

Adaptive Care Team

Individualizing Healthcare for Patients with Developmental & Behavioral Challenges

Who Can Get Help from ACT?

To be an ACT patient, a child must:

1. be aged 3 years and older,
2. currently diagnosed with or being evaluated for a developmental disability and/or behavioral condition,
AND
3. difficult time coping and cooperating during a healthcare visit



What We Can Do For Your Child

- We work with you to write an adaptive care plan to improve your child's visits.
- Since each child is unique, we will create a plan just for your child to reduce distress and increase coping.

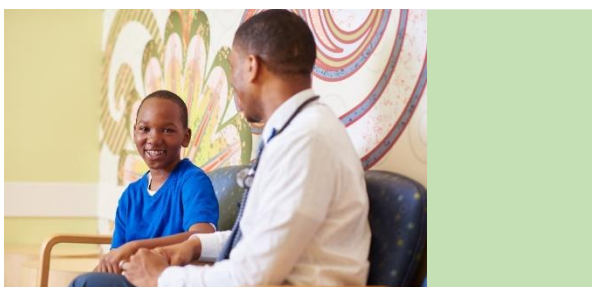
How This Program Works

We will ask you:

- How we can help the visit go as smoothly as possible
- What things make your child upset
- What your child is interested in or likes to do
- Your child's past healthcare experiences
- How your child communicates best
- What helps your child understand and cope

Here's what Madison's mom had to say about our program:

- 'Madison always had a really hard time when we went to the hospital. It was really nice to have a special plan made for Madison. When she went for her clinic visit last week, we saw what a difference her plan made!'



We will work together to make an adaptive care plan:

- We will use your ideas about preparing and supporting your child
- We will share the plan with the staff who will work with your child
- The plan can be used to support your child on all future healthcare visits
- Let us know when we need to make changes to your child's plan

What ACT Will Do

- Coordinate support for your child's visit when needed
- Give you "homework" to do with your child to help prepare for the next visit
- Set up a practice or 'play' visit to rehearse the steps of the upcoming visit, if needed

What Families Can Do

- Understand that your feelings and words can affect your child's fears and comfort with healthcare
- Speak positively about all healthcare providers in front of your child
- Work on preparation tips or procedure homework with your child to practice what is going to happen
- Remind the staff that your child has an adaptive care plan in the medical chart

To create an adaptive care plan for your child, please fill out our simple questionnaire at the following link:

www.cincinnatichildrens.org/careplan

Here, you will find questions related to your child's experience with hospital/medical visits and how your child copes best. By partnering with you, we will create a plan to help your child have smoother and less stressful healthcare encounters.



Note: If your child is coming to Cincinnati Children's Emergency Department, please let the greeter desk know that your child has an adaptive care plan.

This is a free service. ACT is part of the medical center's standard of care.



Cincinnati Children's Hospital

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