## Preventing IntraVenous Extravasation Injuries

### Cincinnati Children's Vascular Access Team

- Neil Johnson, MD
- Barb Tofani, RN, MSN
- Sylvia Rineair, RN, MSHA, VA-BC
- Mary Haygood, RN, BSN
- Julie Stalf, RN, MSN, VA-BC



**CHA Webinar February 2013** 

"No-one Has All The Answers"



## Objectives

- Describe Cincinnati's 4 Year I/V Extravasation Harm Reduction Initiative
- Describe Our 3 Phase Strategy
  - Reliable Hourly Bedside I/V Checks
  - Evidence Based 3 Tier Med Tissue Risk Stratification
  - "No Grade" 2 Component Assessment / Documentation Tool
- Discussion and Sharing



### Outline

- The Cincinnati Children's Safety Environment
- Definitions
- Mechanisms of Extravasation Injury
- Reliable Hourly I/V Checks (Volume / Swelling)
- Medication Risk Stratification (Tissue Toxicity)
- 2 Component Extravasation Assessment Tool
- Goodbye Grading: Why We Divorced "Grading"

. . . . . .



### Outline cont'd

- Treatment, Feedback and Accountability
- Other Extravasation Assessment Systems
- Results
- Questions and Discussion



## **CCHMC Safety Culture**

**Anderson Center** 

Patient Safety Patient Safety First

### Patient Safety First

At Cincinnati Children's, we believe that keeping our patients and employees safe is a precondition for everything we do. Safety is central to delivering the best-in-class outcomes we are committed to and is a fundamental right of the parents who bring their children to us for care. It is the reason we ask patients and families to sit on our boards, participate in our



improvement work and help us design care delivery. We hope they will push us out of our comfort zone and eradicate a common belief in healthcare – that harm is an eventuality that comes with taking care of very sick kids. Stephen Muething, MD, vice president of safety, leads our efforts.



#### Home

Safety- Home

#### What is a Serious Safety Event?

Serious safety events are adverse events that result when deviation in best-practice care cause significant harm to a patient.

- Event Pyramid
- SSE Process
- Safety Reporting System
- Serious Safety Event Policy
   Checklist for Immediate Response to SSE

#### Manager's Safety Toolbox

- 2012 Culture Survey Results
- 2011 Culture Survey Results
- Fink Safety, Talk Safety
- Aparent Cause Analysis (ACA)
- Dr. Steve's Journal
   Submit a Safety Story
- Manager SSE Post Event
- Patient Safety Video Toolkit

#### Patient Safety Program Information

- Daily Safety Brief (secured)
- ASSERT Project Overview
- Patient Safety Training ELM-login

#### National Patient Safety Goals

2011 National Patient Safety Goals

#### Safety Videos

- Be a Soaper Hero. Clean Your Hands.
  - "How you too can be a Soaper Hero!"
- Patient Safety Video
- Safety in Three Words Video
- Daily Safety Brief
- Reducing Serious Safety Events "Learn what CCHMC plans to do!"

#### Safety News

- · Tenets of Surgical Safety
- · Surgical Safety Mission Statement
- Commitment to Patient Safety "What does that look like?"
- Count Policy
- AHA Pals Information
- PIV Extravasation Grading Scale
- Peripheral Venous Infusion Risk

#### Codes/MRT/CPR Comittee

- CPR/MRT Communications
- Monitor Oversight Under Developement

#### Behavioral Observation Tool

- e-BOT link
- e-BOT Tutorial
- Paper BOT

#### Resources and Tools

- ISMP Medication Safety Alert Newsletter
- ISMP Nurse Advise-ERR Newsletter



### http://cincinnatichildrens.org

### About Cincinnati Children's

HOME » ABOUT CINCINNATI CHILDREN'S » OUTCOMES AND QUALITY IMPROVEMENT » SYSTEM LEVEL MEASURES » SERIOUS SAFETY EVENTS

### About Cincinnati Children's

- Corporate Information
- University of Cincinnati Affiliation
- Mission and Vision
- Awards and Rankings

Our History

- ▶ Community Outreach
- Outcomes and Quality Improvement
   How We Measure Up
  - System Level Measures

Patient and Employee Safety
Clinical Excellence, Outcomes

Patient and Family Experience

### **Serious Safety Events**

A serious safety event (SSE) is a variation from expected practice followed by death, severe permanent harm, moderate permanent harm, or significant temporary harm.

#### Why This Measure Is Important

Our goal is to eliminate all serious harm to our patients.

#### **How We Measure**

To measure SSEs, we use a standard definition that has been adopted by the Ohio Children's Hospitals' Solutions for Patient Safety (SPS) collaborative. For a given period, the total number of SSEs identified is divided by the sum of the adjusted patient days (inpatient days plus "equivalent" outpatient days) and multiplied by 10,000. A rolling 12-month average of SSEs per 10,000 adjusted days is calculated monthly. The chart below displays a moving average of the quarterly rate to reflect the historical downward trend of the serious safety event rate.



## http://cincinnatichildrens.org





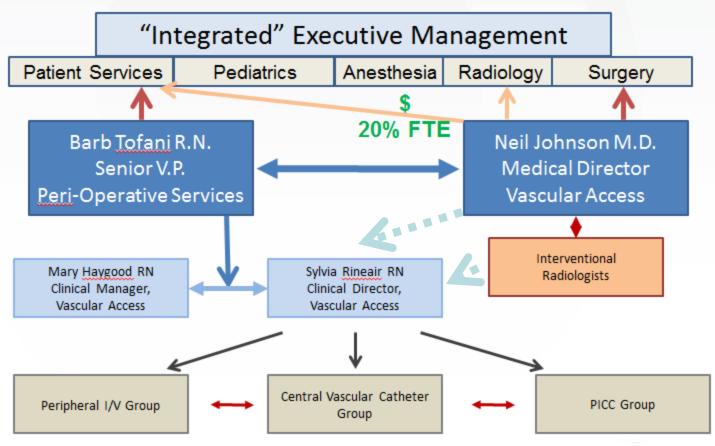


## **CCHMC Safety**

- CCHMC Board Takes Active Ownership
- Major Focus of Hospital
- Anderson Center
  - Academic and Operational Safety Center
- Serious Safety Events
  - Executive Cabinet Investigations
  - Prevention Plan
  - Multiple Issues Raised

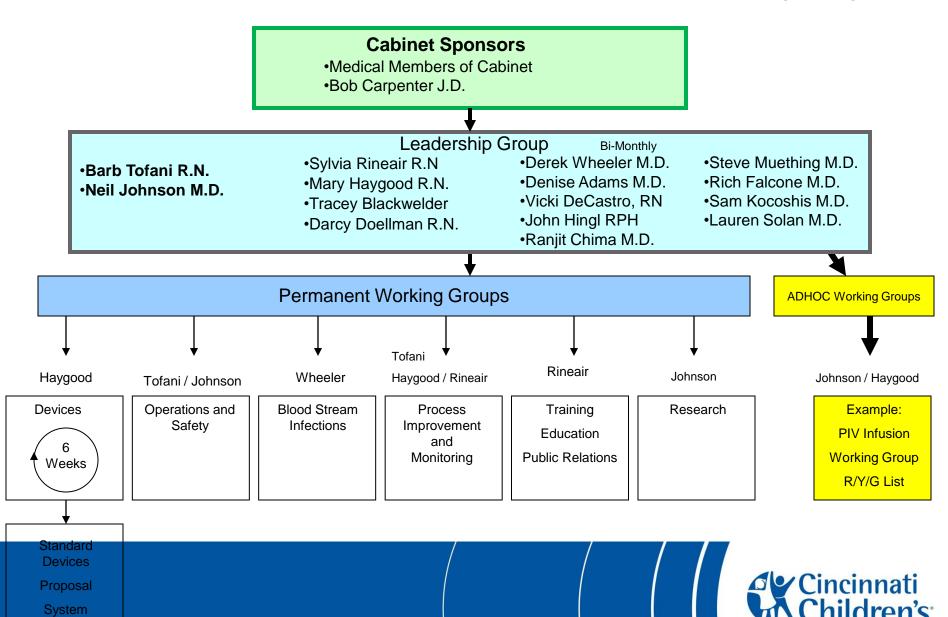


# The Vascular Access Team at CCHMC





### CCHMC infusion and Vascular Access Governance (iVAG)



change the outcome\* January 25, 2011

### Outline

The Cincinnati Children's Safety Environment

### Definitions

- Mechanisms of Extravasation Injury
- Reliable Hourly I/V Checks (Volume / Swelling)
- Medication Risk Stratification (Tissue Toxicity)
- 2 Component Extravasation Assessment Tool
- Goodbye Grading: Why We Divorced "Grading"



### HARM

- Institute for Healthcare Improvement (IHI)
  - "Unintended physical injury resulting from ....medical care..."
- Canadian Disclosure Guidelines (JAMA 2012 Vol307 #20)
  - "an outcome that negatively affects a patient's health / quality of life..."



