Division Details

**Division Data Summary**

<table>
<thead>
<tr>
<th>Research and Training Details</th>
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<tbody>
<tr>
<td>Number of Faculty</td>
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<td>Number of Joint Appointment Faculty</td>
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<tr>
<td>Number of Support Personnel</td>
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<tr>
<td>Direct Annual Grant Support</td>
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<tr>
<td>Peer Reviewed Publications</td>
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<tr>
<th>Clinical Activities and Training</th>
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<tr>
<td>Number of Clinical Staff</td>
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<td>Number of Other Students</td>
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<tr>
<td>Inpatient Encounters</td>
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<td>Outpatient Encounters</td>
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**Significant Accomplishments**

**Improving Mental Health Care for Rural Populations**

Access to mental health care is a national problem, and it can be especially difficult for children in rural areas, where there are extreme shortages of providers and little or no access to child psychiatry or other mental health professionals. Cincinnati Children's Division of Psychiatry has partnered with employers to provide mental health care via teleconferencing. Evidence suggests that mental health care provided via telemedicine has comparable positive outcomes to that provided by face-to-face encounters.

Currently, we serve children in a three-state region outside of Ohio. These children have diagnoses that include ADHD, disruptive behavioral problems, mood disorders and eating disorders. We provide access to both psychotherapy and medical care, and also provide an infrastructure and access point for children needing more intensive services such as inpatient care. Groups participating in this pilot program are highly satisfied with excellent patient outcomes. The program is designated for expansion and will allow Cincinnati Children’s psychiatry physicians to provide improved care for children throughout the Midwest region.

**Improving Medical Care and Safety**

Children with intellectual disabilities and severe mental health challenges often struggle in medical care facilities, resulting in aggressive episodes or refusal of care. The Division of Psychiatry leads a collaborative effort at Cincinnati Children’s to improve care for these young people. We are able now to predict which children will struggle to comply with medical care and we are developing mitigation strategies and improved psychosocial outreach for better care. This program has been extremely effective in preventing aggressive episodes, as evidenced by decrease of injury rates among Cincinnati Children’s care providers. Patients and staff are now involved in interactions that are safer, more comprehensive, and able to produce
outcomes of enhanced medical care and decrease staff and patient injury.

School Based Health

Access to mental health care remains a significant challenge in our region. Families often struggle in locating and transporting to providers. Studies indicate that using a collaborative approach that involves school, family, and mental health professional improves outcomes. The Division of Psychiatry has established a number of school-based mental health clinics. In these settings, in partnership with community providers, Cincinnati Children’s physicians or advanced practice nurses lead mental health teams on-site at community schools to address mental health problems of the students. Along with providing psychiatric care, preventive services are also provided. This model of a diagnostian with the ability to provide medicine and medical care, along with psychiatric social work and therapy, has served as a template for the region. On-site, school-based mental health care is seen as a strong contributor to improved school retention rates and student outcomes.

Division Publications


## Faculty, Staff, and Trainees

### Faculty Members

**Michael Sorter, MD**, Associate Professor  
**Leadership** Director, Division of Psychiatry

**Drew Barzman, MD**, Assistant Professor  
**Leadership** Director of Child & Adolescent Forensic Psychiatry Service

**Sandra Batsel-Thomas, MD**, Assistant Professor

**Cynthia Daugherty, MD**, Assistant Professor
Sergio Delgado, MD, Associate Professor  
  **Leadership** Director of Outpatient Services

Carol Engel, MD, Assistant Professor  
  **Leadership** Residency Training Director, Triple Board Program

Elana Harris, MD, Assistant Professor  
Mark Johnson, MD, Assistant Professor  
Brian Kurtz, MD, Assistant Professor  
  **Leadership** Director of Consultation Services

Mary Matias-Akhtar, MD, Assistant Professor  
Daniel Nelson, MD, Associate Professor  
  **Leadership** Director of Inpatient Services

Hilton Rodriguez, MD, Assistant Professor  
Suzanne Sampang, MD, Assistant Professor  
  **Leadership** Residency Training Director, Child & Adolescent Psychiatry

Raymond Troy, MD, Assistant Professor  
Daniel Vogel, MD, Assistant Professor

**Joint Appointment Faculty Members**
Melissa DelBello, MD, Associate Professor (Psychiatry)  
Jeffrey Strawn, MD, Assistant Professor (Psychiatry)

**Trainees**
- **Heather Adams, MD**, PGY 5, Chicago College of Osteopathic Medicine  
- **Jennifer Bowden, MD**, PGY 5, Michigan State University  
- **Arman Danielyan, MD**, PGY 5, Yerevan State Medical University  
- **Cathy Southammakosane, MD**, PGY 5, George Washington University  
- **Daniel Weis, MD**, PGY 5, Medical College of Ohio  
- **Deb Amann, MD**, PGY 4, Wright State University  
- **Reyna Gilmore, MD**, PGY 4, Howard University College of Medicine  
- **Mercedes Kwiatkowski, MD**, PGY 4, Georgetown University School of Medicine  
- **Lindsay Schotts, MD**, PGY 4, University of Missouri - Columbia  
- **Elizabeth Wassanaar, MD**, PGY 4, Jefferson Medical College of Thomas Jefferson University  
- **Diana Frey, MD**, PGY 3, Mayo Medical School  
- **Delanie Janke, MD**, PGY 3, University of Texas Medical Branch  
- **Ernest Pedapati, MD**, PGY 3, University of Massachusetts Medical School  
- **Courtney Cinko, MD**, PGY 2, Rush Medical College  
- **Paul Houser, MD**, PGY 2, St. Louis University School of Medicine  
- **Kelli Dominick, MD**, PGY 1, Boston University School of Medicine  
- **Katie Gieselman, MD**, PGY 1, University of Minnesota Medical School  
- **Yesie Yoon, MD**, PGY 1, Yonsei University South Korea

**Division Collaboration**
Neurology » David Franz and Tracy Glauser  
  Tuberos Sclerosis Clinic, Pharmacogenetics, Seizure Therapy
Adolescent Medicine » Frank Biro and Laurie Mitam
   Mental Health Treatment Clinic in Adolescent Medicine Center and Eating Disorders

DDBP » David Schonfeld, Patricia Manning, Rena Sorensen, and Michael Lind
   Center for School Crisis and Bereavement; Kelly O'Leary Center/Autism Treatment, Comorbid Intellectual Disability and Mental Illness Services

Pediatric Primary Care » Zeina Samaan, Mona Mansour, and John Morehouse
   Mental Health Consultation

Behavioral Medicine and Clinical Psychology » Lori Stark and Jeff Epstein
   ADHD Consultations to Pediatricians; Outpatient Care

Hematology/Oncology » John Perentesis
   Specialized Consultation Service

Pediatric Endocrinology » Larry Dolan and David Klein
   Management of Atypical Antipsychotic/Metabolic Syndrome

Human Genetics » Howard Saal
   Velocardio Facial Syndrome

Mayerson Center » Bob Shapiro
   Trauma Treatment and Clinic

Grants, Contracts, and Industry Agreements

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<tr>
<td>Quality Of Life In Adolescents With Bipolar Disorder With Comorbid ADHD: Role of Impaired Facial Emotion Processing and Social Cognition</td>
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