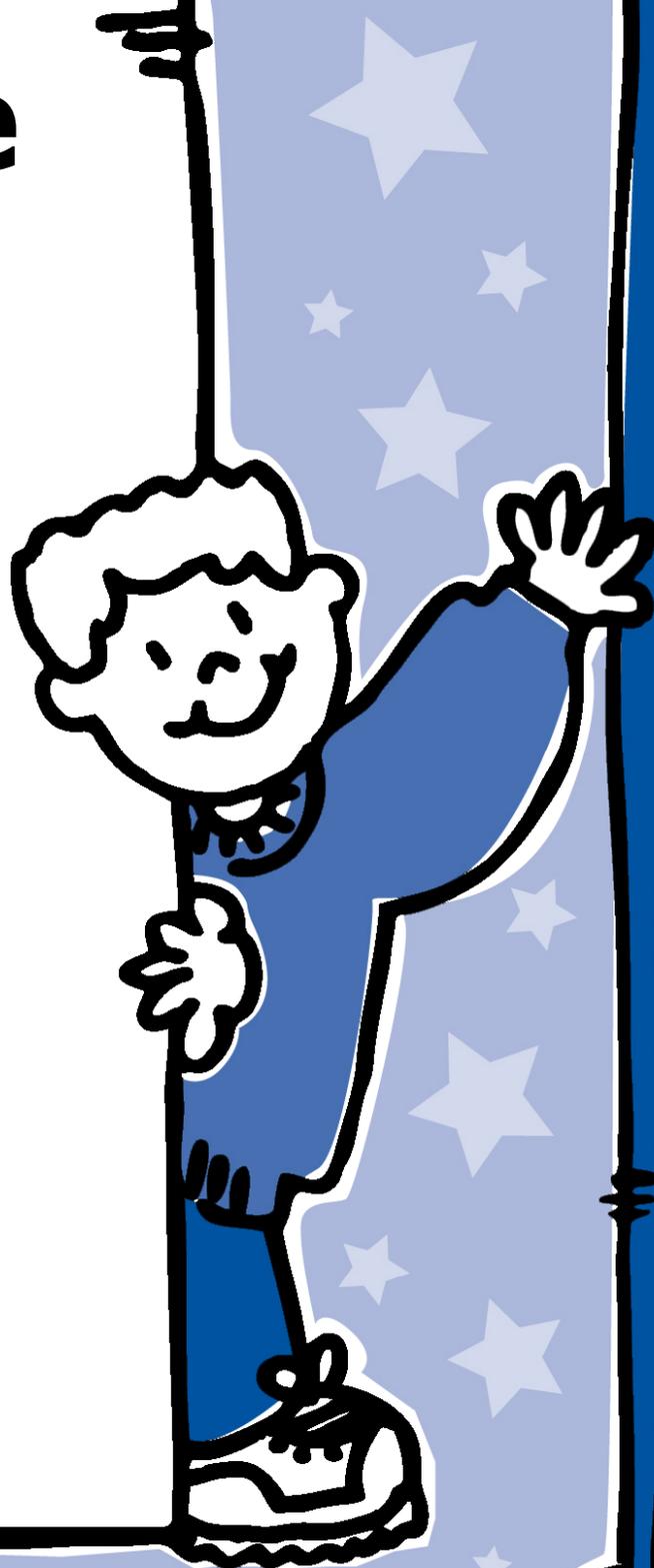


Welcome to Our Clinic

Pediatric
Voice Clinic





Dear Families:

Welcome to Cincinnati Children's Hospital Medical Center! This coloring book was created to help you prepare your child for his or her upcoming visit to the Center for Pediatric Voice Disorders at Cincinnati Children's.

The Center's Voice Team evaluates children with a variety of problems that affect the quality of the voice. The team includes speech-language pathologists, who are voice specialists, an otolaryngologist (ear, nose, and throat doctor), and nurses. After the voice team evaluation, recommendations will be made by the team.

For more information regarding the Center for Pediatric Voice Disorders Clinic at Cincinnati Children's, please call us at 513-636-4355 or visit our website at www.cincinnatichildrens.org/svc/alpha/o/ent/programs/voice-clinic/default.htm

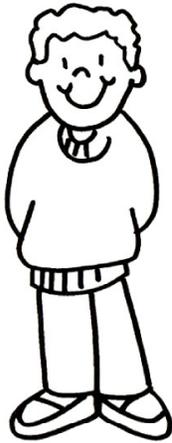
We look forward to working with you and your child.

