Poison Prevention Tip Sheet

What Is A Poison?

A poison is any substance that can cause an unwanted symptom. Millions of people are accidentally poisoned every year.

How Can YOU Prevent Poisonings:

• Keep products like bug sprays, drain cleaners and medicines in a locked cabinet.
• Never leave purses unattended.
• Never store food and household cleaning products together.
• Avoid taking medicine in front of children. Never refer to medicine as "candy".
• Pour old medicine down the drain or toilet and rinse the container out before throwing it away.
• Always leave the light on when giving or taking medicine. Check dosage every time.
• Keep house plants out of small children’s reach.
• Keep products in their original containers.
• "Poison Proof" your home. Call Cincinnati Drug and Poison Info. Center for more information.
• Make sure that grandparents and daycare providers have this list.

What To Do If A Poisoning Occurs:

1. Remain calm.

2. Call the Cincinnati Drug & Poison Info. Center at 1-800-222-1222. This call is FREE!

3. Have the following information ready:

   • Product container
   • How much was taken
   • Time poisoning happened
   • Describe symptoms
   • Age and weight of person involved

4. Listen carefully and follow instructions exactly.