

Updated: April 28, 2021

Cincinnati Community,

At Cincinnati Children's, ensuring the health of children and families is a priority. The list below summarizes community resources and services families may find helpful related to COVID-19. This document will be updated as new programs and services emerge. For Cincinnati Children's resource page, visit: <https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources>.

If you know of additional resources or updates, email communityrelations@cchmc.org.

COVID-19 INFORMATION, HOTLINES AND COMMUNITY RESOURCES

Ohio- Department of Health COVID-19 Hotline <i>Questions about symptoms or testing</i> coronavirus.ohio.gov	(833) 427-5634 Website
Kentucky- State COVID-19 Hotline <i>Questions about symptoms or testing</i> govstatus.egov.com/kycovid19	(800) 722-5725 Website
Indiana- Public and Provider Toll- Free Phone Number <i>Questions about symptoms or testing</i> coronavirus.in.gov/	(877) 826-0011 Website
United Way – 211 <i>Get connected to community resources 24 hours a day/ 7 days a week</i>	211 or (513) 721-7900 Website
Centers for Disease Control www.cdc.gov/coronavirus	Website
Cincinnati Health Department www.cincinnati-oh.gov/health/covid-19/	Website
Cincinnati Children's Hospital Medical Center www.cincinnatichildrens.org/patients/coronavirus-information	Website

HANDWASHING AND ENVIRONMENTAL HYGIENE (per CDC Guidelines)

Centers for Disease Control <i>How to Protect Yourself</i>	Website
World Health Organization <i>Coronavirus Disease (COVID-19) Advice for the Public</i>	Website
Cincinnati Children's Hospital Medical Center <i>Video: Stop Germs from Spreading: Wash Your Hands</i>	Website
American Academy of Pediatrics <i>Critical Updates on COVID-19</i>	Website

MEDICAL RESOURCES

Free Home Delivery of Medications <i>CVS and Walgreens will deliver medications to homes</i>	CVS Walgreens
--	--

MEDICAL RESOURCES

<p>Cincinnati Children's Covid-19 Vaccination Clinic <i>The Ohio Department of Health has selected Cincinnati Children's as a community provider of the COVID-19 vaccine. Ohio residents age 16 and up will be able to choose Cincinnati Children's as their vaccination location on dates when vaccine is available.</i></p> <p><i>Appointment availability is based on the amount of vaccine we receive from the State of Ohio each week and will be updated as we get more vaccine.</i></p> <p><i>Please see website for more details.</i></p>	<p>Website</p>
<p>Cincinnati Children's School Based Health Center at Rockdale Academy <i>Sick visits for children 0-18 by appointment and well-child visits for children aged 5 and under; to practice social distancing - appointments preferred</i></p>	<p>335 Rockdale Avenue Cincinnati, OH 45229 (513) 363-4704 Website</p>
<p>Cincinnati Children's School Based Health Center at South Avondale Elementary <i>Sick visits for children 0-18 by appointment and well-child visits for children aged 5 and under; to practice social distancing - appointments preferred</i></p>	<p>636 Prospect Place Cincinnati, OH 45229 (513) 363-5522 Website</p>
<p>Cincinnati Children's School Based Health Center at Hughes STEM High School <i>Sick visits for children 0-18 by appointment and well-child visits for children aged 5 and under; to practice social distancing - appointments preferred</i></p>	<p>2515 Clifton Ave. Cincinnati, OH 45219 (513) 363-7554 Website</p>
<h2>MENTAL HEALTH RESOURCES</h2>	
<p>American Academy of Pediatrics <i>How to Prepare for the Possibility of School or Childcare Closures</i></p>	<p>Website</p>
<p>Centers for Disease Control <i>Helping Children Cope with Emergencies</i> <i>Managing Anxiety and Stress</i></p>	<p>Website Website</p>
<p>Cincinnati Children's <i>Child Mental Health Services and Telehealth Availability: 513-803-8107</i> <i>Steps To Help Ease Kids' Fears and Anxieties About COVID-19</i> <i>Taking Care of Your Family's Mental Health During COVID-19</i></p>	<p>(513) 803-8107 Website Website</p>
<p>Joining Forces for Children <i>Online mental health resources updated regularly</i> <i>Resilience resources children and families</i></p>	<p>Website Website</p>
<p>Mental Health Access Point <i>Crisis stabilization services in Hamilton County for adults and children</i></p>	<p>(513) 558-8888</p>
<p>Mobile Crisis Team/ Psychiatric Emergency Services <i>University Medical Center Psychiatric Emergency Room – available 24/7</i> <i>Clinical team trained to respond to mental health emergencies in the community; M-F – 8am-12am; Sat/Sun – 11:30am-7:30pm</i></p>	<p>(513) 584-8577</p>
<p>Ohio Department of Health <i>Coping with COVID-19 Anxiety</i></p>	<p>Website</p>

MENTAL HEALTH RESOURCES

Quartz <i>How to give your kids stability when coronavirus closes schools</i>	Website
Shine <i>Resources for anxiety and mental health in a global climate of uncertainty</i>	Website
YWCA Domestic Violence Hotlines <i>Crisis counseling, risk assessment, information and referrals, safety planning and support 24 hours a day</i>	Main Number: (513)-241-7090 Toll Free: (888) 872-9259 Hamilton County: (513) 872-9259 Clermont, Brown, Adams Counties: (513) 753-7281
MindPeace <i>Mental Health resources for Youth, Young Adults, Families & Communities</i>	Website
Compassion Resilience Toolkit <i>Facilitator resources to build the capacity of helping professionals, caregivers, and the systems in which they serve</i>	Website