## **CCHMC I/V Extravasation HARM**

### MILD HARM Any of the Following:

- Discoloration at or near PIV Site
- Swelling < 60% (X/Y)</li>
- Redness
- GREEN List Medication
- YELLOW List Medication

#### MODERATE HARM Any of the Following:

- Any number of Blisters
- Swelling > 60%
- Impaired Limb Function < 48 Hours</li>
- RED List Medication

### SEVERE HARM Any of the Following:

- Distal Arterial Compromise (No palpable distal pulse, Cap Return > 8 seconds, Skin Ischemia)
- Fasciotomy
- Skin Graft or Tissue Transfer at any time after Extravasation Event
- Impaired Limb Function > 48 Hours

Note: This harm assessment applies to harm caused:

- Up to 72 hours after PIV Extravasation for Mild Moderate Category findings
- At ANY time after PIV Extravasation for SEVERE Harm Category findings.

OUTCOME or TREATMENT Based



Web

Google

definition medical safety

Images

SAFETY



### Institute of Medicine (2000):

"....no commonly accepted definition of the safety net exists....."

Institute of Medicine, 2000 America's Health Care Safety Net: Intact but Endangered. National Academy Press p3-4

safety - definition of safety in the Medical dictionary - by the Free ... medical-dictionary.thefreedictionary.com/safety

Maps

n the condition of possessing freedom from being exposed to risk, danger, or harm. safety, avoidance of occupational, jatrogenic or personal injury, drug safety ...

Shopping

More -

Search tools

#### Defining Patient Safety and Quality Care - National Center for ...

www.ncbi.nlm.nih.gov > NCBI > Literature

About 82,700,000 results (0.25 seconds)

by RG Hughes - 2008 - Cited by 75 - Related articles

Patient **safety** practices have been **defined** as "those that reduce the risk of adverse events related to exposure to **medical** care across a range of diagnoses or ...

#### Safety - Definition and More from the Free Merriam-Webster Dictionary

www.merriam-webster.com/dictionary/safety

**Definition** of **safety** from the Merriam-Webster Online Dictionary with audio pronunciations, thesaurus, Word of the Day, and word games.

### Safe - Definition and More from the Free Merriam-Webster Dictionary

www.merriam-webster.com/dictionary/safe

Medical Definition of SAFE.: not causing harm or injury; especially: having a low incidence of adverse reactions and significant side effects when adequate ...

#### [PDF] Institutes of Medicine Safety Net Provider Definition - Polk County

www.polk-county.net/WorkArea/DownloadAsset.aspx?id=30134

File Format: PDF/Adobe Acrobat - Quick View

Page 1. Institutes of Medicine Safety-Net-Provider Definition. Although no commonly accepted definition of the safety net exists, in mid-1990's the Institute of ...



- SAFETY: CCHMC Vascular Access Team (VAT)
  - The Processes, Policies, People and Systems which seek to:
    - AVOID Unnecessary Risk
    - MINIMIZE Necessary Risk

"NOTHING in Life or Medical Practice is Risk Free"
The ONLY way to achieve Zero Risk is to close the Hospital



### EXTRAVASATION

**VS** Infiltration

- We Only Use The Word "EXTRAVASATION"
  - EXTRA = "Out Of or Outside"
  - VASCULAR = Vessel
- EXTRAVASATION = "Out of the Vessel"

"Infiltration" better used to refer to purposeful injection of fluids Example:

"The skin was infiltrated with Xylocaine solution before incision"



### VESICANT

- An agent that causes Blistering
- Originally a Chemical Warfare Term
  - e.g. Mustard Gas

Serious PIV Harm May NOT Involve BLISTERING

Therefore: The Word "VESICANT" not used at CCHMC





### Outline

- The Cincinnati Children's Safety Environment
- Definitions

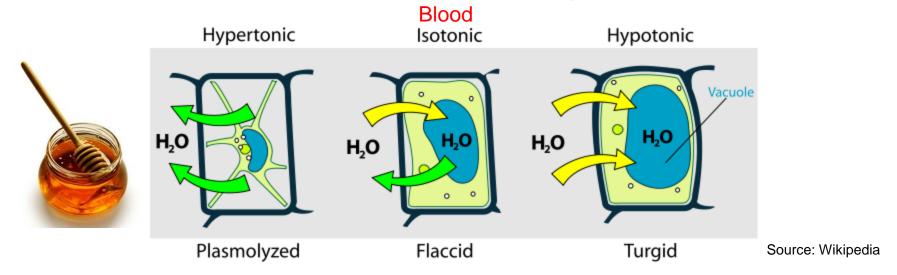
### Mechanisms of Extravasation Injury

- Reliable Hourly I/V Checks (Volume / Swelling)
- Medication Risk Stratification (Tissue Toxicity)
- 2 Component Extravasation Assessment Tool
- Goodbye Grading: Why We Divorced "Grading"
- TOXICITY (Local Tissue)
  - Osmolality
  - pH (Acid Base)
  - Biological Activity
- VOLUME (Pressure)



### OSMOLALITY

Non-Isotonic Solutions Destroy Cells / Tissue



EXAMPLES: TPN, 8.4% Na Bicarbonate, 20% Dextrose

- TOXICITY (Local Tissue)
  - Osmolality
  - pH (Acid Base)
  - Biological Activity
- VOLUME (Pressure)



- pH (Acid Base)
  - Blood pH = 7.4
  - High or Low pH







pH = 12

- Damages Proteins and Kills Cells
- $pH = log_{10} [H^+]$ 
  - pH = 5 is 10 times more acidic than pH=6



pH = 11

- TOXICITY (Local Tissue)
  - Osmolality
  - pH (Acid Base)
  - Biological Activity
- VOLUME (Pressure)



### BIOLOGICAL ACTIVITY

- Vasopressors (Epinephrine / Dopamine)
  - CONSTRICT vessels
- Chemotherapy Drugs
  - KILL Cells (!)
- Other



Journal of Hand Surgery Vol 36, Issue 12, Dec 2011. pg: 2060-2065



- Osmolality
- pH (Acid Base)
- Biological Activity
- VOLUME (Pressure)





### VOLUME

- Massive Amounts of I/V Fluid in Tissues
- Compartment Syndrome
  - Fluid Pressure Occludes Veins
  - Venous Occlusion → More Swelling
  - Progressive Swelling → Arterial Compromise
  - Dead Limb

Our WORST Extravasation Injury was caused by Normal Saline

### TOXICITY (Local Tissue)

- Osmolality
- pH (Acid Base)
- Biological Activity
- VOLUME (Pressure)



change the outcome

## **Outline**

- The Cincinnati Children's Safety Environment
- Definitions
- Mechanisms of Extravasation Injury
- Reliable Hourly I/V Checks (Volume)
- Medication Risk Stratification (Tissue Toxicity)
- 2 Component Extravasation Assessment Tool
- Goodbye Grading: Why We Divorced "Grading"

### MINIMIZE Necessary Risk

**AVOID Unnecessary Risk** 

### TOXICITY (Local Tissue)

- Osmolality
- pH (Acid Base)
- Biological Activity
- VOLUME (Pressure)





## Quality Improvement Project to Reduce Infiltration and Extravasation Events in a Pediatric Hospital<sup>1</sup>

Barbara F. Tofani RN, MSN<sup>a</sup>, Sylvia A. Rineair MSHA, BSN, RN<sup>b,\*</sup>, Craig H. Gosdin MD, MSHA<sup>c</sup>, Patricia M. Pilcher RN, MSN<sup>d</sup>, Susan McGee MSN, RN, CNP<sup>e</sup>, Kartik R. Varadarajan MPH<sup>f</sup>, Pamela J. Schoettker MS<sup>f</sup>

### Key words:

Peripheral venous infusion injury; Infiltration;

Extravasation; Quality improvement; Safety A safety event response team at Cincinnati Children's Hospital Medical Center developed and tested improvement strategies to reduce peripheral intravenous (PIV) infiltration and extravasation injuries. Improvement activities included development of the touch—look—compare method for hourly PIV site assessment, staff education and mandatory demonstration of PIV site assessment, and performance monitoring and sharing of compliance results. We observed a significant reduction in the injury rate immediately following implementation of the interventions that corresponded with monitoring compliance in performing hourly assessments on patients with a PIV, but this was not sustained. The team is currently examining other strategies to reduce PIV injuries.

