# Safe and Sound @ Home Cincinnati

#### Our Days Look Different.

Child abuse and domestic violence are underreported in normal times. During these stressful times, children and their caregivers are at greater risk.

# Together, we can build safety nets for family and friends.



#### What can we do?

Check in on families with children. Schedule phone calls, video calls, and virtual play dates. Communicate through social media. Ask meaningful questions.

#### What can we see?

While we can't visit in person right now, watch for:

- Changes in behavior—kids appear sad, anxious or withdrawn
- A caregiver who is withdrawing from their support system
- Any signs of injury

#### Questions we can ask adults:

- How are things going at home?
- Do you have any safety concerns?
- Are you worried about anything?
- Can you access what you need to get by?
- How are your kids doing right now?

#### Questions we can ask kids:

- How are things going at home?
- Are you feeling OK?
- How is everyone in your house getting along? Is there something or someone that you are worried about?

If you are concerned about child abuse or neglect, you can call: Hamilton County Jobs & Family Services (HCJFS), 24-hour Child Abuse Hotline at 513-241-5437 (241-KIDS).

What happens when I call? If you are not someone who is required by law to report child abuse (such as a teacher or doctor), you may report anonymously. A report of suspected child abuse and neglect is confidential, and your identity will not be released. You will be asked a series of questions to help inform what happens next. A case worker may follow up with an assessment to gather more information through interviews, observations, home visits and reports. HCJFS will then make a decision on how to proceed to keep children safe.

At all times, the safety of the child or children is the primary concern. Learn more at: www.hcjfs.org/services/child-protection

# If you are at risk of causing harm to your child:

- Call a friend or family member or utilize other peer support
- Call a pediatrician and use telehealth services
- Take a break
- Place infants in a crib and step away
- Call 1-800-4-A-CHILD or TXT Connect to 741741

### Domestic violence is also on the rise

**right now.** In Hamilton County, discuss concerns for domestic violence with Women Helping Women (513-381-5610) and the YWCA (513-872-9259).

## National organizations For Child Abuse:

Child Help's National Child Abuse Hotline: 1-800-4-A-CHILD

## For Domestic Violence:

National Domestic Violence Hotline: 1-800-799-7233





