change the outcome

# **Outpatient Neurorehabilitation Team (ONRT)**

The Outpatient Neurorehabilitation Team (ONRT) of Cincinnati Children's Hospital Medical Center, located at Cincinnati Children's Drake provides comprehensive, outpatient rehabilitation services to children and adolescents as part of the rehabilitation continuum of care. Our program is designed to meet the needs of children and adolescents who have sustained a neurological insult and require intensive, frequent, and/or specialized outpatient rehabilitation therapies. Our collaborative, interdisciplinary team of professionals is specially trained in pediatric rehabilitation and dedicated to meeting the unique needs of the patients and families we serve. We strive to create a very family-centered environment with the goal of maximizing each child's functional potential while assisting in reintegration into his/her home, school, and community.

CCHMC's Outpatient Neurorehabilitation Team (ONRT) provides services to children and young adults with a wide range of neurological diagnoses including:

- Traumatic brain injury
- Anoxia

CNS tumor resection

- Spinal cord injury
- Stroke

Epilepsy

- Encephalitis/Meningitis
- Guillian-Barre
- Multi-trauma
- Acquired brain injury due to hemorrhage or aneurysm
- Other neurological diagnoses

## **Outpatient Neurorehabilitation Team (ONRT) members:**

- Occupational Therapy
- Physical Therapy
- Social Services
- Speech-Language Pathology
- Behavioral Medicine and Clinical Psychology

## Referrals to the Outpatient Neurorehabilitation Team (ONRT)

- Occupational Therapy, Physical Therapy, and/or Speech Services: Use the CCHMC OT/PT/SP Services Order Form designating the Outpatient Neurorehabilitation Program (ONRT) and indicate which discipline(s) referred to.
- **Neuropsychology/Psychology**: Use the CCHMC general referral form and indicate psychological treatment and/or neuropsychological assessment **at ONRT**.
- Fax: 513-636-7476 or 1-866-877-8905

The referral form can be downloaded at www.cincinnatichildrens.org/consults

#### Specialized Services of the Outpatient Neurorehabilitation Team (ONRT) include:

- Treatment by a collaborative, interdisciplinary team of professionals who work closely together to address the unique needs of each child/adolescent.
- Care by Certified Brain Injury Specialists (CBIS), certified through Association of Certified Brain Injury Specialists.
- Frequent communication with referring physicians to update them on each child's/adolescent's progress in treatment and to collaborate regarding plan of care.
- Cognitive rehabilitation therapy including direct intervention to improve underlying deficits, and training in the use of metacognitive strategies to improve functional independence.
- Use of the ONRT Family Education and Resource Center a library of books, videos, journals, and other resources about issues related to pediatric acquired brain and spinal cord injury.
- Opportunity to connect with other families through ONRT's Family to Family program, a network of trained parents that offer phone and email support to other parents regarding their child's healthcare journey.
- Individualized care plans unique to each child and family.
- Family-centered care: Patients and families are encouraged to provide input into care plan and participate directly in treatment.
- Aquatic therapy.
- Serial casting/spasticity evaluation and management.
- Electrical stimulation.
- Constraint-induced therapy to encourage use of non-dominant/injured or impaired extremity.
- Neuropsychological assessment.
- Cognitive and behavioral psychological treatment.
- Assistance with coping/adjustment strategies.
- Access to specialized, state of the art, rehabilitation equipment and treatment materials appropriate for children and adolescents; including partial weight bearing gait training.
- Access to an outdoor therapy setting to promote increased functional mobility in a naturalistic, "play" setting for children.
- Expertise in adaptive equipment and a close, collaborative relationship with durable medical equipment services (DME).
- Close collaboration with other professionals to encourage successful reintegration back to school and community; including detailed team reports outlining recommendations for school return.
- Coordinated scheduling for all appointments.

## **Contact Us:**

**Phone:** 513-636-4300 **Fax:** 513-636-7476

Locations

OT/PT/SP provided: Cincinnati Children's Drake

151 West Galbraith Cincinnati, OH 45216

**Neuropsychology and** Main Campus

**Psychology provided:** 3333Burnet Avenue

Cincinnati, OH 45229