© 2012 Elsevier Inc. All rights reserved.

9)



<sup>&</sup>lt;sup>a</sup>Perioperative Services, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

bVascular Access Team, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

c Hospital Medicine, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

<sup>&</sup>lt;sup>d</sup>Inpatient Neuroscience/Trauma, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

<sup>&</sup>lt;sup>e</sup>Division of Developmental and Behavioral Pediatrics, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

<sup>&</sup>lt;sup>f</sup>James M. Anderson Center for Health Systems Excellence, Cincinnati Children's Hospital Medical Center, Cincinnati, OH

Quality Improvement Project to Reduce Infiltration and Extravasation Events in a Pediatric Hospital<sup>1</sup>

## **Strategies**

Barbara F. Tofani RN, MSN<sup>a</sup>, Sylvia A. Rineair MSHA, BSN, RN<sup>b.\*</sup>, Craig H. Gosdin MD, MSHA<sup>c</sup>, Patricia M. Pilcher RN, MSN<sup>d</sup>, Susan McGee MSN, RN, CNP<sup>e</sup>, Kartik R. Varadarajan MPH<sup>e</sup>, Pamela J. Schoettker M

- Peripheral I/V (PIV) Policy Revision
- Nursing Staff Education
  - Significant Institution-Wide Effort
  - TLC Methodology for Hourly Checks



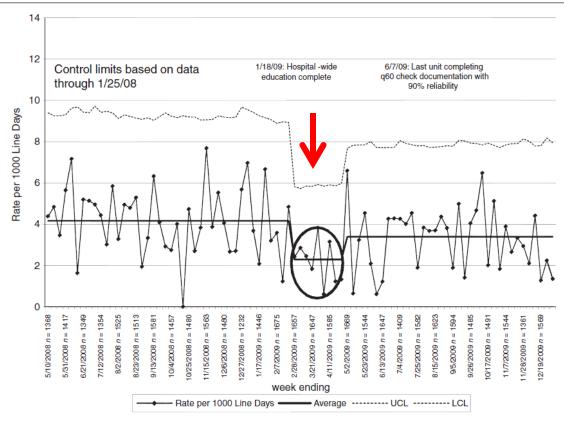
- Nursing Unit Manual Hourly Checks AUDIT
  - >90% Compliance (after 3 months) → STOP Manual Audit
  - <90% Compliance → Continue Audit until >90% Achieved
- PROBLEMS:
  - Manual Data Collection
  - Variable Documentation
  - Two Electronic Data capture Systems

- Osmolality
- Biological Activity



### Result: Good But Not Sustained

686 B.F. Tofani et al.



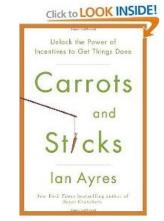
TOXICITY (Local Tissue)

- Osmolality
- pH (Acid Base)
- Biological Activity



### New Efforts: Reliable Hourly Checks

- EPIC EMR Implemented
  - All I/V Documentation now in ONE place
    - 18 month VAT IT Project
- >60% Extravasation = 1 Month Manual Audit
  - Unpopular!
- Immediate Feedback System
- "Personal Interview" (>60%)





Osmolality

pH (Acid – Base)

Biological Activity



### New Efforts: Immediate Feedback System

- -Supports Reliable Hourly Checks (Volume)
- -Supports "R" Medication Injury Prevention (Toxicity)
- Automated (EPIC) Digital Messaging to VAT leadership and PIV team
  - Extravasations >30%
  - Any Amount of "R" drugs
- VAT Nurse (24/7) Visits Unit
  - Immediate FEEDBACK TO THE PERSON(S) RESPONSIBLE

Room: B4103

Unit: B4N

- Early Treatment (If Appropriate)
- Educational Opportunity
- Intelligence Gathering for Analysis by VAT Improvement Team



Extravasation Alert: X / Y Ratio 65%

## "Instant" Pager Notification





### **New Efforts:** Personal Interview

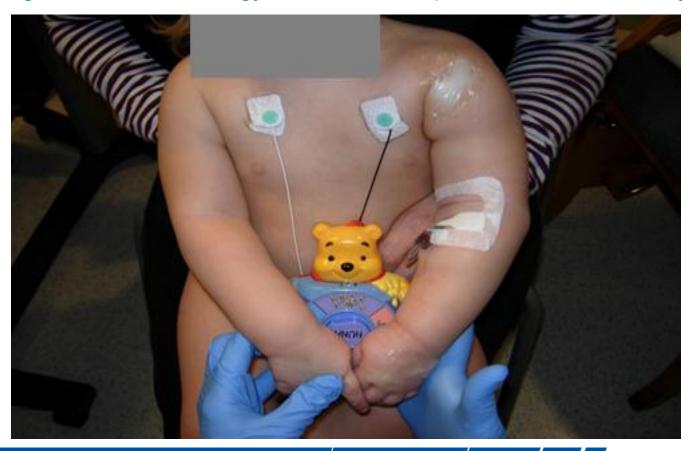
- ALL VOLUME Extravasations >60%
  - Detailed Report Required from Unit Manager
  - Personal Interview (Tofani-Johnson-Rineair)
    - Bedside Nurse(s) Involved
    - Unit Manager
- TREND:
  - Marked Decrease in >60% Fluid Extravasations
  - Most now "justifiable" or exceptional
  - Still Not Acceptable (O.R. Under Drapes etc.)

- Osmolality
- pH (Acid Base)
- Biological Activity



## Compare Is SO Important

Pager Feedback Strategy Identified "Compare" Not Done Reliably

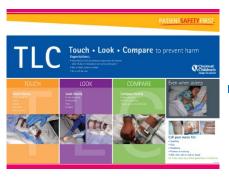




## "Compare" Not Done Reliably

-Recent Change: Evidence Based

### →So.... TLC Poster Revised





For IV Safety Touch, Look, and **COMPARE**Via intravenosa segura: Toque, mire y **COMPARE** 



#### Touch every 60 Minutes

IV should feel: Soft

Warm Dry

Pain Free



#### Toque cada 60 minutos

El lugar de la vía debe estar:

Blando Tibio

Seco

Sin dolor

#### Look every 60 Minutes

IV site should be-

Uncovered

Without Redness



#### Mire cada 60 minutos

El lugar de la vía debe estar: Destapado

Seco

Sin enrojecimiento

#### Compare every 60 Minutes

IV site should be: Same size as other side Without Swelling



#### Compare cada 60 minutos

El lugar de la vía intravenosa: Debe tener el mismo tamaño

que el otro lado No debe estar hinchado IV Checks must happen even when asleep

Los controles deben hacerse mientras duerme





Call your nurse if you notice anything wrong or if you have questions or concerns.

Llame a la enfermera si ve que algo no está bien o si tiene dudas o inquietudes

- TOXICITY (Local Tissue)
  - Osmolality
  - pH (Acid Base)
- **Biological Activity**

**VOLUME** (Pressure) Reliable Hourly Checks



### **Outline**

- Cincinnati Children's Safety Environment
- Definitions
- Mechanisms of Extravasation Injury
- Reliable Hourly I/V Checks (Volume)
- 3 Tier Medication Risk (Local Toxicity)
- 2 Component Extravasation Assessment Tool
- Why No Grading??

