

HOW ARE YOU?

1.

Please share your child's history and your concerns with us.

2.

Together we will create goals for your child's hospital stay.

3.

Together we will talk about the needs of the entire family.

4.

We will explain the purpose of family meetings and how our team will partner with you in treating your child.

HOW ARE YOU?

1.

We will share your child's evaluation and any testing needed.

2.

We will discuss your child's diagnosis with you.

3.

I know and understand my child's medication(s) (what they are for, time, dosages, possible side effects).

HOW ARE YOU?

1.

I know my child's triggers (things that make my child mad or sad).

2.

I know my child's strengths and coping skills (things that help my child stay calm).



# Partnering in the Care Journey

Child & Adolescent Psychiatry

- sharing information together
- understanding your child's needs
- working together so you can care for your child at home
- transition home

HOW ARE YOU?

1.

Together we will discuss when my child can return to school and how I can help prepare for this transition.

3.

I know interventions that I can use to help manage my child's behavior and to support my child.

5.

I understand my child's safety plan and what steps to take if my child is in crisis.

4.

If I have problems getting my child's medications, I know who I can call.

3.

I have made arrangements to fill my child's prescriptions before discharge.

2.

I know of available outpatient services and how to schedule follow-up appointments for medication, therapies, etc.

