



Poison Prevention Tip Sheet

What Is A Poison?



**A poison is any substance that can cause an unwanted symptom.
Millions of people are accidentally poisoned every year.**

How Can YOU Prevent Poisonings:

- Keep products like bug sprays, drain cleaners and medicines in a locked cabinet.
- Never leave purses unattended.
- Never store food and household cleaning products together.
- Avoid taking medicine in front of children. Never refer to medicine as "candy".
- Pour old medicine down the drain or toilet and rinse the container out before throwing it away.
- Always leave the light on when giving or taking medicine. Check dosage every time.
- Keep house plants out of small children's reach.
- Keep products in their original containers.
- "Poison Proof" your home. Call Cincinnati Drug and Poison Info. Center for more information.
- Make sure that grandparents and daycare providers have this list.

What To Do If A Poisoning Occurs:

1. Remain calm.
2. Call the Cincinnati Drug & Poison Info. Center at 1-800-222-1222. This call is FREE!
3. Have the following information ready:
 - Product container
 - How much was taken
 - Time poisoning happened
 - Describe symptoms
 - Age and weight of person involved
4. Listen carefully and follow instructions exactly.

