



# The Perlman Center Early Intervention



*Intervention during the first three years can have  
a profound affect on a child's life.*

Aaron W. Perlman Center  
513-636-4601 • [cincinnatichildren.org/perlman](http://cincinnatichildren.org/perlman)



## Early Intervention at the Perlman Center For Infants That Have or Are “At Risk” for Motor Delays or Disability



### Best Evidence Guides our Practices

Research tells us that goal-directed interventions during the early months have the potential to change the brain and the course of development, especially if they are

- o Activity based
- o Focused on early motor learning
- o Provided in an enriched environment
- o Focused on parent education, coaching & support

### Infants “At Risk”

Infants “at risk” can now be identified soon after birth. Those at highest risk for cerebral palsy are identified through early imaging and motor assessment. Even though deficits may not be pronounced, there is good evidence to show that these infants benefit from focused early intervention.

### The Perlman Difference

The Perlman Center is a one-of-a-kind place and experience for families. We provide holistic treatment for babies that have challenges, where developmental issues are best addressed by a multidisciplinary team that can integrate all therapies in one place for the family. The Perlman Center offers an individualized and comprehensive program...not just therapy services. A care coordinator is always a part of the intervention team to ensure that the needs of the family are met during this challenging time.

### Activity-Based Motor Learning & Early Communication

The therapy team engages parents and infants in the earliest phase of crucial interactions and goal-setting to address early communication, active exploration, development and self-directed early motor learning. Specialized assistive technology and therapy equipment is always incorporated to intensify therapy.

### Enriched Environments, Parent Education & Coaching

Since most of the opportunities that infants have for active exploration and practice of specific skills are provided within daily routines, parents are educated and coached to be the best possible agents of change. Therapists help parents set up enriched play environments to promote self-initiated movements, exploration and practice. The program is all about intensifying therapy interventions through home activities.

### Family Support & Connections

Parents and babies are welcomed into a small group setting where they have the opportunity to meet other parents and engage with multiple disciplines. Many parents feel that talking with other parents that are facing similar challenges is important.

### Learn More About the Perlman Center

The Perlman Center offers Early Intervention Programs at its two locations: 1) Cincinnati Children’s Hospital Medical Center, Burnet Avenue Campus, and 2) at the Mason satellite off Mason-Montgomery Road.

Programs are offered both afternoons and mornings. Each session is 2 to 2.5 hours and are offered one or two times each week. Therapy sessions are billed to private insurance, Medicaid and CMH.

If you are interested in learning more about the unique early intervention services at the Perlman Center, or would like to make a referral, please contact Jackie Rapose or Alisa Nelson at [513-636-4601](tel:513-636-4601).