### "AVOID Unnecessary Risk"

MINIMIZE necessary risk

#### • IUXICIIY (Local Tissue)

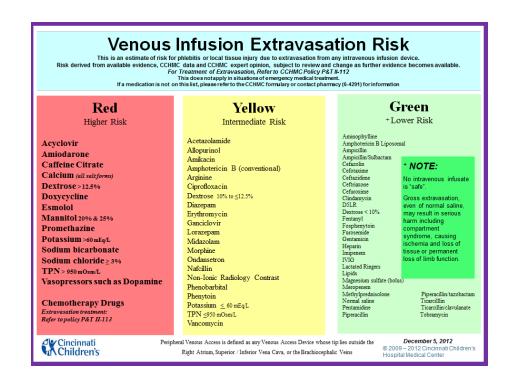
- Osmolality
- pH (Acid Base)
- Biological Activity

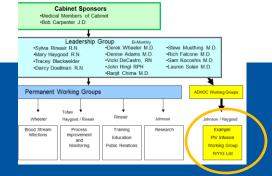




### Medication Risk Stratification

- 18 Month Project
- Multi-Disciplinary
  - Pharmacy
  - Nursing (VAT)
  - Physicians
  - Evidence Based Expert
  - Nutrition Service
  - NICU

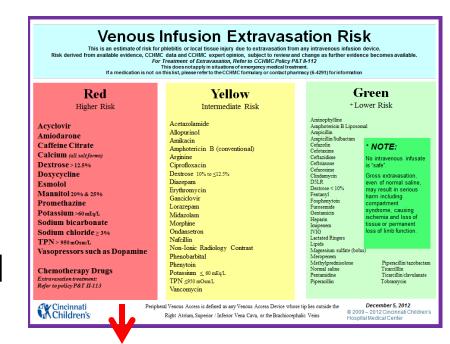






### **Medication Risk Stratification**

- Literature Evidence Search
- MEASUREMENT
  - pH
  - Osmolarity
- Measurements of COMMON Pediatric Formulations
- Blood Products Excluded
  - Blood = Bruise
  - Not Tissue Toxic



### **RED** Criteria

- pH <5 or >9
- Strong Published Evidence
- >950 Mili Osmoles



- Osmolality
- pH (Acid Base)
- Biological Activity





The Art and Science of Infusion Nursing

Eloise Clark, MPH, MBA Barbara K. Giambra, MS, RN, CPNP John Hingl, MBA, RPh Darcy Doellman, BSN, RN, CRNI®, VA-BC Barbara Tofani, MSN, RN

Neil Johnson, MD

### Reducing Risk of Harm From Extravasation

A 3-Tiered Evidence-Based List of Pediatric Peripheral Intravenous Infusates

#### **ABSTRACT**

Extravasation of medications during peripheral intravenous (PIV) therapy can result in harm to pediatric patients. These medications have physical and/or biologic factors that cause tissue damage. To assist in clinical decisions when using these infusates, an evidence-based table of medications stratified by their relative risk of causing harm if extravasated was developed. Local data and experience, a systematic review of the pediatric literature, and measured pH and osmolality of common pediatric preparations of PIV infusates were used to create a 3-tiered table of PIV infusates categorized by relative risk of causing harm if extravasated.

Key words: adverse effects, children, extravasation, infants, intravenous infusions, peripheral catheterization

Author Affiliations: Anderson Center for Health Systems Excellence (Ms Clark), Center for Professional Excellence-Research and Evidence-Based Practice (Ms Glambra), Division of Pharmacy (Mr Hingl), Vascular Access Team (Ms Doellman), Patient Services-Perioperative Administration (Ms Tofani), and Department of Radiology (Dr Johnson), Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio.

Eloise Clark, MPH, MBA, works in the Anderson Center for Health Systems Excellence at Clinicinati Children's Hospital Medical Center as an evidence-based desicion-making program administrator. Her expertise is in searching, appraising, and synthesizing published evidence so that clinicians may be able to apply it in practice to improve child health outcomes.

Barbara K. Giambra, MS. RN, CPNP, is an advanced practice nurse and evidence-based practice mentor at Cincinnati Children's Hospital. Ms Giambra has extensive experience in nursing care of chronically ill children and their families and the use of evidence at the point of care.

DOI: 10.1097/NAN.0b013e3182798844

eripheral intravenous (PIV) insertion is one of the most common procedures undertaken for pediatric patients requiring short-term infusion therapy. Serious but uncommon risks with PIV therapy may result in predictable patient injury, and the patient safety and medicolegal consequences are well known to most institutions. PIV device is defined as any venous access device whose tip lies outside the right artimus querior or inferior yena cava, or brachiocephalic veins.

John F. Hingl, BS Pharmacy, MBA, RPh, is pharmacy operations manager at Cincinnati Children's Hospital. He is responsible for pharmacy development of administration systems and implementation of automated IV dispensing systems and is a member of the Pharmacy Safety Team, Intravenous Access Group, and Chemotherapy Safety Working Group.

Darty Doellman, BSN, RN, CRNI<sup>®</sup>, VA-BC, is a vascular access nurse at Cincinnat Children's Hospital. She has several publications in the field of neonatal/pediatric vascular access. Darcy is certified in infusion nursing (2005) and board certified in vascular access (2011). Darcy was the 2007–2008 president of the Association for Vascular Access.

Barbara Tofani, MSN, RN, is assistant vice president of Patient Services at Cincinnati Children's Hospital Medical Center, with oversight over Perioperative Services and Vascular Access Services at the Academic Medical Center.

Neil Johnson, MD, is a pediatric interventional radiologist practicing at Cincinnat Children's Hospital, where he is medical director of vascular access. He was formerly chief of interventional radiology, medical director of information systems, and immediate past president of the Society for Pediatric Radiology.

Corresponding Author: Barbara K. Giambra, MS, RN, CPNP, Cincinnati Children's Hospital Medical Center, MLC 8006, 3333 Burnet Ave, Cincinnati, Ohio 45229-3039 (Barbara Giambra@cchmc.org).

Darcy Doellman is a consultant for Genentech and Teleflex Medical, Arrow International. All other authors disclose no potential, perceived, or real conflicts of interest or financial relationships relevant to this article.

The article was drafted and revised collaboratively, with substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data by all authors. Each author has seen and approved the submission of this version of the article and takes full responsibility for the article.

Copyright © 2013 Infusion Nurses Society 1

#### **TABLE 4 Continued**

Medication <sup>a</sup>	Harm <sup>b</sup>	рН	OSM	CONC	DIL	Citations <sup>o</sup>
Potassium (unknown concentration)	C		_			1,16
Potassium >0.06 mEq/mL (>60 mEq/L)	F	5	763	0.3 mEq/mL (300 mEq/L)	NS	30
Promethazine	F	4.8	213	25 mg/mL	D5W	37
Sodium bicarbonate	С	7.8	932	0.5 mEq/mL	SW	1,10,33,38,39
Sodium chloride ≥3%	С	6.8	939	3%	SW	Concentrations not specified i the references <sup>1,16</sup>
TPN >950 mOsm/L	F, C	Varies	>950	NA	NA	>950 mOsm/L in references (C harm) <sup>40,42</sup> OSM in references unknown (F, C harm) <sup>1,12,14,16,30,31,33,43,47</sup>
Vasopressors such as	F, C	_				Dobutamine in reference <sup>39</sup>
dopamine (vasoactive)	F, C	2.9	997	80 mg/mL	D5W	27,43
Chemotherapy agents (cytotoxic)	F, C	Various			43,48-59	
Intermediate risk						
Acetazolamide	N	9.5	548	25 mg/mL	D5W	Local consensus
Allopurinol	N	10.3	345	6 mg/mL	D5W	Local consensus
Amikacin	С	4.5	317	15 mg/mL	NS	27
Amphotericin B (conventional)	N	7.2	265	0.1 mg/mL	D5W	35,60-62
Arginine	С	5.6	950	10%	SW	63-67
Ciprofloxacin	N	4.2	279	2 mg/mL	D5W	Local consensus
Dextrose 10% to ≤12.5%	F, C	Varies	505 to 640	_	NA	1,12,16,30,32,33,47
Diazepam	N	6.6	>2000	5 mg/mL	NA	34,35,60-62,68
Erythromycin	N	7	287	5 mg/mL	NS	61
Ganciclovir	N	9.9	274	5 mg/mL	D5W	35,62
Lorazepam	N	7.4	>2000	2 mg/mL	NA	68
Midazolam	N	3.4	386	5 mg/mL	NA	Local consensus
Morphine	N	5	284	1 mg/mL	NS	60
Nafcillin .	С	7	324	15 mg/mL	D5W	43,70,71
		7.1	363	30 mg/mL	D5W	
Nonionic radiology contrast	С	6.8 to 7.7	322 to 844	Varies	NA	72
Ondansetron	N	3.5	282	1 mg/mL	D5W	Local consensus
Phenobarbitol	С	8.2	2159	10 mg/mL	SW	73
DLt-i	M	10.0	~ 2000	E0/I	NIA	34.35.90-62.68.74.75