Sincerely,
Voice Team
Center for Pediatric Voice Disorders
Cincinnati Children's Hospital Medical Center

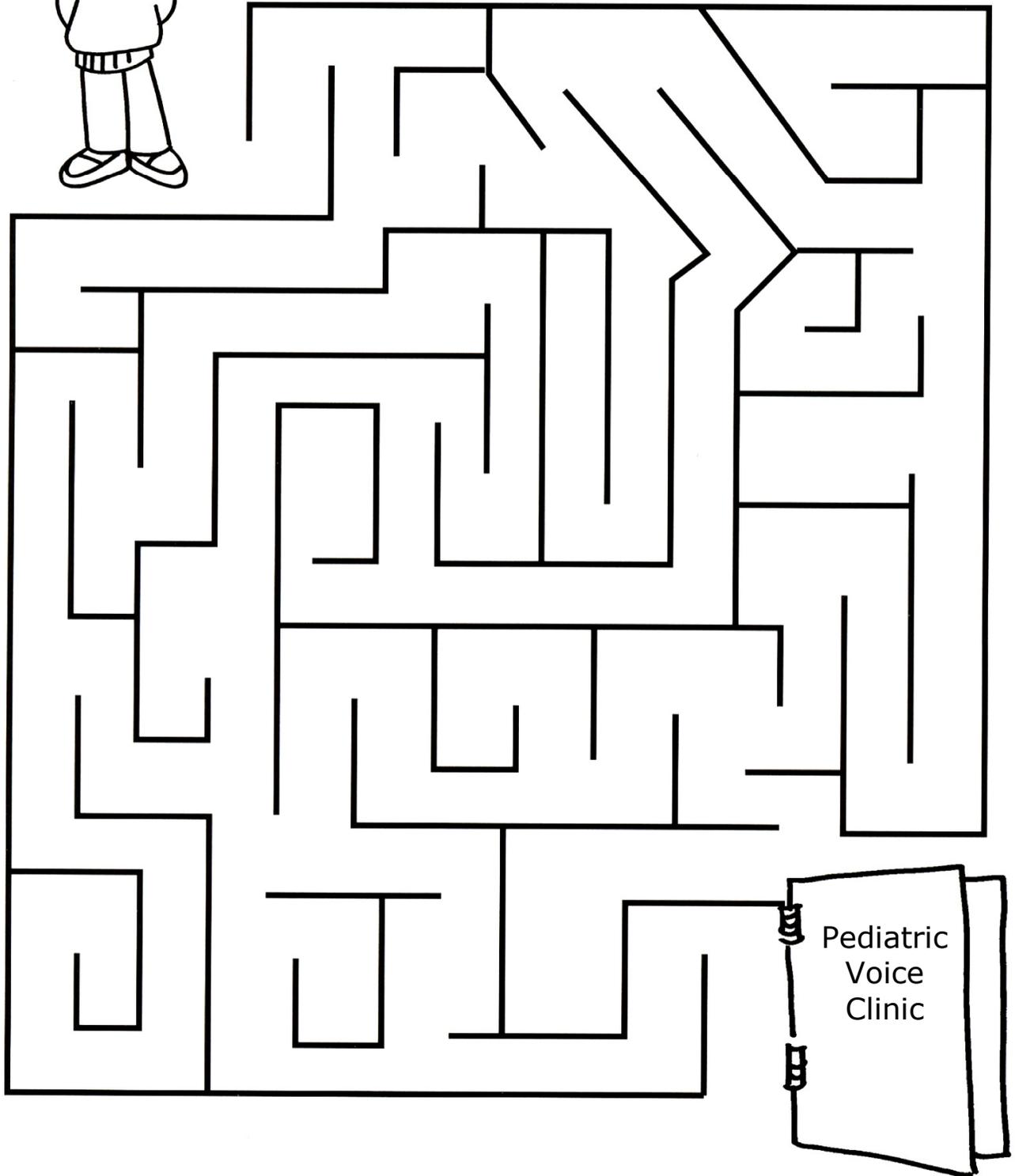
Speech Pathologists:
Janet Beckmeyer, MA
Susan Baker Brehm, PhD
Lisa Kelchner, PhD
Janet Middendorf, MA
Barbara Weinrich, PhD
Stephanie Zacharias, MS

