

Cincinnati Children's Hospital Medical Center
3333 Burnet Avenue, MLC 10001
Cincinnati, OH 45229



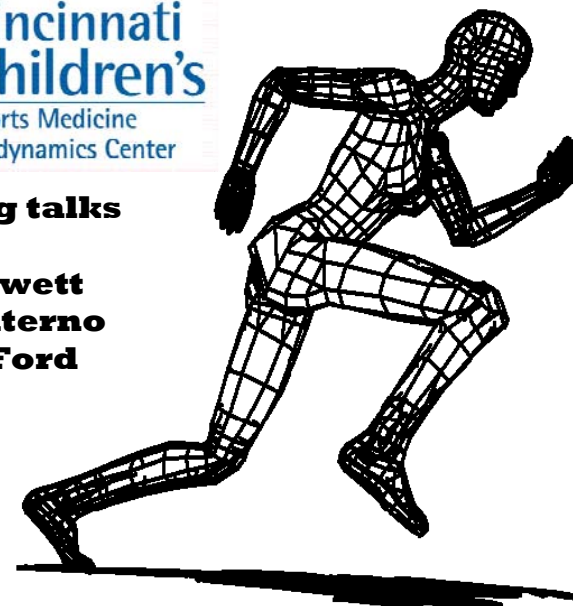
The ACL Workshop:

**A state of the art prevention and
rehabilitation program**

Saturday, November 7, 2009



**Featuring talks
by
Tim Hewett
Mark Paterno
Kevin Ford**



**Cincinnati Children's Medical
Education Building**

619 Oak Street
Cincinnati, OH 45229
(corner of Oak and Reading Road)

Saturday, November 7th, 2009 “ACL Workshop”

Moderator –Tim Hewett

8:00 – 8:30 a.m. – Mechanisms of ACL Injuries

8:30 -9:00 – Sex difference and Maturation in the adolescent athlete

9:00 -9:30 am Conservative Management of ACL injuries: Is reconstruction needed?

Moderator – Mark Paterno

9:30 – 9:50 am. – Surgical Management of ACL injuries

9: 50 – 10:15 am.- Graft Choice

10:15-10:30 am – Break

10:30 – 11:00 am- Post Operative Rehabilitation and Return to Sports Decisions following ACL Reconstruction

11:00 – 11:30 - Long Term Outcomes Following ACL Reconstruction: Risk of OA

11:30-11:45 Panel Discussion

11:45-12:30 - Lunch

Moderator – Tim Hewett

12:30-1:30 p.m. – ACL Injury Prevention

1:30-2:15 p.m. – Modeling ACL mechanisms and prevention programs

2:15-3:15 p.m. – Screening Techniques

3:15-3:30pm Break

3:30-5:00 p.m. Training

5:00-5:15 p.m. – Panel Discussion