VOLUME 36 | NUMBER 1 | JANUARY/FEBRUARY 2013



#### Venous Infusion Extravasation Risk

This is an estimate of risk for phlebitis or local tissue injury due to extravasation from any intravenous infusion device. Risk derived from available evidence, CCHMC data and CCHMC expert opinion, subject to review and change as further evidence becomes available. For Treatment of Extravasation, Refer to CCHMC Policy P&T II-112

This does not apply in situations of emergency medical treatment. If a medication is not on this list, please refer to the CCHMC formulary or contact pharmacy (6-4291) for information

#### Red

Higher Risk

Acyclovir

Amiodarone

Caffeine Citrate

Calcium (all salt forms)

Dextrose > 12.5%

Doxycycline

Esmolol

**Each Update** 

has a Different

Color Border

Mannitol 20% & 25%

Promethazine

Potassium >60 mEq/L

Sodium bicarbonate

Sodium chloride > 3%

TPN > 950 mOsm/L

Vasopressors such as Dopamine

#### Chemotherapy Drugs

Extravasation treatment: Refer to policy P&T II-113

#### Yellow

Intermediate Risk

Acetazolamide

Allopurinol

Amikacin

Amphotericin B (conventional)

Arginine

Ciprofloxacin

Dextrose 10% to ≤12.5%

Diazepam

Erythromycin

Ganciclovir

Lorazepam

Midazolam

Morphine Ondansetron

Nafcillin

Non-Ionic Radiology Contrast

Phenobarbital

Phenytoin

Potassium ≤ 60 mEq/L

TPN <950 mOsm/L

Vancomycin

#### Green

+Lower Risk

\* NOTE:

is "safe"

No intravenous infusate

Gross extravasation.

even of normal saline.

may result in serious

syndrome, causing

ischemia and loss of

tissue or permanent

loss of limb function.

harm including

compartment

Aminophylline

Amphotericin B Liposomal

Ampicillin

Ampicillin/Sulbactam

Cefazolin Cefotaxime

Ceftazidime Ceftriaxone

Cefuroxime

Clindamycin D5LR

Dextrose < 10%

Fentanvl

Fosphenytoin Furosemide

Gentamicin

Heparin

Imipenem IVIG

Lactated Ringers

Lipids

Magnesium sulfate (bolus)

Meropenem

Methylprednisolone

Normal saline

Pentamidine Piperacillin

Piperacillin/tazobactam

Ticarcilllin.

Ticarcillin/clavulanate

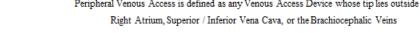
Tobramycin



Peripheral Venous Access is defined as any Venous Access Device whose tip lies outside the

December 5, 2012

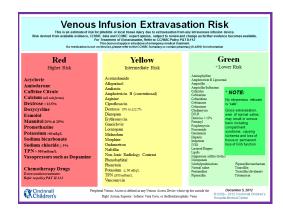
© 2009 - 2012 Cincinnati Children's Hospital Medical Center





## **Unexpected Positives**

- Universal Availability R/Y/G
  - Every Computer Workstation
  - Every Pyxis etc.
  - Hard To Avoid



- Nurses Strongly Influence Doctor Behavior (!)
  - Trend → Central Access for Red Drugs
  - Increased Awareness of IV Risks of Red Drugs
  - "Pseudo Policies" are Sometimes a Positive Phenomenon



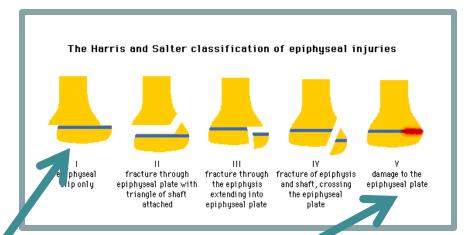
## Outline

- The Cincinnati Children's Safety Environment
- Definitions
- Mechanisms of Extravasation Injury
- Reliable Hourly I/V Checks (Volume / Swelling)
- Medication Risk Stratification (Tissue Toxicity)
- Goodbye Grading: Why We Divorced "Grading"
- 2 Component Extravasation Assessment Tool



## Medical Grading Systems: Fractures

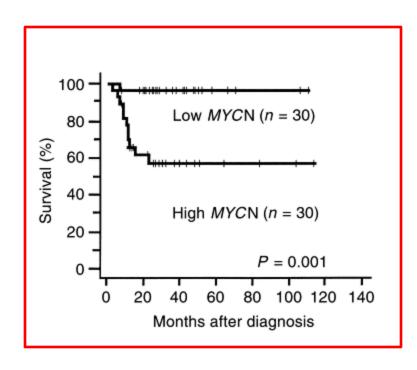
- Usually Based on
  - Severity
  - Treatment Pathways
  - Outcomes
    - Type 1: Minor Injury
    - Type 2: Almost Always Heals
    - Type 3: Involves joint
    - Type 4: High Risk
    - Type 5: Disaster





## Medical Grading Systems: Neuroblastoma

# International Neuroblastoma Staging System (INSS) 2b 4

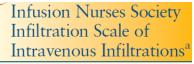


NANT Web Site



## The INS Grading System (Briefly)

- Grades 1-4
  - Mostly Descriptive
  - "Skin Blanched" is feature of ALL Grades
  - "Cool to Touch" is feature of THREE Grades
- Adult Based
  - Fixed Edema Measurements regardless of Ped. Patient Size
- Poor Outcome (Harm) Correlation for "Grades"
  - All Bad Outcomes are Grade 4 (Sensitive)
  - BUT....VERY Few Grade 4's have Bad Outcome (NOT Specific)
    - (eg Small Amounts Vancomycin)
- Bundles TWO Separate Harm Components Into One "Grade"
  - Extravasated Fluid VOLUME ("Edema")
  - MEDICATION (Local Tissue) TOXICITY ("Vesicant or Blood")



Grade: Clinical Criteria

0: No symptoms

- Skin blanched, edema less than 1 inch in any direction, cool to touch, with or without pain
- 2 Skin blanched, edema 1-6 inches in any direction, cool to touch with or without pain
- 3: Skin blanched, translucent, gross edema greater than 6 inches in any direction, cool to touch, mild to moderate pain, possible numbness
- 4: Skin blanched, translucent, skin tight, leaking; skin discolored bruised, swollen; gross edema greater than 6 inches in any direction; deep pitting tissue edema; circulatory impairment; moderate to severe pain; infiltration of any amount of blood product intight or vacification.

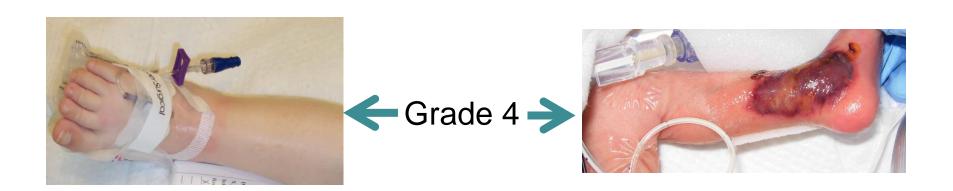






## The INS Grading System (Briefly)

- "Vesicant" Extravasation = Grade 4
  - 1ml or 100 ml
    - Same Grade, Very Different Outcomes
- No "Official" Vesicant List
  - "We Know It When We See It...."





## Blood Products Dangerous = Grade 4?





## Blood Products = Grade 4

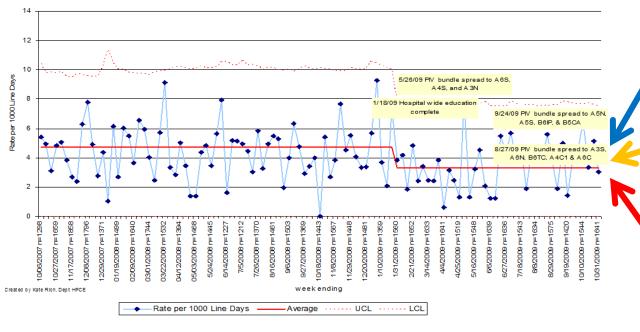






### The INS Grade 4 Problem

**Assumption:** Highest Grade = Highest Harm





- "It's the HIGHEST Grade.. Why not??"
- Grade 4 PIV "Harm" was >40% of "Total Hospital Harm"
- Pressure on VAT to "Reduce Serious Harm" was Substantial

