

Description of Training Activities – Child Clinical

July - December

DDBP Diagnostic Evaluation and Treatment Services

Through its Diagnostic Evaluation and Treatment Services, the Division of Developmental and Behavioral Pediatrics (DDBP) provides comprehensive evaluations, by experts in their field, to identify the child's strengths and offer the ground work for a unique family centered care plan. These professionals include audiologists/speech pathologists, nurses, nutritionists, pediatricians, psychologists, occupational/physical therapists, social workers, special educators, and other related specialists. The team works together to evaluate the child's needs and strengths, and offers guidance to parents. Members of the teams work with the family to develop a plan that can help the child reach his/her full potential. In many cases, DDBP staff works closely with other professionals at Cincinnati Children's Hospital Medical Center, the University of Cincinnati, and community-based organizations to provide individualized programs of ongoing care. Working together, these specialists have one goal: to help individuals with developmental disabilities lead fulfilling lives and become contributing members of their communities. Residents participate in psychological evaluation and evaluation coordination of children and youth as part of an interdisciplinary for four months. Residents may participate in assessments for preschool, school-age and adolescent clients who are suspected to have a developmental disability. Common presenting problems include children and youth with cognitive, language, learning, or pervasive developmental challenges plus co-morbid psychological conditions that often occur (e.g., oppositional, anxiety/depression, disruptive behaviors, self injurious behaviors, attention deficits). Residents gain the skills to not only plan, administer, and interpret psychological assessment approaches with the children referred to the interdisciplinary center, but also learn to share the integrated findings from the interdisciplinary team with the family.

Supervisor: Richard Gilman, Ph.D.

Evidence-Based Treatment for Traumatized Children – PCIT

This is a 14-session parent training intervention for children who have experienced stress or trauma. Consists of about 14 sessions and focuses on two basic interactions: Child Directed Interaction (CDI): Caregivers are taught the PRIDE skills: Praise, Reflect, Imitate, Describe, Enthusiasm. Caregivers follow the child's lead. They ignore annoying or obnoxious behavior and control dangerous behaviors. Parent Directed Interaction (PDI): Caregivers learn to use effective commands and specific behavior management techniques as they play with their child. Caregivers are taught effective time out procedures and how to manage children's behaviors in real-world settings. Residents will follow 2- 3 cases. *Supervisor: Erica Pearl, PsyD.*

Mini- Pediatric Rotation – Sickle Cell Clinic (July-October)

The Cincinnati Comprehensive Sickle Cell Clinic is one of eleven nationally funded translational and basic science treatment centers for persons affected by sickle cell disease. Residents will see patients during clinic visits as part of a multi-disciplinary

team focusing on pain management, adherence to treatment regimens, adjustment to illness, and screen for emotional or behavioral disorders. Residents will also be involved with a web-based pilot project designed to improve health care satisfaction and patient-provider communication during clinic visits and work with adolescents and young adult patients in the transition program.

Supervisor: Lori Crosby, Psy.D.

Mini-Pediatric Rotation – Observations of Pediatric Clinics and Behavioral Sleep Clinic (November–December)

January - June

Mini-Pediatric Rotation - Bariatric Surgery Clinic (January – April)

Bariatric surgery is a specialized surgical discipline. Bariatric surgeons modify the stomach and its connections to treat severe obesity. This discipline is recognized both by the American College of Surgeons and the National Institutes of Health. For some severely obese adolescents, behavioral and nutritional approaches to weight loss are unsuccessful. Despite their best efforts, these adolescents are unable to achieve sustained weight loss. Due to severe obesity, they may suffer from cardiovascular disease, diabetes, and other serious health problems. Even if such problems do not occur during adolescence, they have a high likelihood of occurring in adulthood unless significant weight loss is achieved. The Bariatric Surgery Program offers these adolescents a surgical weight loss option that serves as another tool for weight management. This tool, is used only when other non-operative approaches have failed to achieve lasting results. Appropriate attempts to achieve weight loss through a supervised healthy diet, a behavior modification regimen, exercise, and adopting a physically active lifestyle must first be made. Residents will have the opportunity to follow a bariatric surgery case across the year.

Supervisor: Meg Zeller, Ph.D.

Training Objectives:

1. To gain an understanding of morbid obesity as a chronic disease.
2. To gain an understanding of bariatric surgery as a weight management option for morbidly obese adolescents.
4. To gain an understanding of multidisciplinary treatment, including the use of behavior modification tools, to facilitate optimum outcomes in bariatric surgery patients.

The Kelly O'Leary Center's (TKOC) Community Consultation Program

This service provides support to teams serving individual's with autism spectrum disorders in a variety of areas including behavior, education/skill acquisition, communication, and self-regulation. These supports are provided in the school/community setting and may include direct and indirect consultation, functional behavioral analysis, curriculum modification, environmental supports, review of objectives and teaching methods, modeling of intervention techniques, and team

training. Residents will observe and assist with functional behavioral analyses and consultation to teams.

Supervisor: Melissa Foti-Hoff, PsyD.

Infant Mental Health Assessment

Every Child Succeeds (ECS) provides home visitation services to at-risk first-time mothers and their children in Southwestern Ohio and Northern Kentucky. Mothers are recruited during pregnancy through three months of age, and home visitation is provided over 2 ½ - 3 year period. Residents will provide developmental assessments for children of parents involved in the home visitation program.

Supervisor: Robert Ammerman, Ph.D.

Year-Long

Center for ADHD

The Center for ADHD was developed by CCHMC in 2006 to provide evidence-based diagnosis and treatment services for children with ADHD. Attention-Deficit/Hyperactivity Disorder (ADHD) is one of the most commonly diagnosed childhood disorders, with prevalence rates among grade-schoolers estimated at 3% -7% (American Psychiatric Association, 2000). Children with ADHD often experience significant impairments at school, home and with peers. To promote the evidence-based assessment and treatment of children with ADHD, the American Academy of Pediatrics (AAP) and the American Academy of Child and Adolescent Psychiatry (AACAP) have established guidelines and practice parameters (AACAP, 1997; AAP, 2000). The Center for ADHD implements these procedures to ensure that children receive accurate and comprehensive diagnoses. The Center for ADHD also offers a number of evidence-based treatments for ADHD including parenting training and child groups, school interventions and medication titration. Residents observe and participate in the ADHD diagnostic evaluations, report writing, and child group implementation. Residents also attend and present at weekly research and clinical seminars on ADHD and have the opportunity to participate in on-going research projects.

Supervisor: Richard Loren, Ph.D.

Training Objectives:

1. To gain an understanding of ADHD as a chronic disorder.
2. To develop expertise in the evidence-based tools and techniques for diagnosing ADHD.
3. To develop proficiency in the writing of comprehensive diagnostic reports for ADHD evaluations.
4. To gain proficiency in the use of behavior management techniques to effectively manage the behavior of children with ADHD.
5. To gain proficiency in the use of behavior modification techniques and interventions to improve the interpersonal and academic functioning of children with ADHD.