Otolaryngologist:
(Ear, Nose, and Throat Specialist)
Alessandro de Alarcon, MD

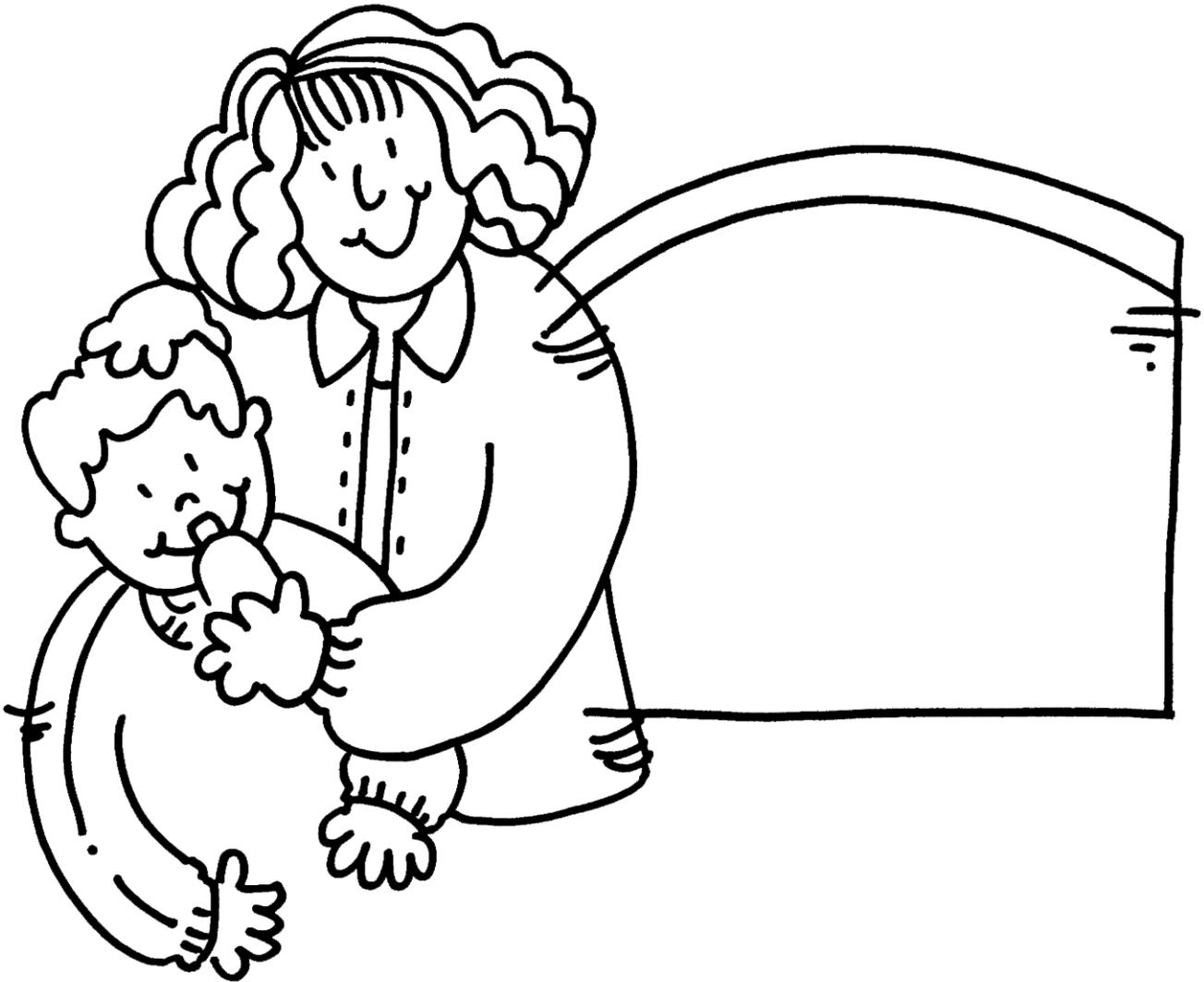
Welcome to our Clinic. We're glad that you came to see us.



Can you find your way?



When you come to see us, the nurse will talk to you and tell you everything that will happen during your visit.



Then she will give you some nose spray. Have you ever used nose spray for a stuffy nose? It only takes two squirts on each side, and then your nose will feel tingly and numb.

Next you will meet the Voice Team members. They will talk with your mom and dad, and then they will talk to you. When you are done with your questions, you will go with them to the computer and say some silly sentences.