Extremely HIGH Sensitivity

Every Serious Harm = Grade 4

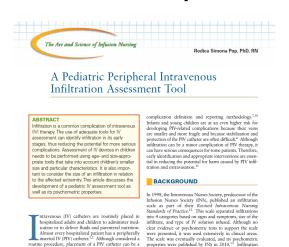
Very LOW Specificity

Very Few Grade 4 = Serious Harm



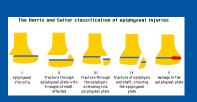
## The INS Grading System

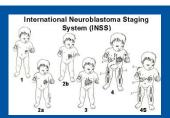
- No Longer Recommended by...... INS
- Grades Are Problematic for
  - Treatment Decisions
  - Institutional Harm Reduction Programs
- Grades Only Loosely Associated with OUTCOMES



#### See Excellent Discussion in:

Rodica Pop, PhD, RN
J. Infusion Nursing, Vol. 35, Number 4,
July/August 2012
Children's Medical Center, Dallas





scale testing showed moderate interrater reliability agree





## Outline

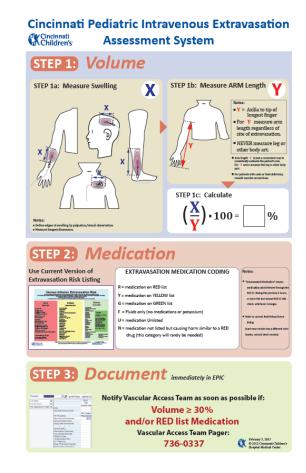
- The Cincinnati Children's Safety Environment
- Definitions
- Mechanisms of Extravasation Injury
- Reliable Hourly I/V Checks (Volume / Swelling)
- Medication Risk Stratification (Tissue Toxicity)
- Goodbye Grading: Why We Divorced "Grading"
- CCHMC
  - 2 Component
  - Extravasation Assessment / Coding Tool



## **CCHMC Extravasation Coding System**

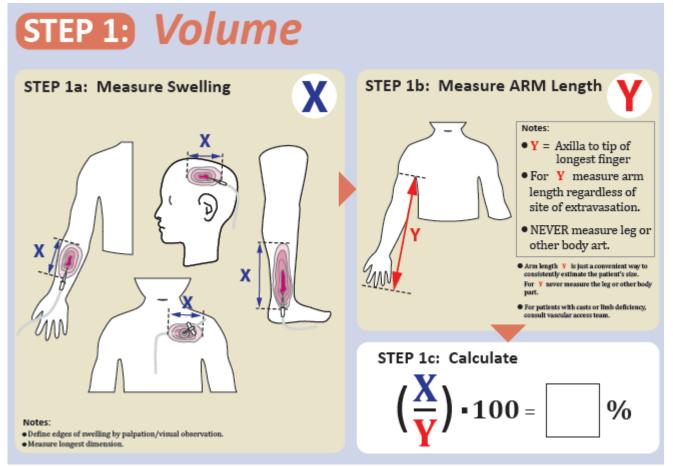
- Step 1 VOLUME Measurement
- Step 2 MEDICATION (If Any)

• Step 3 - DOCUMENTATION





## Step 1: VOLUME

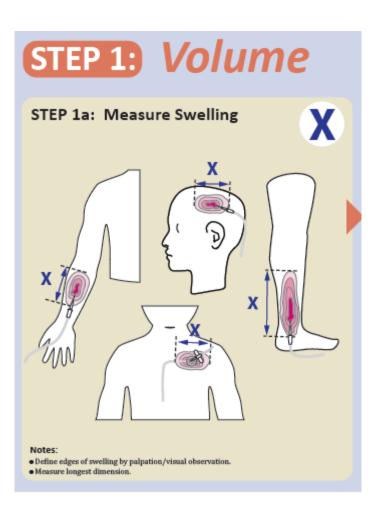






## Step 1a:

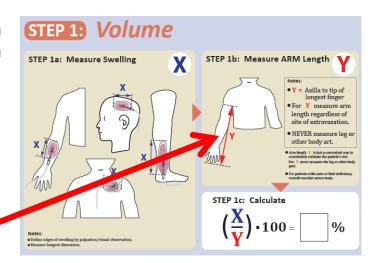
- Measure Max Dimension
- Includes ANY Extravasation
  - PIV
  - PICC
  - CVC
  - PORT
  - Scalp / Chest





## Step 1b:

- Measure ARM Length
  - Surrogate for Body Size

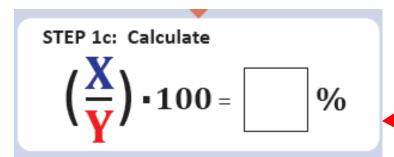


- "Y" is ARM length
  - Surrogate for Patient Body Size
  - Easy To Measure
  - Used for ALL Extravasations
  - Allows Consistent Quantification
    - Even If Extravasation is Scalp or Chest

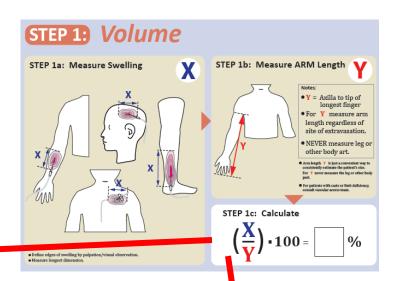
If Patient has NO Arms: Refer to CCHMC Policy #1

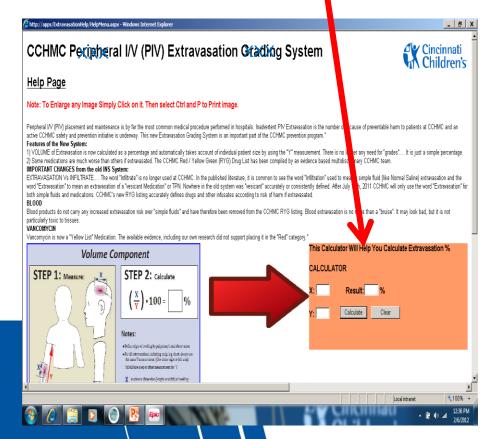


## Step 1c: Calculate



Nurses USE Mobile Phone or... CCHMC Online Calculator (In EPIC)

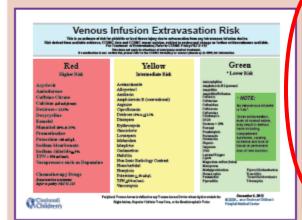




## Step 2: MEDICATION

## STEP 2: Medication

Use Current Version of Extravasation Risk Listing



#### EXTRAVASATION MEDICATION CODING

R = medication on RED list

Y = medication on YELLOW list

G = medication on GREEN list

F = Fluids only (no medications or potassium)

U = medication Unlisted

N = medication not listed but causing harm similar to a RED grug (this category will rarely be needed)

#### Notes:

- "Extravasated Medication" means medication administered through the IV/CVC during the previous 2 hours, or since the last normal IV/CVC site check, whichever is longer.
- Refer to current Red/Yellow/Green listing

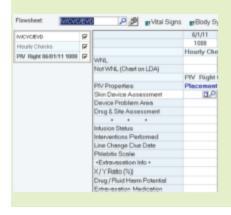
(each new version has a different color border, consult latest version)



## Step 3: DOCUMENT

CCHMC Uses EPIC

## STEP 3: Document immediately in EPIC

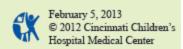


Notify Vascular Access Team as soon as possible if:

Volume ≥ 30% and/or RED list Medication

Vascular Access Team Pager:

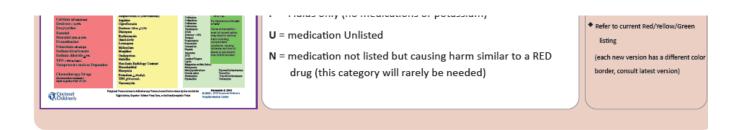
736-0337





## Step 3: DOCUMENT

#### Other Institutions



## STEP 3: Document

For outside hospitals, use this space to attach your local Documentation requirements.





