

Psychiatry Inpatient Overnight Stay Guidelines



Our priority is providing safe, compassionate care for every patient. If you are interested in staying overnight, these guidelines will help you prepare for your visit. We want you to feel informed, comfortable, and supported as you decide what is best for you and your family.

Overnight Stay

Please discuss any questions related to overnight stays with your child's treatment team during Family-Centered Rounds or with the Charge RN after hours or on weekends.

Checking In for the Night

- One guardian may stay overnight at a time.
- Whenever possible, notify the unit by 4:00 pm if you plan to stay overnight. This is appreciated but not required.
- Check in at the Welcome Desk with a photo ID by 8:00 pm to receive your overnight badge.
- Plan to remain on the unit overnight until 6:00 am.
- If you anticipate staying multiple nights or have unique circumstances, please let us know so we can help you plan accordingly.

What to Bring

Pack only what you need for the next 24 hours.

Please leave at home:

- Electrical items
- Sharp objects (including razors)
- Other prohibited items

All belongings brought onto the unit will be searched.

Storing Personal Belongings

Using the Parent Respite Room lockers outside the unit, securely store:

- Overnight medications
- Cell phones
- Laptops
- Tablets and e-readers
- Coats
- Purses, wallets, and keys
- Toiletries
- Any belongings not needed overnight

Bathroom & Shower Access

- A parent bathroom is available outside the unit near the Parent Respite Room.
- We encourage you to shower before arriving or after returning home.
- Showers are available in the patient's room while the patient is in the milieu. Please work with staff to maintain privacy, as the bathroom does not have a full door.

Unit: _____

Unit Phone #: _____

4 Digit Code: _____

College Hill Campus

5642 Hamilton Ave.
Cincinnati, OH 45224

Lindner Center of Hope

4075 Old Western Row Rd
Mason, OH 45040

Need help while you're here?

Family Resource Center &
Family Advocacy Offices

1st Floor, across from
the Welcome Desk at the
College Hill Campus

Parent Engagement Specialist

513-636-9844



Family Guide & Resources

Download the

full Psychiatry Inpatient
Family Guide by scanning
the QR code or visiting:
[cincinnatichildrens.org/
service/p/psychiatry/
programs/inpatient](http://cincinnatichildrens.org/service/p/psychiatry/programs/inpatient)

Sleeping Arrangements

A sleep bench or bed will be provided so you can stay near the patient while sleeping separately. We will provide a pillow, sheets, and blankets. Sleeping on the floor is not permitted.

Before 8:30 pm:

- Complete your evening hygiene routine.
- Check all electronic devices into a locker for the night.
- Share the unit phone number with family members in case of emergency.

Overnight Expectations

After 8:30 p.m., you will be asked to remain in the patient's room.

To help maintain a therapeutic environment:

- Please respect the privacy of other patients.
- Limit interactions with other patients to brief greetings.
- Follow designated quiet hours from 10:00 pm to 7:00 am
- Support your child's bedtime routine so they are rested for the following day.

The television in the patient's room will be turned off during quiet hours.

Throughout the night, staff will conduct routine patient safety checks every 5–15 minutes. We understand these checks may occasionally disrupt sleep and appreciate your understanding.

Food & Dining Options

Meals and snacks may be shared with your child during regular visiting hours (8:00 am–8:30 pm).

Because overnight guests are asked to remain in the patient's room after 8:30 pm, please plan to eat before 8:30 pm or after leaving in the morning.

Food cannot be stored on the unit or in lockers.

College Hill Campus

Café

- Hot meals: Monday–Sunday, 6:30 am–6:00 pm
- À la carte service available 24/7 (credit card only)

Vending Machines

- Snacks and beverages available 24/7

Lindner Center of HOPE (LCOH)

Meal Service

- Breakfast: 8:00–9:00 am
- Lunch: 12:00–1:00 pm
- Dinner: 5:00–6:00 pm