UNEMPLOYMENT INFORMATION

Indiana Unemployment Benefits <i>Unemployment and insurance benefits due to Coronavirus</i>	(800) 891-6499 Website
Kentucky Unemployment Benefits <i>Unemployment and insurance benefits due to Coronavirus</i>	(502) 875-0442 Website
Ohio Unemployment Benefits <i>Unemployment and insurance benefits due to Coronavirus</i>	(877) 644-6562 Website

HOME/ UTILITY RESOURCES

AT&T <i>Please see website for more details</i>	(800) 288-2020 Website
Cincinnati Water Works <i>Please call for assistance</i>	513-591-7700
Duke Energy <i>Please see website for more details</i>	(800) 544-6900 Website
Hamilton County Ohio - Home Evictions <i>Please see website for more details</i>	(513) 721-4663 Website
Legal Aid Society of Greater Cincinnati <i>To help you navigate this difficult time, Legal Aid created an FAQ series which explains your legal rights and responsibilities on a variety of important topics such as paying your rent or mortgage, paying taxes, paying loans, protecting your credit, and going to court. Please see website or call for more details.</i>	(513) 241-9400 Website
Spectrum <i>Please see website for more details</i>	(844) 488-8395 Website
U.S. Department of Housing and Urban Development <i>Please see website for more details</i>	1-800-Call-FHA Website

FOOD RESOURCES

<p>Cincinnati Public Library <i>Meal boxes from UMC Food Ministry will be available for pickup on Mondays from 3-5 pm at select Library locations. Each box will include 7 dinner meals and 7 snacks. Youth do not need to be present to receive a box. All meals and snacks are shelf stable and ready to eat. See website for more details.</i></p>	<p>Website</p>
<p>Cincinnati Public Schools <i>Student Dining Services is committed to continuing to provide meals to all children in our community who are continuing with fully distance learning. Each weekly curbside remote meal pack contains 14 complete meals – seven breakfasts and seven lunches. Parents/guardians/caregivers can pick up meals without their children being present at pickup.</i></p> <p><i>Students attending blended learning will receive five-day remote meal packs (10 meals total) on the second day of their group in-person learning day. Group A receives their remote meal pack on Wednesdays and Group B receives their remote meal pack on Fridays. (Preschool and Specialized Classrooms will receive a three-day meal packs with six meals total on Fridays.)</i></p> <p><i>Starting Wednesday, March 31, until the end of the school year, remote meal distribution will be exclusively at Virtual High School, 425 Ezzard Charles Drive, 45203, from 10 a.m.–2 p.m. on Wednesdays.</i></p>	<p>Various School Locations (513) 363-0800 Website</p>
<p>Feeding Kentucky <i>Food and community resources available in Kentucky</i></p>	<p>Website</p>
<p>Food Forest <i>Free grocery delivery – can accommodate SNAP/EBT payment options</i></p>	<p>Website</p>
<p>Freestore Foodbank <i>Customer Connection Center; Monday –Friday; 8:30am-3:30pm Pre-made food bags available for pick-up Monday-Friday; 9am-3pm Healthy Harvest Mobile Markets – different neighbor locations daily</i></p>	<p>112 E Liberty Street Cincinnati, Ohio 45202 (513) 357-4600 Website</p>
<p>National Hunger Hotline <i>National service that can help you find food near your home. Call the hotline at 1-866-3-HUNGRY (1-866-348-6479)</i></p>	<p>Website (866) 348-6479</p>
<p>St. Vincent de Paul - Ted And Becky Catino Choice Food Pantry <i>Offering pre-packed food boxes; Recommended that applications for food assistance be made over the phone and a pick-up time scheduled</i></p>	<p>Website 513-421-0602</p>

OTHER RESOURCES

<p>Matthew 25 Ministries <i>Emergency supply distribution and response efforts</i></p>	<p>Website</p>
--	--------------------------------

EDUCATIONAL RESOURCES

Cincinnati Public Library <i>eBooks, eAudiobooks and online video storybooks just for kids</i>	Website (513) 369-6900
Eureka Math <i>Free online math lessons for grades K-8</i>	Website
Greater Cincinnati STEM Collaborative <i>Daily STEM activities posted for students of all ages</i>	Website
KAHN Academy <i>Online learning resources for students by grade</i>	Website
Ohio Governor's Imagination Library <i>Children (0-5 years) living in Hamilton, Warren, and Butler Counties in Ohio can sign up to receive a free new book in the mail each month</i>	Website
Scholastic Learn at Home <i>Free learning experiences by grade level</i>	Website
Storytime from Space <i>Stories read aloud in outer space</i>	Website
ENTERTAINMENT/ EXERCISE	
Artswave <i>Visual Art Experiences</i>	Website
Cincinnati Children's HealthWorks! <i>Youth Fitness Videos, Nutrition and Healthy Living Tips</i>	Fitness Videos Website
Cincinnati Zoo and Botanical Gardens <i>Join the Cincinnati Zoo for an online Safari and Learning Adventure</i>	Daily; 3pm EST Website
Cosmic Kids Yoga <i>Yoga, mindfulness and relaxation designed for kids</i>	Website
Go Noodle <i>Free website and app to get kids up and moving</i>	Website
Great Parks of Hamilton County <i>An online hub for nature activities you can do from home</i>	Website
Imago Rangers <i>Daily outdoor activities</i>	Website
Lunch Time Doodles with Mo Willems <i>Online art sessions with artist Mo Willems</i>	Website
Melodic Connections <i>Lunchtime Live – Musical Session</i>	Daily; 12pm EST Website
Misson2Move <i>Live physical education classes</i>	Weekdays; 2pm EST Website
PBS Kids <i>Free online games and videos</i>	Website
YMCA <i>Online workout videos</i>	Website