## **Implementation**

- BIG Education Effort
  - Julie Stalf, RN
  - Sylvia Rineair, RN
  - Mary Haygood, RN
  - Barb Tofani, RN
- CCHMC Education Team

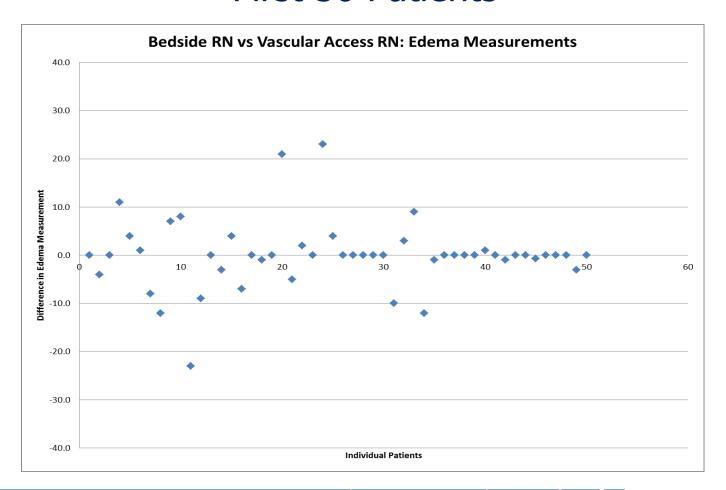


## **Initial Validity Testing**

- Validity and Repeatability
  - 100 patients coded using 2 Vascular Access
     Team (VAT) RNs assessing PIV site separately
  - Next phase 100 patients coded using 2 RNs assessing PIV site separately (one VAT and one unit RN)



## Correlation: Bedside RN Versus VAT Team RN First 50 Patients





## **CCHMC System: Driving Treatment**

% Swelling and Infusate Component	Action	In Plain English		
Extravasation >/= 30%  AND  Red list infusate	Treat with Hyaluronidase per provider order.	TREAT unless very good reason not to		
Extravasation < 30%  AND  Red list infusate	Clinical evaluation of the extravasation site by attending physician and Vascular Access Team or VAT Medical Director (or designee) to determine if <b>Hyaluronidase</b> is clinically indicated. Decision criteria include imminent skin loss, and / or peripheral circulation impairment (compartment syndrome).	Probably TREAT unless good reason not to		
Extravasation >/= 30%  AND  Yellow or Green list infusate	Clinical evaluation of the extravasation site by attending physician and Vascular Access Team, Medical Director or designee to determine if Hyaluronidase is clinically indicated, but Hyaluronidase treatment usually NOT indicated.	Probably NOT Treat unless good reason to do so		
Extravasation < 30%  AND  Yellow or Green list infusate	No treatment indicated.	NO Treatment		
Extravasation of any % of a Red list  Vasoactive medication  (Dopamine, epinephrine and related	Consult and TREAT: IMMEDIATE consult to fellow and/or attending physical Pheniclamine in Medical Director may be consulted if necessary to determine treatment plan and use of Pheniclamine:  Attending	<b>✓</b> Cincinnati		

change the outcome

Or Dr. Johnson

medications)

## Result: Hyaluronidase Rx

- \$350
- 4-5 Needle Sticks
- Previously Widely Recommended
  - E.R. Small Saline Extravasation Event

- 75% DECREASED Use (Last 12 months)
  - No Serious Harm Events



## **CCHMC I/V Extravasation HARM**

#### MILD HARM Any of the Following:

- Discoloration at or near PIV Site
- Swelling < 60% (X/Y)</li>
- Redness
- GREEN List Medication
- YELLOW List Medication

#### MODERATE HARM Any of the Following:

- Any number of Blisters
- Swelling > 60%
- Impaired Limb Function < 48 Hours</li>
- RED List Medication

#### SEVERE HARM Any of the Following:

- Distal Arterial Compromise (No palpable distal pulse, Cap Return > 8 seconds, Skin Ischemia)
- Fasciotomy
- Skin Graft or Tissue Transfer at any time after Extravasation Event
- Impaired Limb Function > 48 Hours

Note: This harm assessment applies to harm caused:

- Up to 72 hours after PIV Extravasation for Mild Moderate Category findings
- At ANY time after PIV Extravasation for SEVERE Harm Category findings.

OUTCOME or TREATMENT Based



## Outline

- Other Extravasation Assessment Systems
- Treatment, Feedback and Accountability
- Results
- Questions and Discussion



## Other "Grading" Systems

A New Approach to Management of Intravenous Infiltration in Pediatric Patients

Ibrahim Amjad M.D. et.al.

J. Infusion Nursing Vol 34 #4 July / August 2011

		B 5	C
Millam	Stage II	Stage III	Stage IV
Infusion Nurses Society	Grade 1	Grade 2	Grade 4
Thigpen	Stage 2	Stage 3	Stage 4
Proposed Scale	1st Degree	2 <sup>nd</sup> Degree	3 <sup>rd</sup> Degree

- Focused on (Plastic Surgery) Treatment Decisions
- Determines TREATMENT Algorithm not PREVENTION



## CMC Dallas System

- Sensible Pediatric Modification of INS
- Introduces "% SWELLING" Concept
- Uses MEASUREMENT



#### A Pediatric Peripheral Intravenous Infiltration Assessment Tool

#### ABSTRACT

Infiltration is a common complication of intravenous (NY therapy. The use of adequate tools for IV assessment can identify infiltration in its early stages, thus reducing the potential for more serious complications. Assessment of IV devices in children needs to be performed using age- and size-appropriate tools that take into account children's smaller size and particular characteristics. It is also important to consider the size of an infiltration in relation to the affected extremity. This article discusses the development of a pediatric IV assessment tool as well as its pswhometric properties.

complication definition and reporting methodology, <sup>3,0</sup> Infants and young children are at an even higher fixed developing PW-related complications because their veins are smaller and more fragile and because stabilization and protection of the PIV catheter are often difficult.<sup>3</sup> Although, it infiltration can be a minor complication of PIV there are infiltration can be a minor complication of PIV there exist the can have serious consequences for some patients. Therefore, early identification and appropriate interventions are exist interventions are extensited in reducing the potential for harm caused by PIV infiltration and extravasation.<sup>31</sup>

#### BACKGROUND

In 1998, the Intravenous Nurses Society, predecessor of the

#### **Pediatric PIV Infiltration Scale**

C 1-	rediatric PIV Inhitration Scale		
Grade	Characteristics		
0	No symptoms		
	Flushes with ease		
1	Localized swelling (1 %-10 %) Flushes with difficulty Pain at site		
2	Slight swelling at site (up to $\frac{1}{2}$ of the extremity above or below site, or $10\frac{\pi}{2}$ -25% of the extremity above or below site) Presence of redness Pain at the site		
3	Moderate swelling at site ( ¼ to ½ of the extremity above or below site, or 25 <u>%</u> -50% of the extremity above or below site) Pain at site Skin cool to touch Blanching Diminished pulse below site		
4	Severe swelling at site (more than ½ of extremity above or below site, or more than 50% of the extremity above or below site) Infiltration of blood products, irritants, and/or vesicants (any amount of swelling) Skin cool to touch Blanching Skin breakdown/necrosis Blistering Diminished or absent pulse Pain at site Capillary refill > 4 seconds		





## CMC Dallas System

4

Severe swelling at site (more than ½ of extremity above or below site, or more than 50% of the extremity above or below site)

Infiltration of blood products, irritants, and/or vesicants (any amount of swelling)

Skin cool to touch

Blanching

Skin breakdown/necrosis

Blistering

Diminished or absent pulse

Pain at site

Capillary refill > 4 seconds

#### Similar Issues to INS Grading:

Mixes VOLUME and Medication local TOXICITY in one scale

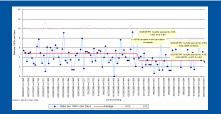
No "Vesicant" List

Blood is NOT Dangerous Over and Above the Volume Issue

ANY Amount of "Vesicant" → Immediate GRADE 4

Makes it Difficult to Show IMPROVEMENT (e.g. Hourly Checks)

Discourages Improvement Project Participants







BACKGROUND

In 1998, the Intravenous Nurses Society, predecessor of the

## CMC Dallas J. Inf. Nursing Paper

#### **DISCUSSION:**

tages, thus reducing the potential for more seri complications. Assessment of IV devices in children needs to be performed using age- and size-appro-priate tools that take into acount children's smaller size and particular characteristics. It is also impor-tant to consider the size of an infiltration in relation to the affected extremity. This article discusses the development of a pediatric IV assessment tool as

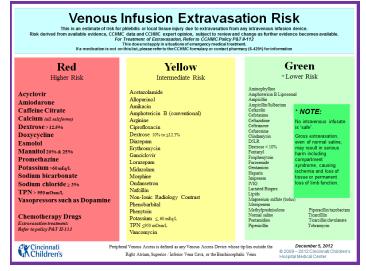
ell as its psychometric properties.

It is equally important to develop vesicant lists and to assess a vesicant's potential to cause harm when infiltration of these agents

occurs.

