

CAR SEAT SAFETY TIPS

CHOOSING A CAR SEAT FOR YOUR CHILD

- ✔ Fits your child (height and weight)
- ✔ Fits in your car
- ✔ You can use it correctly every ride

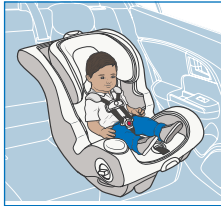
STAGES OF CAR SEATS

Stage illustrations provided by: Buckle Up For Life



REAR FACING

- Infant seats
- Convertible seats (rear and forward-facing)



FORWARD FACING

- Convertible seats (rear and forward-facing)
- Combination seats (changes into a booster seat)



BOOSTERS

- Requires a lap and shoulder belt.
- No-back booster requires a headrest in the vehicle to support the child's head



SEAT BELT

- Always use a lap-and-shoulder belt.
- Make sure the belt is low on the hips and comes across the shoulder.

HOW TO FIT YOUR CHILD INTO THEIR SEAT

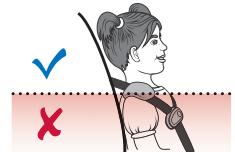


REAR FACING

Harness straps should be coming out of the slots at or **BELOW** your child's shoulders.

FORWARD FACING

Harness straps should be coming out of the slots at or **ABOVE** your child's shoulders.



i Harness straps should be so tight that you can't pinch any extra webbing.

HOW TO INSTALL YOUR CHILD'S CAR SEAT

1. **READ** the owner's manual for both your vehicle and your child's car seat.
2. **SCHEDULE** an appointment with a car seat technician near you.
3. **WATCH** car seat installation videos on www.buckleupforlife.org.

i To find a location near you, call 513-636-7865 or visit www.NHTSA.gov and enter your zip code.

AMERICAN ACADEMY OF PEDIATRICS RECOMMENDATIONS

Children should ride rear-facing in the vehicle until 2 years of age or until they reach the upper weight and height limits of the seat.

Once a child outgrows their rear-facing seat, they can use a seat that is forward-facing. It is recommended that a child use the harness until they reach the upper height and weight requirements of the seat.

A child should be at least 4 years and 40 pounds to begin using a booster seat. They should use a booster seat until the seat belt fits properly, usually when they reach 4'9" in height and are between 8 and 12 years old.

All children should ride in the backseat until 13 years old.



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INJURY PREVENTION TIPS AND ADDITIONAL RESOURCES

To learn more about keeping your child safe at home, in the car, and on the go, contact the Comprehensive Children's Injury Center (CCIC):

- ✔ www.cincinnatichildrens.org/ccic
- ✔ 513-636-7865