

### **Resources for Parenting Information**

- [www.onetoughjob.org](http://www.onetoughjob.org) - Growth & Development info by age, Communication and behavior/discipline info, self-care tips, etc. (Also in Spanish)
- [www.atlc.org](http://www.atlc.org) - aTLC, the Alliance for Transforming the Lives of Children. aTLC is dedicated to supporting parents, caregivers, professionals, and policymakers in practicing the art and science of nurturing children. Phone and online support available. Phone: 888-574-7580, Email: [info@atlc.org](mailto:info@atlc.org)
- [www.usa.gov/Topics/Parents.shtml](http://www.usa.gov/Topics/Parents.shtml) - Official information and services from the U.S. government
- [www.parenting.org](http://www.parenting.org) - A Service of Boys Town. Training, consulting, and researching parenting practices that will help you and others like you deal with the day-to-day care taking, guidance, and development of your child. Phone: 1-800-448-3000
- [www.parenting.com](http://www.parenting.com) - Website of Parenting and Babytalk magazines. Information about children of all ages, ideas for activities, and information about parenting.
- [www.familyeducation.com](http://www.familyeducation.com) - Information about children by age. Links to parent message boards, recipes, and parent advice.
- [www.kidshealth.org](http://www.kidshealth.org) - Parenting basics like discipline, homework help, and how to talk to your child about tough subjects, like sex, tobacco, and alcohol.
- <http://www.cincinnatichildrens.org/svc/alpha/f/family-resource/default.htm> - The Family Resource Center at Cincinnati Children's Hospital Medical Center has parenting resources as well as information on specific conditions and diagnoses. Phone: 1-800-344-2462, ext. 7606 or 513-636-7606. Email: [frc@cchmc.org](mailto:frc@cchmc.org)