JULY/AUGUST 2012 VOLUME 35 | NUMBER 4 |

We Agree







## CMC Dallas J. Inf. Nursing Paper

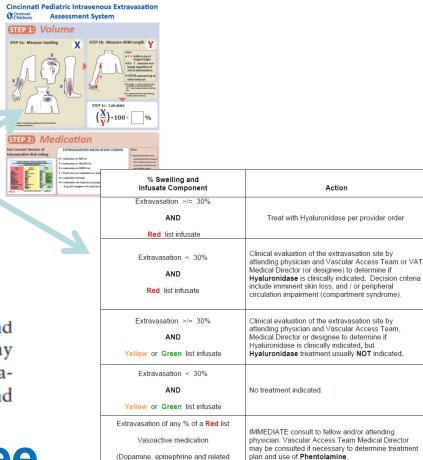


#### **DISCUSSION:**

The development of interventions and treatment algorithms for PIV infiltration complications may be more important than assigning a grade. This discussion was particularly interesting in light of the new Infusion Nursing Standards of Practice published by INS.<sup>20</sup> Grading is no longer recommended as part of the PIV assessment, perhaps suggesting that the assignment of a grade may be of less significance than previously believed.

A combination of assessment and intervention tools tailored to pediatric patients may reduce pain and suffering associated with PIV infiltration, improve patient satisfaction and outcomes, and also have financial benefits.

## We Agree



medications)



## Results: Calendar 2012

- ZERO Severe Harm
- Moderate Harm = 0.55/1000 Line Days
- Red Drugs
  - Most PIV Red Drugs Now Only Given PIV in Code Situations → ? Early Intraosseous Rx
  - BUT:
    - New EPIC Data System (3 months)
    - Complete data but not yet analyzed

% Swelling and Infusate Component	Action
Extravasation >/= 30%	
AND	Treat with Hyaluronidase per provider order.
Red list infusate	
Extravasation < 30%  AND  Red list infusate	Clinical evaluation of the extravasation sile by attending physician and Vascular Access Team or VAT Medical Director (or designee) to determine if Hyaturonidase is clinically indicated. Decision criteria include immients kisn loss, and Vor peripheral circulation impairment (compartment syndrome).
Extravasation >/= 30%  AND  Yellow or Green list infusate	Clinical evaluation of the extravasation site by attending physician and Vascular Access Team, Medical Director or designee to determine if Hyaluronidase is clinically indicated, but Hyaluronidase treatment usually NOT indicated.
Extravasation < 30%	
AND Yellow or Green list infusate	No treatment indicated.
Extravasation of any % of a Red list  Vasoactive medication  (Dopamine, epinephrine and related medications)	IMMEDIATE consult to fellow and/or attending physician. Vascular Access Team Medical Director may be consulted if necessary to determine treatment plan and use of <b>Phentolamine</b> .

#### MILD HARM

#### Any of the Following:

- Discoloration at or near PIV Site
- Swelling < 60% (X/Y)</li>
- Redness
- GREEN List Medication
- YELLOW List Medication

#### MODERATE HARM A

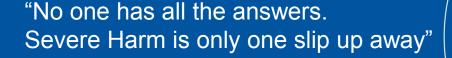
#### Any of the Following:

- Any number of Blisters
- Swelling > 60%
- Impaired Limb Function < 48 Hours</li>
- RED List Medication

#### SEVERE HARM

#### Any of the Following:

- Distal Arterial Compromise (No palpable distal
- Fasciotomy
- Skin Graft or Tissue Transfer at any time after
- Impaired Limb Function > 48 Hours

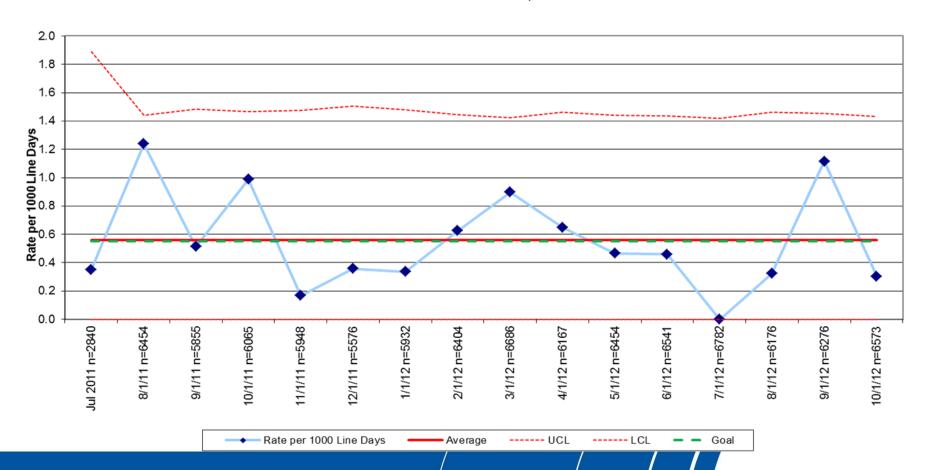






#### CCHMC PIV Extravasation Rate per 1000 Line Days (>60% Edema) - Inpatients U-Chart

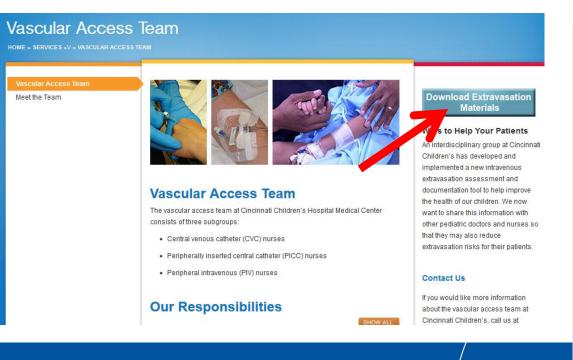
Population: All patients admitted to an inpatient unit who had a PIV during their stay
Line day calculation: Each line is counted once for every day it is in place including the day of placement/admission and
removal/discharge. A line counts as one line day regardless of the length of time the line is in place during that day
Infiltrate calculation: Every infiltrate is counted that occurs from the time a patient arrives on an inpatient unit until discharged
from the hospital





## Documents Available:

http://cincinnatichildrens.org/vascularaccess



#### Materials to Download

Reducing Risk of Harm From Extravasation



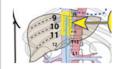
#### Venous Infusion Extravasation Risk

An estimate of risk for phlebitis or local tissue injury due to extravasation from any intravenous infusion device.



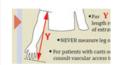
#### **Upper Limb PICC Tip Target Position**

How to construct the target triangle.



#### Lower Limb PICC Tip Target Position

How to access the desired landing zone.



Cincinnati Pediatric Intravenous Extravasation Assessment System

Measure swelling and arm length; chart results.

## Summary

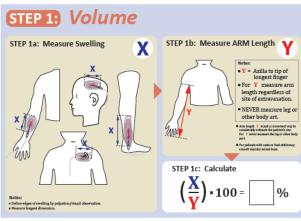
- Primary CCHMC Institutional Safety Focus:
  - Serious Harm PREVENTION
  - CCHMC Data Centric Standardized Institutional Improvement Requirement
- INS 1-4 PIV Grading System Inhibited Improvement Success
- We Separated VOLUME and TOXICITY Harm Components
- New Assessment Tool Developed for ALL I/V Extravasations
  - No "Grading" Continuous Numerical Scale (% Swelling Volume)
  - Eliminates Vague Descriptive Components
  - Automatically Accounts for Pediatric Body Size (Ratio X/Y)
  - Evidence Based Three Tier Stratification of Med Toxicity Risk (RYG)
- PRIMARY Focus is PREVENTION of I/V Injuries
  - "No Treatment Required if Injuries PREVENTED or Minimized"
  - AVOID Unnecessary Risk
  - MINIMIZE Necessary Risk



## **Thanks**

- iVAG (Our Governance Group)
- The Whole Extraordinary CCHMC VAT Team
- Dallas Children's Vascular Access Team
- John Racadio MD
  - "Neil... Why Don't You Just Abolish Grading ???"
- Glen Minano Graphics
- Darcy Doellman RN RYG list Initiative
- Marshall Ashby Quality Improvement Consultant
- Steve Muething MD
  - Vice President of Safety, CCHMC

#### Cincinnati Pediatric Intravenous Extravasation Cincinnati Assessment System







Manuscript Submitted:
J. Infusion Nursing, January 2013



# Questions????

