

What to Expect at Every Visit

You are welcome to visit while a patient is hospitalized. During the first 24 hours, patients participate in several assessment meetings, and each day includes scheduled programming. Check the unit schedule for the best visiting time slots.

Arrival & Security Screening

When you arrive, you will walk through a security station. Keep personal items in your pockets and place your bag through screening. Your bag may be searched after screening.

Check-In at the Welcome Desk

Next, stop at the Welcome Desk and provide the patient's visitor code and photo ID. The Welcome Desk representative will verify your name and ID against the approved visitor list. Each visitor age 16 or older must have their own ID and be listed as an approved visitor.

Visitor Badge & Access Card

At the Welcome Desk you will receive a visitor badge to wear during your visit and an elevator access card. Keep both items with you at all times—do not leave them on the unit or give them to your child. At the end of your visit, return the access card to the Welcome Desk.

Belongings & Safety Screening

Anything you bring—including personal belongings and food—will be searched at check-in. This helps keep patients, visitors, and staff safe.

Items that are not allowed will be returned to you to store in our parent lockers (in the main lobby) or take back to your car.

Storing Your Personal Items: empty your pockets and secure all personal items, including:

- Cell Phone
- Purse / Wallet
- E-cigarettes/ Lighters
- Reusable water container
- Keys
- Coat
- Nail Clippers/ Scissors
- Pocket knife
- Prescriptions
- Backpack

Arriving at the Unit

When you arrive at the unit:

- Ring the doorbell and wait for staff to unlock (buzz) the door
- Sign in on the visitor log
- Take any approved belongings to the nurse's station so they can be logged

Leaving the Unit After Your Visit

When you are leaving:

- Sign out of the visitor log
- If taking any belongings home, check with staff to update the belongings list
- Wait for staff to unlock (buzz) the doors to exit
- Stop at the lockers to collect your personal items before leaving the building

Unit: _____

Unit Phone #: _____

4 Digit Code: _____

College Hill Campus

5642 Hamilton Ave.
Cincinnati, OH 45224

Lindner Center of Hope

4075 Old Western Row Rd
Mason, OH 45040

Need help while you're here?

Family Resource Center &
Family Advocacy Offices

1st Floor, across from
the Welcome Desk at the
College Hill Campus

Parent Engagement Specialist

513-636-9844



Family Guide & Resources

Download the

full Psychiatry Inpatient
Family Guide by scanning
the QR code or visiting:
[cincinnatichildrens.org/
service/p/psychiatry/
programs/inpatient](http://cincinnatichildrens.org/service/p/psychiatry/programs/inpatient)

Approved Personal Items

We are able to provide for all your child's basic needs (clothing, toiletries, etc). Some items are not allowed in our patient care spaces. Please review the list below before preparing your child's belongings. For additional questions, reach out to your child's Social Worker or the unit Charge Nurse.

Items Provided on the Unit

- Toiletries: deodorant, toothbrush, toothpaste, mouthwash, lotion, hairbrush/combs, hair ties, bonnets, shampoo, conditioner, leave in conditioner, hair gel, and feminine products
- Unit patient clothing: scrub pants, t-shirts, sweatshirts, undergarments/sports bra
- Pillow and blankets
- Arts and crafts activities

Items to Leave at Home

- **All technology** including patient cell phones, laptops, iPads and Chromebooks (*iPads/AAC's are allowed for patients who are recommended these systems to support their communication or as directed by the treatment team*)
- Clothing with any strings
- Belts
- Personal items of value (includes high-price clothing/shoes)
- Jewelry (earrings, necklaces, bracelets, rings, watches)
- Makeup and nail polish
- Items with batteries
- Sharps (scissors, razors, tweezers, nail clippers)
- Suitcases, luggage, totes, backpacks (pack belongings in disposable bag)
- Reusable water containers
- Glass of any type (bottles, cups, vases, containers)
- Balloons/flowers
- Markers/crayons/art supplies (we only allow certain types)
- Aerosol products, pumps or metal canned toiletries

Optional Items to Bring From Home

Note: All items will be searched at the Welcome Desk and transferred into a clear plastic bag. Packing in a disposable bag can make this transition easier. Storage is limited. Inform staff when you are taking items home so that the belongings list in the chart is properly updated.

- Augmentative communication device (AAC) with charger
- Max of 3–5 outfits total: as you bring more outfits, take unused home
 - Pajamas without strings
 - T-shirts (short and long sleeve) – No vulgar language/subjects
 - Pants with no strings (sweatpants, jeans with limited holes, leggings)
 - Shorts (school length appropriate)
 - Undergarments/binders (sports bras preferred, no metal underwires)
 - Hoodie with no strings
- Coat/Jacket (during colder seasons)
- Shoes: 1 pair. Shoes with laces will remain locked up unless going off unit to gym/outdoor space
- Personal pillow and/or blanket (twin size or smaller)
- Books/journals (limit 2 – glue bound/paperback, no staples, age-appropriate topics)
- Letters, cards, photographs of family, friends, pets (no frames)
- Comfort item/stuffed animal (no batteries or beads)
- **Lindner Center of Hope Only:** School laptop (once approved by your child's treatment team)

Safer Together: Food & Container Guidelines

At Cincinnati Children's Division of Child and Adolescent Psychiatry, we practice being Safer Together to help keep all patients safe. You may bring single-serving snacks, beverages or a meal. We are not able to store leftovers and will be sent home.

Some food and drink containers are not permitted on the unit. If needed, staff will provide a safe container to transfer outside food during your visit.

Thank you for partnering with us to support a safe environment.