Here are some sentences you can practice:

- The blue spot is on the key again.
- How hard did he hit him?
- We eat eggs every evening.
- We were away a year ago.
- My mama makes lemon muffins.
- Peter will keep at the peak.



Do you like computers?

We hope so, because you will get to talk to a computer. You get to wear a mask over your face, like an airplane pilot.

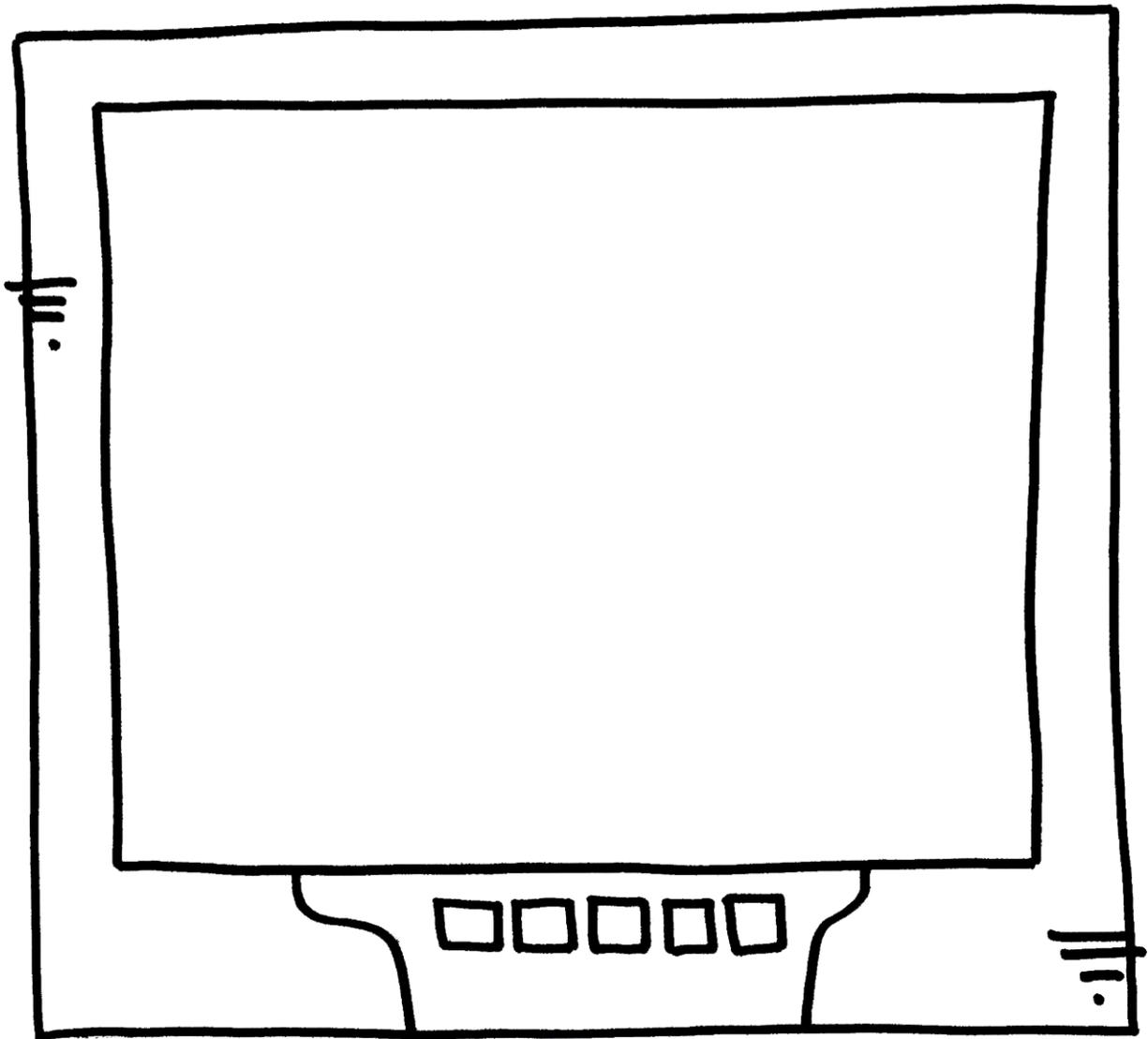


You will also talk into a microphone and see funny blue lines on the computer screen.



When you finish talking to the computer, you will go to another room to watch yourself on a TV screen.

