Child Succeeds is making a difference for first-time, at-risk mothers and their families.

Your support of Every Child Succeeds helps to guarantee strong families and strong communities.

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