To create an adaptive care plan for your child, please fill out our simple questionnaire at the following link:

www.cincinnatichildrens.org/careplan

Here, you will find questions related to your child’s experience with hospital/medical visits and how your child copes best. By partnering with you, we will create a plan to help your child have smoother and less stressful healthcare encounters.

**Who Can Get Help from ACT?**

To be an ACT patient, two criteria must be met:

1. currently diagnosed with or being evaluated for a developmental disability and/or behavioral condition
   
   AND

2. difficult time coping and cooperating during a healthcare visit

**Note:**

If your child is coming to Cincinnati Children’s Emergency Department, please let the greeter desk that your child has an adaptive care plan.

This is a free service. ACT is part of the medical center’s standard of care.

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Adaptive Care Team

Individualizing Healthcare for Patients with Developmental & Behavioral Challenges
What We Can Do For Your Child

• We work with you to write an adaptive care plan to improve your child’s visits.
• Since each child is unique, we will create a plan just for your child to reduce distress and increase coping.

How This Program Works

We will ask you:

• How we can help the visit go as smoothly as possible
• What things make your child upset
• What your child is interested in or likes to do
• Your child’s past healthcare experiences
• How your child communicates best
• What helps your child understand and cope

We will work together to make an adaptive care plan:

• We will use your ideas about preparing and supporting your child
• We will share the plan with the staff who will work with your child
• The plan can be used to support your child on all future healthcare visits
• Let us know when we need to make changes to your child’s plan

Here’s what Madison’s mom had to say about our program:

‘Madison always had a really hard time when we went to the hospital. It was really nice to have a special plan made for Madison. When she went for her clinic visit last week, we saw what a difference her plan made!’

What ACT Will Do

• Coordinate support for your child’s visit when needed
• Give you “homework” to do with your child to help prepare for the next visit
• Set up a practice or ‘play’ visit to rehearse the steps of the upcoming visit, if needed

What Families Can Do

• Understand that your feelings and words can affect your child’s fears and comfort with healthcare
• Speak positively about all healthcare providers in front of your child
• Work on preparation tips or procedure homework with your child to practice what is going to happen
• Remind the staff that your child has an adaptive care plan in the medical chart