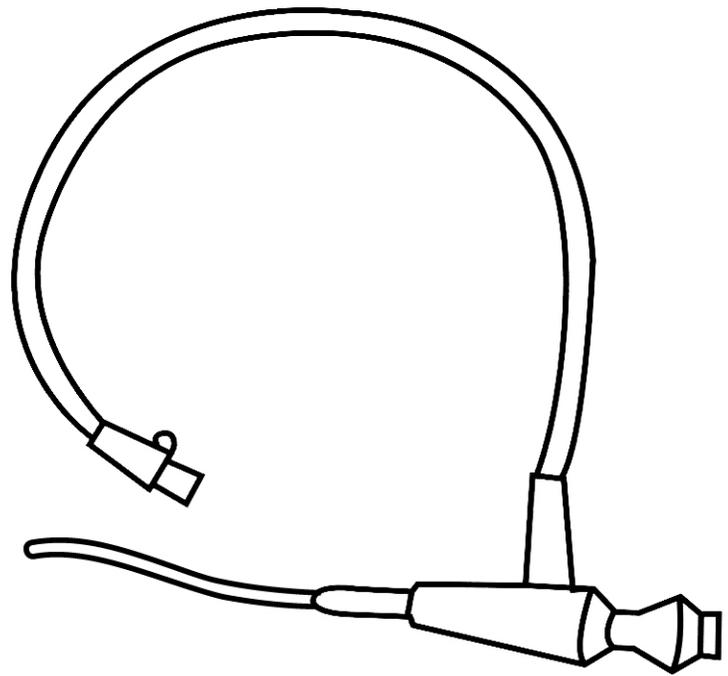
This is when you get to be the star of our TV show! You will see your face on the TV, so get ready to smile.



Draw yourself on TV!

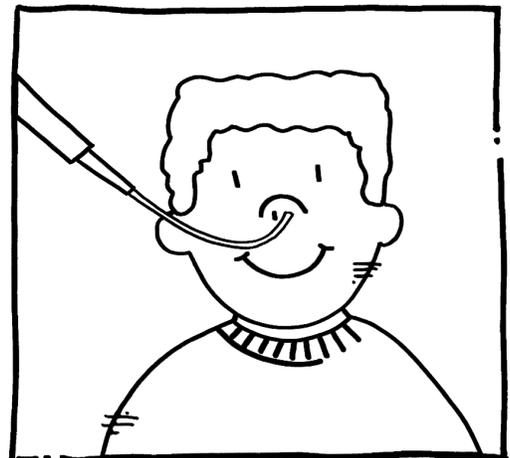
Next, it will be time to see your vocal cords on the TV. You use your vocal cords to make your voice as you talk and sing.

There are two different scopes we might use. We will look at your vocal cords with one or both of the scopes.

