

Hypoglycemia (Low Glucose) Emergency Plan for a Student with Diabetes on Basal Bolus Insulin Injection or Pump Therapy

Student's Name		Address		Date of Birth
School Name			Grade	School Year
Mother/Guardian			Father/Guardian	
Home Phone	Work Phone	Cell Phone	Home Phone W	/ork Phone Cell Phone
		Causes of H Too much insulin Missed food	Hypoglycemia Delayed food Exercise	
		Syn	nptoms	
	HungryHeadacheShakyBlurred visionOther	WeakAnxious	Loss ofSeizure	Severe consciousness to swallow
	Parent to circle	usual symptoms		
	Notify schoolIf possible,	Ac a student with suspect of nurse or trained pers test glucose. ng/dL or less. If unable	sonnel.	

Treatment of Mild to Moderate

- Immediately give a fast-acting carbohydrate such as:
 - 4 oz. fruit juice or 4 oz regular pop or
 - 5-8 lifesaver candies or
 - 3-4 glucose tablets or
 - 3 packets of sugar
- Wait 15 minutes.
- Retest the glucose.
- Repeat treatment and retest every 15 minutes until the glucose is greater than 70 mg/dL.
- Contact the parents/guardians if the student required a repeat treatment or if the glucose was less than 50 mg/dL or if the student had more than one episode of hypoglycemia during the school day.

Treatment of Severe

- Don't attempt to give anything by mouth.
- Position on side, if possible.
- Have trained personnel administer glucagon, as prescribed.
- Call 911.
- Stay with the student.
- Contact the parents/guardians.
- When the student awakens and can swallow, encourage the student to take small sips of fruit juice or regular pop. If tolerated, follow with a snack consisting of a carbohydrate and a fat, such as peanut butter crackers.