## How to Help Children... Through Grief and Loss

WORKBOOK



The following pages are meant to create a thoughtful space for grieving children as they remember and think about the loved one who died. You could do them together, or each of you could put down your own thoughts and share them later.

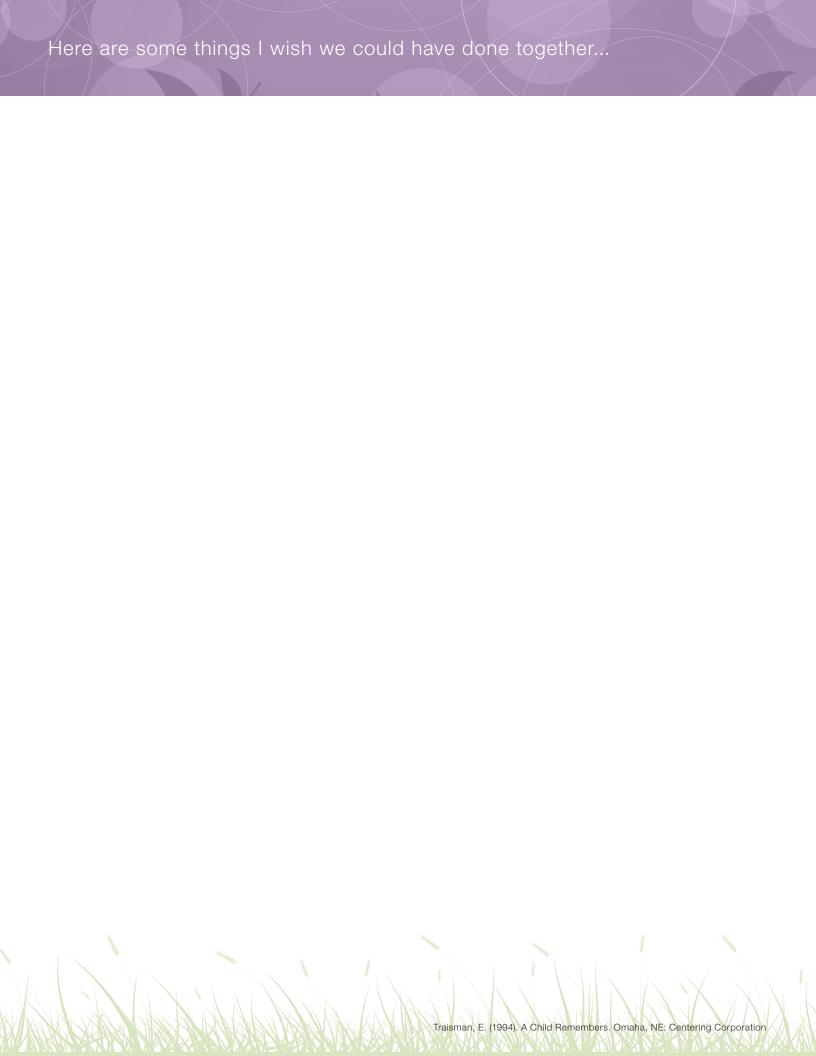


will describe wa	ays we were sp	pecial to eac	h other	

Here is a drawing of how I imagine	you now	









www.cincinnatichildrens.org/bereavementresource



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