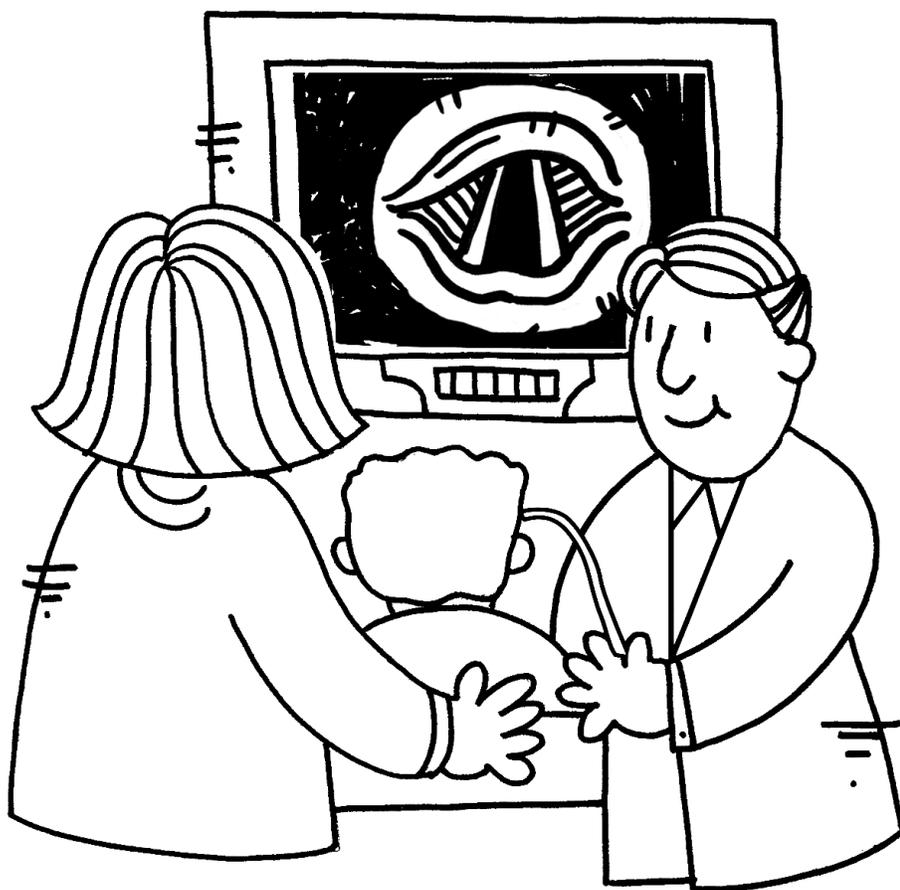


One is a long skinny tube that the speech-language pathologist or doctor will put inside your nose. It might feel strange, because your nose will be numb from the nose spray. This is what the nose scope looks like.

This scope can bend and it has a little light on the end. The scope goes through your nose to the back of your throat, and will look at your vocal cords.



Once the scope is in your nose, the speech-language pathologist will ask you to repeat some sounds like “eee.” When you are talking, you can even watch the inside of your throat on TV. There are parts that move to make your voice!

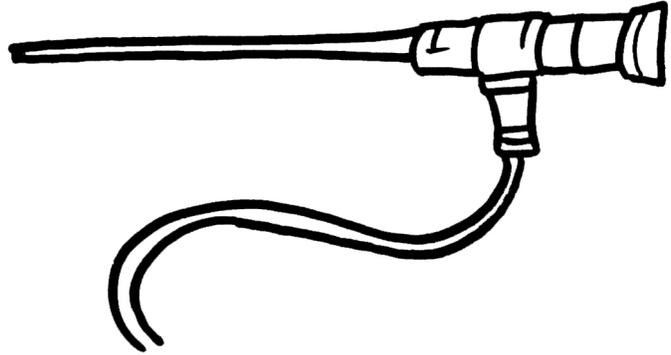


Remember it is very important to hold still so the scope doesn't bump around in your nose. You will have the tube in your nose for only a few minutes. When you are done repeating sounds, the tube will come out of your nose.

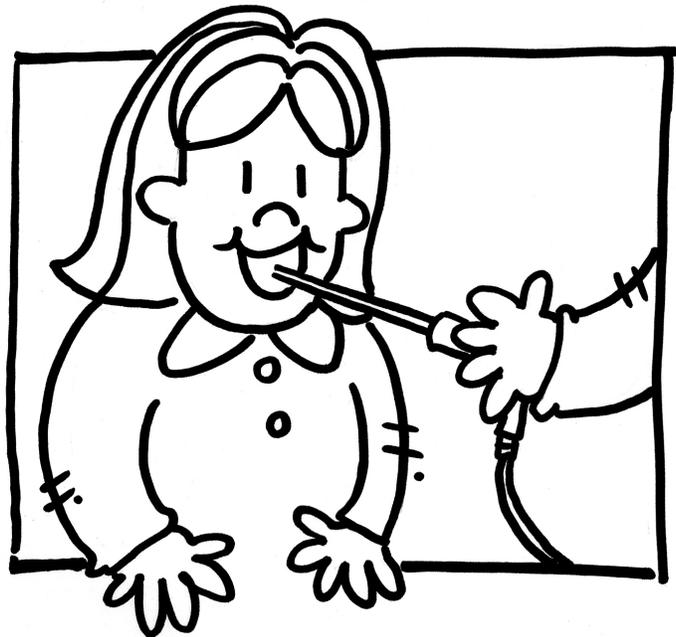
Parents:

References to the "mouth" scope are only for children ages 6 and older.

The other type of scope is straight and goes in your mouth, but only a little bit. It also has a light and can look down your throat like a periscope. This is what the mouth scope looks like.



It goes inside your mouth about as far as your toothbrush or finger. Can you put your finger in your mouth and say "eee"? Well, the speech-language pathologist will hold your tongue and ask you to say "eee." It is sort of silly sounding!



When you are finished, we will look at your pictures and talk to your mom or dad for a few minutes.





When you are all
finished, you will be
ready to go home.

Thank you for
coming to see us!

