

Project/Topic of your Clinical Question: _____

Reviewer: _____

Today's Date: _____

Final Evidence Level: _____

Article Title: _____

Year: _____

First Author: _____

Journal: _____

** Note: Although an N-of-1 or single subject study is best evidence for that individual patient, a published report of an N-of-1 or single subject study is a case report.*

Do the study aim/purpose/objectives and inclusion/exclusion criteria assist in answering your clinical question?
☐ Yes ☐ No ☐ Unknown

- Study Aim/Purpose/Objectives:

- Inclusion Criteria:

- Exclusion Criteria:

Is a case report congruent with the author's study aim/purpose/objectives above?
☐ Yes ☐ No ☐ Unknown

Comments:

When reading the bolded questions, consider the bulleted questions to help answer the main question.

If you are uncertain of your skills in evidence evaluation, please consult a local evidence expert for assistance:

CCHMC Evidence Experts: <http://groups.ce/NewEBC/EBDMHelp.htm>

Unfamiliar terms can be found in the LEGEND Glossary: <http://groups.ce/NewEBC/EBCFiles/GLOSSARY-EBDM.pdf>

BASIC ELEMENTS OF A CASE REPORT

1. Does the case report fit into one of the categories expected?
☐ Yes ☐ No ☐ Unknown

Check the category that applies:

- ☐ New associations or variations in disease processes
- ☐ Innovative approaches/interventions for treatment in disease processes
- ☐ Findings that shed light on the possible pathogenesis of a disease or an adverse event
- ☐ Presentations, diagnoses, or management of new and emerging diseases
- ☐ Unreported or unusual side effects or adverse interactions involving medications or treatment
- ☐ Unexpected or unusual presentations of a disease
- ☐ Unexpected association between diseases and symptoms
- ☐ Unexpected event in the course of observing or treating a patient
- ☐ Does not fit one of the categories expected for case reports

Comments:
2. Does the case report include a background of the issue on which the case report focuses?
☐ Yes ☐ No ☐ Unknown

Comments:

3. Does the case report include an up-to-date review of the previous cases in the field?

☐ Yes ☐ No ☐ Unknown

Comments:

4. Does the case report include details relevant to the case?

☐ Yes ☐ No ☐ Unknown

Check the details that apply for each patient or for all patients (if >1 patient reported):

- ☐ A description of the patient's demographic information
- ☐ Any relevant medical history of the patient or their family
- ☐ The patient's signs and symptoms
- ☐ Any tests that were carried out
- ☐ A description of pertinent details (e.g., disorder, medication, interventions/treatments, adverse events)
- ☐ The outcome of the case

Comments:

5. Is the importance of the case explained?

☐ Yes ☐ No ☐ Unknown

- What can be learned from the case report?
- How will the case report advance our clinical knowledge?
- Other?

Comments:

6. Was there freedom from conflict of interest?

☐ Yes ☐ No ☐ Unknown

- Sponsor/Funding Agency or Investigators/Authors

Comments:

APPLICABILITY: CAN I APPLY THIS CASE REPORT INFORMATION?

7. Can the results be applied to my population of interest?

☐ Yes ☐ No ☐ Unknown

- Is the setting of the case(s) applicable to my population of interest?
- Do the patient outcomes apply to my population or question of interest?
- Was the patient (or were the patients) in this report similar to my population of interest?

Comments:

8. Are my patient's and family's values and preferences satisfied by the knowledge gained from this report (such as outcomes considered)?

☐ Yes ☐ No ☐ Unknown

Comments:

9. Would you include this report in development of a care recommendation?

☐ Yes ☐ No ☐ Unknown

Comments:

ADDITIONAL COMMENTS OR CONCLUSIONS ("TAKE-HOME POINTS"):

QUALITY LEVEL / EVIDENCE LEVEL

- Consider each "No" answer and the degree to which this limitation is a threat to the validity of the results, then check the appropriate box to assign the level of quality for this study/article.
- Consider an "Unknown" answer to one or more questions as a similar limitation to answering "No," if the information is not available in the article.

THE EVIDENCE LEVEL IS:

- ☐ Good Quality Case Report [5a]
☐ Lesser Quality Case Report [5b]
☐ Not Applicable

Table of Evidence Levels

DOMAIN OF CLINICAL QUESTION	TYPE OF STUDY / STUDY DESIGN																			
	Systematic Review Meta-Analysis	Meta-Synthesis	RCT +	CCT +	Psychometric Study	Qualitative Study	Cohort – Prospective	Cohort – Retrospective	Case – Control	Longitudinal (Before/After, Time Series)	Cross – Sectional	Descriptive Study Epidemiology Case Series	Quality Improvement (PDSA)	Mixed Methods Study	Decision Analysis Economic Analysis Computer Simulation	Guidelines	Case Reports N-of-1 Study	Bench Study	Published Expert Opinion	Local Consensus Published Abstracts
All Domains	1a 1b											4a 4b		2/3/4 a/b	5a 5b	5a 5b	5a 5b	5a 5b	5a 5b	5

⁺ RCT = Randomized Controlled Trial; CCT = Controlled Clinical Trial

Development for this appraisal form is based on:

- Fineout-Overholt and Johnston: Teaching EBP: asking searchable, answerable clinical questions. *Worldviews Evid Based Nurs*, 2(3): 157-60, 2005.
- Guyatt, G.; Rennie, D.; Evidence-Based Medicine Working Group.; and American Medical Association.: Users' guides to the medical literature : a manual for evidence-based clinical practice. *Users' guides to the medical literature : a manual for evidence-based clinical practice*: "JAMA & archives journals." Chicago, IL, 2002
- Melnik, B. M. and E. Fineout-Overholt (2005). Evidence-based practice in nursing & healthcare: a guide to best practice. Philadelphia, Lippincott Williams & Wilkins.
- Phillips, et al: Oxford Centre for Evidence-based Medicine Levels of Evidence, 2001. Last accessed Nov 14, 2007 from <http://www.cebm.net/index.aspx?o=1025>.
- <http://www.jmedicalcasereports.com/jmedicalcasereports/about/submissions>